



Presents

2024 Ontario Masters Championships

June 28 - 30, 2024

**Toronto Track and Field Centre
Ian MacDonald Blvd
Toronto, Ontario
M3J 1P3**

Technical Package

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Registration

Entry Deadline: Regular: 11:59pm, Friday, June 21, 2023
Late 10:00am, Monday, June 24, 2023

Age Categories: **Individual Championships**
Masters Born June 28, 1994, or before
Open Born 1995 – 2004 (no awards for these athletes)
See Technical Details for more information on standards

Eligibility: Athletes residing in Ontario must be registered members for the current competitive year with Athletics Ontario on or before the entry deadline. Athletes registered with Athletics Ontario as “Unattached” or “Disassociated” do not require a club affiliation.

Athletes residing in Ontario but representing a club from outside the province must be registered with their association and must be entered by their respective clubs.

Athletes residing outside of Ontario must be registered for the current competitive year with their provincial associations.

Out of country athletes must contact Athletics Ontario Operations at operations@athleticsontario.ca to be entered into the event. Please ensure you provide your membership number from your respective athletics federation, date of birth, and events you would like to enter with proof of seed performances to expedite your registration. Once your membership is verified, it can be used to register for the competition.

Fees: **Regular Deadline:** Friday, June 21 at 11:59pm EST \$40 first event
\$15 every additional
\$25 for Combined Event

Late Deadline: Monday, June 24 at 10:00am EST \$60 per event
*All fees include HST and Trackie fees.
HST# 10400235RT

Entries received after the late deadline will be accepted at the discretion of Athletics Ontario and only if it does not cause a disruption to the conduct of the meet. No late entries will be accepted once the competition begins.

Relays: All relays are free of charge. Teams must declare their teams with the timing/results team no later than 1 hour prior to the scheduled start of the relay. Relay cards are available at the timing/results area. They can also be downloaded from the live results link: <https://bit.ly/2024-masters-champs>

Method and Payment: Trackie Online: <https://www.trackie.com/event/2024-ontario-masters>
All payments are made via Trackie with on-line payment.

Confirmation: As Entries are processed, performance lists will be made available online on the Trackie registration page at <https://www.trackie.com/entry-list/2024-ontario-masters-athletics-championships/1006761/>. Please check online to confirm your entries were processed properly.

Competition Details

- Schedule:** The schedule is subject to minor adjustments. Please refer to the championship webpage for all up-to-date information: <https://ontariomasters.ca/competitions/ontario-masters-championships/>. A final schedule will be posted by June 22 at 12:00pm EST.
- Check-In Procedure:** Athletes will report to officials at their specific start line to receive their hip numbers, if applicable, lane assignments, and any specific instructions. Field athletes will only need to report to the officials before the event starts.
- Implements:** Athletes may bring their own implement. All personal implements will be certified by the technical manager before use.
- Athletics Ontario will provide up to 3 implements per throwing event to be used by athletes.
- Awards:** Gold, Silver, and Bronze medals will be awarded to the first three finishers from Ontario in each **championship** event.
- Non-Ontario athletes will be eligible for medals. These non-Ontario athletes will not offset medal placements for Ontario athletes (example: a non-Ontario athlete that places second in an event will receive a silver medal. If third overall was an Ontario athlete, they would also receive a silver medal as they were the second overall Ontario athlete. The process continues until three Ontario athletes are awarded medals).

Technical Details

Events Offered:

Championship Events: Masters

100m, 200m, 400m, 800m, 1500m, 5000m, 80mH, 100mH, 110mH, 200mH, 300mH, 400mH, 2000mS/C, 3000mS/C, 5000m RW, 4x100m, 4x400m, 4x800m

High Jump, Pole Vault, Long Jump, Triple Jump, Shot Put, Discus Throw, Hammer Throw, Javelin Throw, Weight Throw,

Non-Championship Events: Open

100m, 200m, 400m, 800m, 1500m, 5000m, 80mH, 100mH, 110mH, 200mH, 300mH, 400mH, 2000mS/C, 3000mS/C, 5000m RW, 4x100m, 4x400m, 4x800m

Specifications for Events:

All specifications for throwing and hurdling events can be found on the **WMA Rules of Competitions**. Please follow the link to find the document:

<https://ontariomasters.ca/omwp/wp-content/uploads/2018/11/RULES-OF-COMPETITION-WMA-Revised-September-2018.pdf>

Seed Times:

All competitors are asked to put down an estimated seed time for their event when registering.

Scoring:

The top 8 athletes in male and female ranked by age graded %, in each event will score for their Ontario Clubs for the Brian Keaveney Trophy. Unattached athletes will not receive points/will not displace club athletes for club trophy points:

1 st – 10 points	2 nd – 8 points	3 rd – 6 points	4 th – 5 points
5 th – 4 points	6 th – 3 points	7 th – 2 points	8 th – 1 point

Protests:

All Protests must be made as outlined in IAAF rule 146. In all cases, protests must be filed within 30 minutes of the official announcement or release of the results. If no protest is received within the above-mentioned time limit, the result as released will stand. If a protest changes a result, 30 minutes will be allowed following the announcement or release of the decision for appeals to be brought forward. The decision of the referee may be appealed to the Jury of Appeal whose decision is final. The cost of \$25.00 will be returned if the protest is upheld or not considered frivolous by the Jury.

General Information

Organizing Committee

Meet Director	Doug Smith
Officials Coordinator	Kathryn Dertinger
Entries Chair	Randolph Fajardo
Event Day Operations	Jamille Flores, Mikayla Simon-Tucker

Facility Regulations:

Maximum spike length is 6mm (1/4 inch) Pyramid "Cone Shape". Spiked shoes may be checked at any time for spike length. All competition and official working areas are always off limits to non-competitors.

NO electronic devices are allowed in the competition area.

Results:

Results will be posted on Sunday, following the completion of the meet. Please follow this link for the meet results: <https://athleticsontario.ca/stats/results/>.

Live results will be available during the meet. Please visit the championship page to find the link for live results: <https://ontariomasters.ca/competitions/ontario-masters-championships/>.

Photos:

Photos captured by the Athletics Ontario team will be posted on the Athletics Ontario social media sites (Facebook, Twitter, Instagram, etc.) during and following the meet. All athletes are given the opportunity to sign a waiver/release form regarding photography.

Facebook page: <https://www.facebook.com/Athletics-Ontario-135196239850966/?fref=ts>

First Aid:

Medical Personnel will be on-site.

The closest hospital is:
North York General Hospital
555 Finch Ave W.
Toronto, Ontario
M2R 1N5
(416) 633-9420

Location:

Toronto Track and Field Centre
Ian MacDonald Blvd.
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