



**Presents**

**2024 Sunnybrook Park XC Prep Meets**

**October 13 – Sunnybrook Park XC Prep Meet 1**

**October 27 – Sunnybrook Park XC Prep Meet 2**

**Sunnybrook Park Sports Field**

**1132 Leslie St.**

**Toronto, ON**

**M3C 3L7**

**Technical Package**

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## Registration

Event Name Date	Sunnybrook XC Prep 1 October 13	Sunnybrook XC Prep 2 October 27
Breslin Cup Series (Masters)	5km	6km
Breslin Cup Series info: <a href="https://ontariomasters.ca/omwp/wp-content/uploads/2021/09/The-Jim-Breslin-Cup-rules-2021.pdf">https://ontariomasters.ca/omwp/wp-content/uploads/2021/09/The-Jim-Breslin-Cup-rules-2021.pdf</a>		
Open Races		
Mini Course	1km	1km
Short Course	2km & 3km	2km & 4km
Long Course	5km	6km & 8km
Entry Deadline & Entry Fee <small>*All fees include HST and Trackie fees. HST# 10400235RT</small>	Monday, October 7 (11:59 pm) \$20 \$10 for 1km & 2km <b>Non-members pay additional \$5</b>	Monday, October 21 (11:59 pm) \$20 \$10 for 1km & 2km <b>Non-members pay additional \$5</b>
Late Deadline & Entry Fee	Thursday October 10 (10:00 am) \$30 \$20 for 1km & 2km <b>Non-members pay additional \$5</b>	Thursday Oct 24 (10:00 am) \$30 \$20 for 1km & 2km <b>Non-members pay additional \$5</b>
Event Info	<a href="https://athleticsontario.ca/event/ao-sunnybrook-xc-prep-1/">https://athleticsontario.ca/event/ao-sunnybrook-xc-prep-1/</a>	<a href="https://athleticsontario.ca/event/ao-sunnybrook-xc-prep-2/">https://athleticsontario.ca/event/ao-sunnybrook-xc-prep-2/</a>
Registration Links	<a href="https://trackie.com/event/2024-sunnybrook-xc-prep-1">https://trackie.com/event/2024-sunnybrook-xc-prep-1</a>	<a href="https://trackie.com/event/2024-sunnybrook-xc-prep-2">https://trackie.com/event/2024-sunnybrook-xc-prep-2</a>

### Eligibility

Athletes residing in Canada that are registered, and their clubs affiliated for the current competitive year with Athletics Canada will qualify for the \$20 or \$10 regular deadline event race fees. Athletes registered with Athletics Ontario as “Unattached” or “Disassociated” do not require a club affiliation.

Out of country athletes must send an email to [operations@athleticsontario.ca](mailto:operations@athleticsontario.ca) to be entered in the event. Please ensure you provide your membership number from your respective athletics federation, date of birth to enter to expedite your registration.

Non-members are eligible for both competitions but an added day membership surcharge of \$5 will be added to the registration fee.

### Method of Payment

All payments are made via Trackie with on-line payment. Links to each online Trackie registration page can be found on the chart above.

### Confirmation

Event confirmation can be viewed immediately after registering for your events online on Trackie.ca. If you do not see your event entries on Trackie after registering, please contact Randolph Fajardo at [operations@athleticsontario.ca](mailto:operations@athleticsontario.ca).

# Competition Details

## Schedule

The schedule is subject to minor adjustments. Please visit the matching event page outlined on the **Registration Links** on page 3. A final schedule will be posted on Tuesday prior to the start of each competition by 4:00pm EST.

## Accreditation

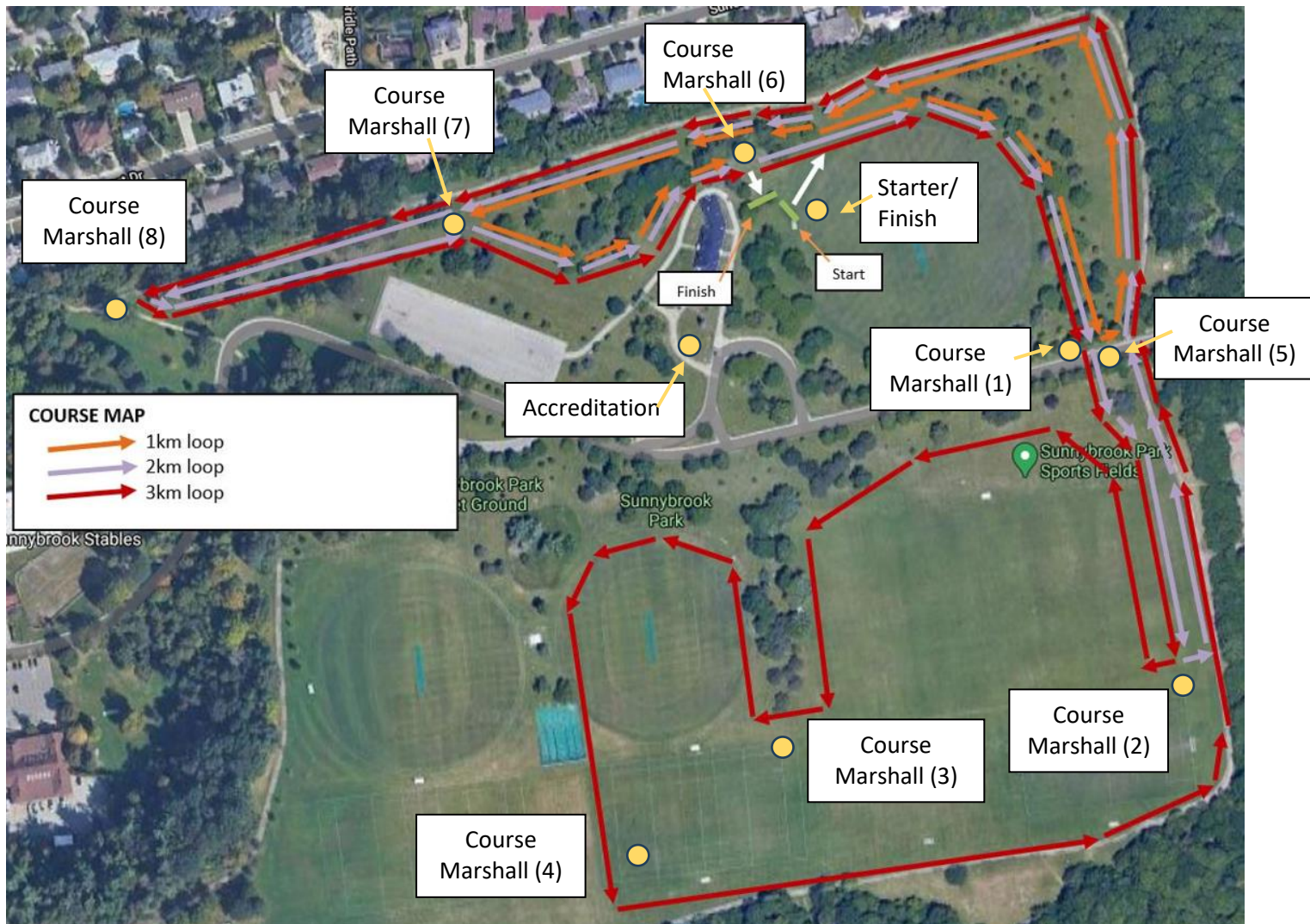
Athletes can pickup their bib number at the accreditation desk. This will be found on the south end of the building by the start/finish line.

## Awards

1<sup>st</sup> to 8<sup>th</sup> place ribbons will be distributed to all U8, U10, U12 athletes in the **shot course** races only. Participation ribbons will also be available to participants that are not in the top 8. No awards will be given to older divisions.

# Technical Details

## Course Map



Course Distances

- 1km – orange 1km loop once
- 2km – purple 2km loop once
- 3km – red 3km loop once
- 4km – purple 2km loop twice
- 5km – red 3km loop once then purple 2km loop once
- 6km – red 3km loop twice
- 8km – red 3km loop twice then purple 2km loop once

Protests and Appeals

All protests and appeals must be made as outlined in World Athletics (WA) rule 8. The full WA rule book can be found under the Manual & Guidelines menu on the following website <https://www.worldathletics.org/about-iaaf/documents/technical-information>.

If no protest is received within the above-mentioned time limit, the result as released will stand. If a protest changes a result, 30 minutes will be allowed following the announcement or release of the decision for appeals to be brought forward. The decision of the referee may be appealed to the Jury of Appeal whose decision is final. The cost of \$20.00 will be returned if the protest is upheld or not considered frivolous by the Jury.

## General Information

Results

Results will be posted on Sunday, following the completion of the meet. Please follow this link for the meet results: <https://athleticsontario.ca/stats/results/>. A link for live results will also be available on the same webpage.

Photos

Photos captured by the Athletics Ontario team will be posted on the Athletics Ontario social media sites (Facebook, Twitter, Instagram, etc.) during and following the meet. All athletes are given the opportunity to sign a waiver/release form regarding photography.

Facebook page: <https://www.facebook.com/Athletics-Ontario-135196239850966/?fref=ts>

First Aid

Medical Personnel will be on-site. The closest hospital is:  
North York General Hospital  
4001 Leslie St.  
Toronto, Ontario  
M2K 1E1  
(416) 756-6000

Waiver

Waivers are completed on Trackie.ca when going through the registration process.