
MARAUDER BAYFRONT OPEN 8K & 6K

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COVID PROTOCOLS:
ALL COMPETITORS MUST BE
FULLY VACINATED AND PRESENT
PROOF AT REGISTRATION
SOCIAL DISTANCING MUST BE
MAINTAINED OR MASKS MUST BE
WORN
FIELDS ARE LIMITED TO 100
RUNNERS PER RACE

Sponsored by:

TEN TOE'N SHOE SHOP

tentoenshoeshop.ca

HOKA ONE ONE

FRIDAY, OCTOBER 22, 2021
BAYFRONT PARK, 200 HARBOUR FRONT DR,
HAMILTON, ON L8L 1C8

10:00AM – COURSE OPEN FOR REVIEW/RACE PACKETS AVAILABLE

11:00AM – 6K OPEN - MEN

11:45AM – 6K OPEN – WOMEN (women and men will run together at 11:45am if there are fewer than 100 total entries)

12:30PM – 8K OPEN - COED

1:30PM – 8K UNIVERSITY – MEN HEAT 1 (first 8 from each team)

2:30PM – 8K UNIVERSITY – MEN HEAT 2

3:30PM – 8K UNIVERSITY – WOMEN HEAT 1 (first 8 from each team)

4:30PM – 8K UNIVERSITY – WOMEN HEAT 2

8K - First three teams in **U Sports Division** will be recognized. Women's and Men's Captains from each varsity team will be recognized and will receive a pair of Hoka Shoes.

Entries Submitted through **Trackiereg.ca**

8K University Entry Fee \$175 per U Sports team (\$350-plus Trackie registration fee, for Women's and Men's Team – also includes U Sports team individuals' entry to 6k). Entry fee - **\$25 per individual**.

Each University teams first 8 ranked individuals will run in Heat one and all additional individual entries in Heat 2.

Course Design and Management - **Clive Morgan**

Course is 100% grass with small elevation changes – 2K loops

This is an Athletics Ontario Sanctioned event.

6K Open Entry Fee \$25 per individual AO registered – \$35 non AO Registered

8K Open Entry Fee \$25 per individual AO registered – \$35 non AO Registered

Entry Deadline: Wednesday, October 20 by 10pm.



Parking is conveniently located beside the race course at Bayfront Park including room for Buses. Parking is ~50 metres from course and ~300m from start/finish.

Restrooms – Portable toilets on site and permanent facilities at back of parking lot.

Meet Hotel – Sheraton Hamilton Hotel – 116 King St. West Hamilton – 2.2km from Course - <http://www.sheratonhamilton.com/>

Proof of Vaccination: Athletics Ontario and OUA require proof of double vaccination for participation in this AO-sanctioned meet or event for anyone 12+.

Vaccine certificates may be downloaded in PDF form at <https://covid19.ontariohealth.ca/>

Proof of vaccination and completion of the covid screening will be required in order to pick up your bib number.

If you have a medical exemption then you must provide proof of a negative test result from no greater than 48 hours before the meet.

