



**Presents**

**2021 Ontario U14 Championships  
&  
U12, U10, U8 Rising Stars Festival**

**August 28, 2021**

**West Region**

**Ray Lewis Track & Field Centre at Mohawk Sports Park  
1100 Mohawk Rd E  
Hamilton, Ontario  
L8T 2S4**

**Central Region**

**Toronto Track and Field Centre  
231 Ian MacDonald Blvd  
Toronto, Ontario  
M3J 1P3**

**East Region**

**Thousand Islands S.S.  
2510 Parkdale Ave.  
Brockville, Ontario  
K6V 3H1**

**Technical Package**

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# Registration

Entry Deadline: 11:59pm, Tuesday, August 24, 2021

Age Categories: **Individual Championships**  
U14 Born 2008 or after  
U12 Born 2010 or after  
U10 Born 2012 or after  
U8 Born 2014 or after  
\*See Technical Details for more information on standards\*

Region: West Region - Clubs that are west of highway 427 should register with the West Region in Hamilton.  
  
Central Region – Clubs between highway 427 and highway 62 should register with the Central Region in Toronto.  
  
East Region – Clubs that are east of highway 62 should register with the East region in Brockville.

Eligibility: Athletes residing in Ontario must be registered and their clubs affiliated for 2021 with Athletics Ontario by the Entry Deadline. Athletes registered with Athletics Ontario as “Unattached” or “Disassociated” do not require a club affiliation.  
  
Athletes residing in Ontario but representing a club from outside the province **must** be registered with their association and **must** be entered by their respective clubs. Athletes residing outside of Ontario must be registered for 2021 with their provincial or state associations.

Fees: **CHAMPIONSHIP EVENTS**

	<b>U14 Individual Events</b>	
<b>Before Deadline:</b>	Individual	\$25 per event
	Relays	\$35 per relay team
	<b>U12/10/8 Individual Events</b>	
	Individual	\$10 per event
	Relay	\$15 per event
<b>After Deadline:</b>	U14 Individual	\$50 per event
	U14 Relays	\$60 per relay team
	U12/10/8 Individual	\$15 per event
	<b>U14 Relays</b>	\$20 per relay team

\*All fees include HST and Trackie fees.  
HST# 10400235RT

Method and Payment: Trackie Online  
West:  
Central: <http://www.trackiereg.com/2021-rising-stars-central>  
East:  
**All payments are made via Trackie with on-line payment.**

**Late Entries:** Entries will be accepted after the entry deadline of Tuesday, August 24, 11:59pm EST but fees will be increased as stated above. The deadline for late entries will be Thursday August 5 at **10:00am EST**. To be eligible for post entry, athletes must have been registered with the provincial branch by the time of entry. See “Eligibility” on page 3. Entries received after this deadline will be accepted at the discretion of Athletics Ontario and only if it does not cause a disruption to the conduct of the meet.

**Confirmation:** Please check your region’s Trackie page online to confirm your entries following the entry deadline.

**Waiver:** Every participant is required to sign the waiver form attached. For athletes under the age of 18, a parent or guardian’s signature must appear on the waiver. The waiver form must be submitted at the registration desk on the day of the competition. Please use the following link to find the waiver: <https://athleticsontario.ca/events/2021-ontario-rising-stars-festival/>

## Competition Details

**Schedule:** Each region’s schedules are subject to minor adjustments. Refer to the championship webpage for all up-to-date information: <https://athleticsontario.ca/events/2021-ontario-rising-stars-festival/>. A final schedule for each region will be posted by August 25 at 12:00pm EST.

**Check-In Procedure:** The traditional Athletics Ontario check-in/declaration procedure will not be used at this championship. Athletes will report to officials at their specific start line to receive their hip numbers, if applicable, lane assignments, and any specific instructions.

**Implements:** Athlete should bring their own implement. Implements may be shared between athletes from the same club. Highly discouraged to share implements between athletes of different clubs. Athletics Ontario will have division specific implements available if athletes do not own their own.

**Awards:** Gold, Silver, and Bronze medals will be awarded to the first three finishers from Ontario in each **championship** event.

Non-Ontario athletes will be eligible for medals. These non-Ontario athletes will not offset medal placements for Ontario athletes (example: a non-Ontario athlete that places second in an event will receive a silver medal. If third overall was an Ontario athlete, they would also receive a silver medal as they were the second overall Ontario athlete. The process continues until three Ontario athletes are awarded medals).

**Spectators/Coaches:** Coaches are asked to wear their caches pass during the competition. Coaches that have not registered for a pass yet can use the following link to do so: <http://www.trackiereg.com/2021-ao-coaches-pass>

Spectators’ admission will depend on which region you are attending. Additional information on region specific spectator regulations will be found on the event website: <https://athleticsontario.ca/events/2021-ontario-rising-stars-festival/>

**Masks:** All participants present at the competition site must always wear a mask. Athletes must wear a mask until they begin their warmup or are competing. Upon the completion of an event, an athlete must put their mask back on.

## Technical Details

### Events Offered:

#### **U8 Division**

60m, 150m, Standing Long Jump, Ball Throw, 4x100m

#### **U10 Division**

60m, 150m, 600m, 1000m, 80mH, 800mW, High Jump, Long Jump, Shot Put, 4x100m

#### **U12 Division**

80m, 150m, 300m, 600m, 1000m, 80mH, 800mW, High Jump, Long Jump, Shot Put, 4x100m

#### **U14 Division**

80m, 150m, 300m, 800m, 1200m, 2000m, 80mH, 200mH, 800m RW, High Jump, Long Jump, Shot Put, Discus Throw, Javelin Throw, 4x100m, 4x400m, 4x800m

### Specifications for Events:

All specifications for throwing and hurdling events can be found on Appendix 3 of Athletics Ontario's ***Policies & Procedures for the Staging of Provincial Championships***. Please follow the link to find the document: <http://athleticsontario.ca/wp-content/uploads/2018/04/PP-2018.pdf>

### Seed Times:

Indoor/Outdoor 2019, 2020, and current 2021 season performances showing up on the Athletics Canada rankings will be accepted. Also please note:

- Estimated seed times will be accepted for the U8, U10, & U12 divisions. Please be as accurate as possible.
- U14 athletes should use performances that appear on the Athletics Canada rankings. If they do not appear on the rankings, please note the link for the result on the "Location/Date" field on Trackie when registering the athlete.

### Scoring:

The top 8 athletes in each event and category will earn point for their clubs as follows:

1 <sup>st</sup> – 10 points	2 <sup>nd</sup> – 8 points	3 <sup>rd</sup> – 6 points	4 <sup>th</sup> – 5 points
5 <sup>th</sup> – 4 points	6 <sup>th</sup> – 3 points	7 <sup>th</sup> – 2 points	8 <sup>th</sup> – 1 point

### Protests:

All Protests must be made as outlined in IAAF rule 146. In all cases, protests must be filed within 30 minutes of the official announcement or release of the results. If no protest is received within the above-mentioned time limit, the result as released will stand. If a protest changes a result, 30 minutes will be allowed following the announcement or release of the decision for appeals to be brought forward. The decision of the referee may be appealed to the Jury of Appeal whose decision is final. The cost of \$25.00 will be returned if the protest is upheld or not considered frivolous by the Jury.

## General Information

### Organizing Committee

Meet Directors West Region, Hamilton

Steven Fife

Meet Directors Central Region, Toronto

Stephanie Hovdestad & Leila Bahrami

Meet Directors East Region, Brockville

Laura Sivers

### Facility Regulations:

Maximum spike length is 6mm (1/4 inch) Pyramid "Cone Shape". Spiked shoes may be checked at any time for spike length. All competition and official working areas are always off limits to non-competitors.

NO electronic devices are allowed in the competition area.

### Results:

Results will be posted on Sunday August 28, 2021, following the completion of the meet. Please follow this link for the meet results: <https://athleticsontario.ca/events/2021-ontario-rising-stars-festival/>.

### Photos:

Photos captured by the Athletics Ontario team will be posted on the Athletics Ontario social media sites (Facebook, Twitter, Instagram, etc.) during and following the meet. All athletes are given the opportunity to sign a waiver/release form regarding photography.

Facebook page: <https://www.facebook.com/Athletics-Ontario-135196239850966/?fref=ts>

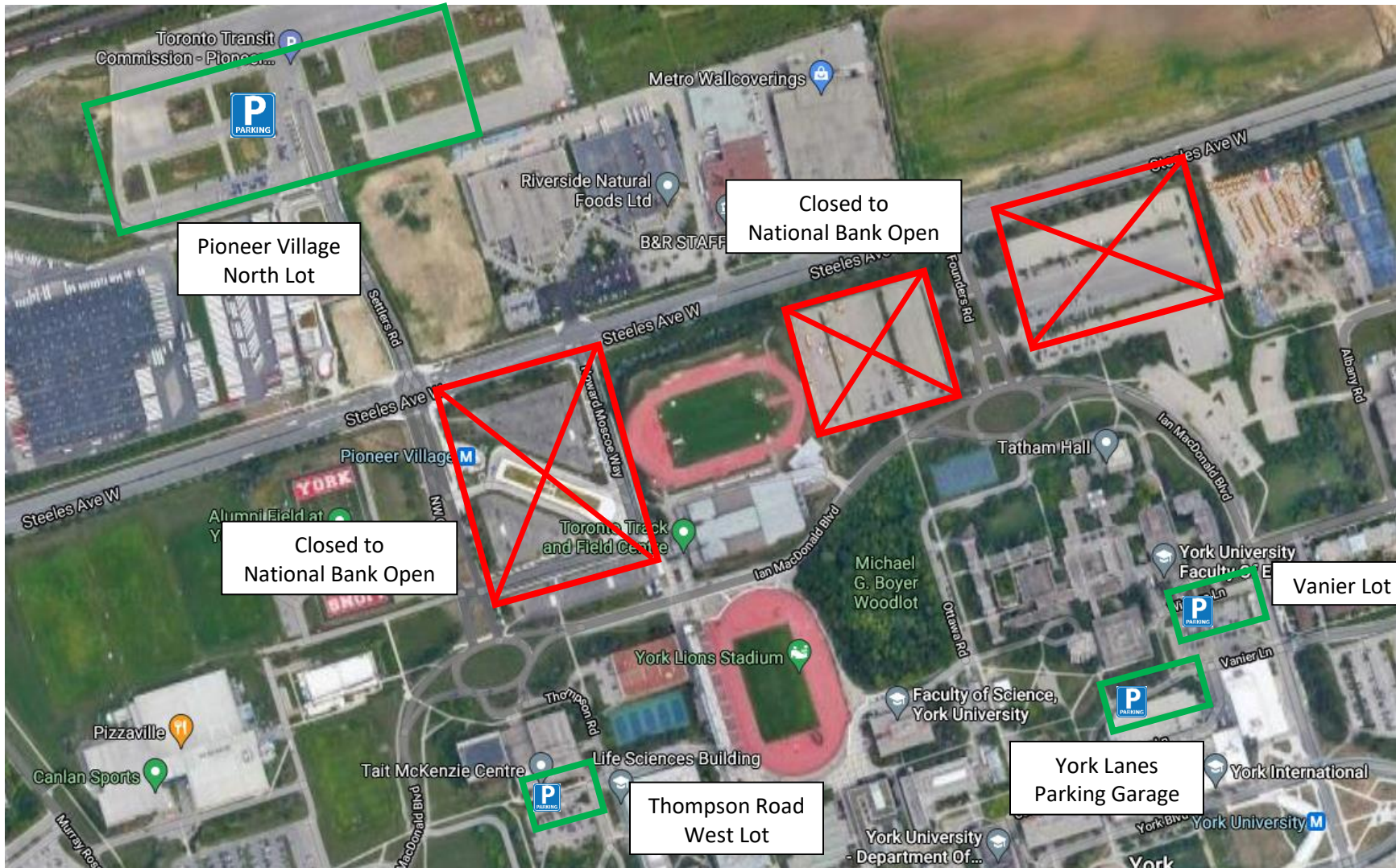
### First Aid:

Medical Personnel will be on-site.

The closest hospital is:  
North York General Hospital  
555 Finch Ave W.  
Toronto, Ontario  
M2R 1N5  
(416) 633-9420

Location:

Toronto Track and Field Centre  
Ian MacDonald Blvd.  
Toronto, Ontario  
M3J 1P3



SANCTIONED AND REQUIRED BY: ATHLETICS ONTARIO

**RELEASE, WAIVER AND INDEMNITY**

IN CONSIDERATION of the acceptance of my application and the permission to participate as an entrant or competitor in the

**Ontario U14, U12, U10, U8 Rising Stars Festival – August 28 - 29, 2021**

I, for myself, my heirs, executors, administrators, successors and assigns HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE

Athletics Ontario  
Athletics Ontario Officials

Toronto Track and Field Centre  
City of Toronto

And all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, successors and assigns OF AND FROM ALL claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as spectator, participant, competitor or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all the aforesaid from and against all liability incurred by any or all of them arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING this ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED to the above WAIVER, RELEASE AND INDEMNITY. I WARRANT that I am physically fit to participate in this event, and I AGREE to withdraw from the race if so, requested by the designated medical officer.

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Date	Print Name	Signature If under 18 years, Parent or Guardian or Power of Attorney to sign below.
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Date	Print Name	Signature of Parent or Guardian or Power of Attorney
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**Media Consent**

I hereby authorize any images or video footage taken of myself, in whole or in part, individually or in conjunction with other images and video footage, to be displayed on the Athletics Ontario website, and to be used for media purposes including promotional presentations and marketing campaigns for Athletics Ontario. I also authorize any media material created by myself within, or for, Athletics Ontario over the course of the 2021 season.

I waive rights to privacy and compensation, which I may have in connection with such use of my name and likeness, including rights that may be created in connection with video production, editing and promotion therewith.

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Date	Print Name	Signature If under 18 years, Parent or Guardian or Power of Attorney to sign below.
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Date	Print Name	Signature of Parent or Guardian or Power of Attorney
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