



30th
INTERNATIONAL YOUTH MEET OF CHAMPIONS
2018 INFORMATION PACKAGE



Date December 8 and 9, 2018

Sanctioned by Athletics Ontario and Minor Track Association

Hosted by Project Athletics

Location Toronto Track and Field Centre
York University, Toronto

Facility Chevron surface on 5-lane 200m banked oval and 8-lane sprint straight and on all field approaches. Concrete throwing circle. Change room facilities and showers are available – bring own lock and towel.

Maximum spike length - 5 mm (9mm for High Jump)

Meet director Linda Reid
416-993-6196
Linda.reid416@gmail.com

Entries chairperson Suzanne Leroux
416-733-2962
suzanneleroux@rogers.com

Age categories	TYKE	born in	2008-2009
	ATOM	born in	2007
	BANTAM	born in	2005-2006
	MIDGET	born in	2003-2004
	YOUTH	born in	2001-2002
	JUNIOR	born in	1999-2000

Entry deadline **Monday, December 3, 2018, 11:59pm**
Fees: \$10.00 per individual event
\$30.00 per relay team

Late deadline **Wednesday, December 5, 2018, 11:59pm**
Fees: \$15.00 per individual event
\$40.00 per relay team

Note There is a \$5.00 insurance coverage surcharge per athlete for non-MTA registered athletes.
There is a \$5.00 insurance coverage surcharge per athlete for non-AO registered athletes.
(Provides all-day coverage at Track Meet venue.)

NO ENTRIES WILL BE ACCEPTED AFTER DECEMBER 5, 2018

Fees Payment of entry fees may be made by cheque or money order or cash. Payment by credit or debit cards may also be used but only on Trackie. If paying by cheque or money order, make it payable to **Project Athletics**.
No post-dated cheques will be accepted. You may pay on the day of the meet but please note that bib numbers will not be released until payment is completed.

Waiver Each participant is required to sign the waiver form attached. For athletes under the age of 18, a parent or guardian's signature must appear on the waiver. The waiver forms must be submitted at the registration desk the day of the competition.

Electronic Entries by Two options
2. EXCEL Spreadsheets
[2018-IYMOC-individual-entry-form.xls](#)
[2018 IYMOC-relay-entry-form.xlsx](#)
Follow the directions at the top of each form.
3. TRACKIE on line <https://www.trackie.com/online-registration/manage/28893/>

No telephone entries. NO REFUNDS.

As entries are processed, a performance list will be made available online on the Athletics Ontario and Minor Track Association websites. Please check on line to confirm your entries following the December 3rd entry deadline.

Entry confirmations
Eligibility

USATF or AC membership is not mandatory to compete.
However national records may only be set by registered members.

In events that are run as timed sections, all entries without a valid seed time will be put into the slow section.

Athletes may compete in different age categories in different events. For example, a Midget may enter the Midget long jump and Youth triple jump but not the Midget long jump and Youth long jump.

Entry errors If an athlete has been entered in the wrong event or age group and a club's representative wishes to have the athlete switched to another event, or age category, they must make the request a minimum of two hours prior to the listed starting time of the event.
If an athlete has been entered in an age category for which they are too old, the Meet Director reserves the right to move the athlete to the correct age category without notification to the club.

Standards There are no official standards for this meet.
However, coaches are asked not to embarrass their athletes by submitting false information.
Mixing of age groups will not be accepted – an athlete must compete in only his/her age category.
However, an athlete may move up an age group if the event is not offered at his/her age category.

Lane/Heat/Section assignments Lanes, heats and sections will be assigned according to the rules of the IAAF/AO/MTA.

Scratches All coaches or club administrators are asked to make initial scratches at the check-in table upon their arrival. Additional scratches will be accepted throughout the competition. It is to the benefit of all athletes for all scratches to be reported at least 45 minutes prior to the event. This will allow for full and competitive sections, saving time and allowing athletes the opportunity to compete in full events.

Sweat suit rule Due to the anticipated number of entries and the desire to stay on schedule, all athletes will be expected to be ready to start when they are called onto the track – i.e. all sweat suits and tights must be off when called. Athletes who are not prepared to start will be charged with a false start. Please convey this information to the athletes.

Awards and Scoring Scoring shall be 10 points for 1st, 8 pts for 2nd, 6 pts for 3rd, 4 pts for 4th, 2 pts for 5th and 1 point for 6th.
The most outstanding top club will receive a trophy.
The Top Club / Minor Division will also receive a trophy.
INTERNATIONAL YOUTH MEET medals (Gold, Silver, Bronze) will also be presented to the first 3 finishers in individual events and relays.

Starting Blocks Official blocks will be supplied by meet management. However, any starting block complying with IAAF rules may be used.

Implements All implements will be provided by the meet management. No personal implements will be allowed. Relay teams may use their own batons to warm up, but meet management will provide all competition batons.

NO street shoes on track surface.

NO electronic devices are allowed in the competition area.

Off Limits The track and field areas are off limits to all non-competitors at all times. Only coaches, officials and meet volunteers will be permitted into the field house. All others must go to the spectator viewing area. Meet organizers will provide passes for coaches of athletes entered in the meet.

Sportsmanship Proper conduct extends to all athletes on and off the field during the meet and to parents, friends and coaches especially at the meet site.

Protests All protests must be made as outlined in IAAF rule 146. In all cases, protests or appeals shall be filed within 30 minutes of the official announcement or release of the results. If no protest or appeal is received within 30 minutes of the official announcement or release of the results, the result as released will stand. If a protest or appeal changes a result, 30 minutes will be allowed following the announcement or release of the decision for further appeals to be brought forward. The Jury of Appeal is the final authority on all issues.

Cost: \$25.00 to be returned only if the protest is upheld.

Concessions There is food service on site.

Registration/Check-In At the track centre itself: Saturday - 8:00 a.m. on
Sunday - 8:00 a.m. on

- Special meet rules**
1. In all running events, girls will precede boys, from youngest to oldest age division, except hurdles.
 2. For events run in sections on a time basis – 200m and longer – the fastest section shall run last.
 3. Seeding marks must have been achieved during 201. Seeding will be done according to IAAF rules.
 4. Shot put, long jump and triple jump: all competitors will have 3 attempts with the top 8 receiving 3 additional attempts. All 6 attempts will count in the final outcome of the event.
 5. The metric system will be used for all measurements.

Accommodations Suggestions:

HOLIDAY INN EXPRESS	EXTENDED STAY TORONTO VAUGHAN
30 Norfinch Drive	3600 Steeles Avenue West
416-665-3500	905-86-960

COMFORT INN
66 Norfinch Drive
416-736-4700

HOLIDAY INN EXPRESS & SUITES
VAUGHAN-SOUTHWEST
6100 Highway 7
905-851-1510

All are less than a 10-minute drive to the track centre.

Parking

1. Follow Highway 401 to Highway 400 North.
2. Follow Highway 400 North to the Steeles Avenue exit.
3. Go East (left) on Steeles, past Jane Street
4. Turn right on Founders Road
5. Take immediate first left entrance to parking lot.
6. Follow the pathway to the main doors of the Track Centre.

Starting Heights (m)

Unless all competitors agree to a higher height, starting heights will not exceed the following:

	TG	TB	AG	AB	BG	BB	MG	MB	YG	YB
High Jump	0.91	1.10	1.25	1.30	1.35	1.45	1.43	1.55	1.50	1.65

Specifications for throwing events (kg)

	TG	TB	AG	AB	BG	BB	MG	MB	YG	YB
	2.00	2.00	2.73	2.73	3.00	3.00	3.00	4.00	3.00	5.00

Specifications for hurdling events

EVENT	DISTANCE	#	HEIGHT(m)	to 1st hurdle	between
Bantam Girls	60m	5	0.762	12.00m	7.50m
Bantam Boys	60m	5	0.762	12.00m	7.50m
Midget Girls	60m	5	0.762	12.00m	8.00m
Midget Boys	60m	5	0.840	13.00m	8.50m
Youth Girls	60m	5	0.762	13.00m	8.50m
Youth Boys	60m	5	0.914	13.72m	9.14m

Event limits

Tykes and Atoms = 5 events including relays
Bantams, Midgets, Youths = 6 events including relays.
Juniors = 2 relays only

2018 INTERNATIONAL YOUTH MEET OF CHAMPIONS TENTATIVE SCHEDULE

This schedule is based on entries received from previous championships. The "Final" schedule will be prepared after the deadline. The official meet schedule will be posted daily at the meet facility.

Where it is indicated that "Heats, Semis or Finals" or "Heats or Finals" will be conducted, ONE OF THESE ROUNDS WILL DEFINITELY BE RUN AT THAT TIME. These should not be confused with rounds that will be conducted "if necessary".

TIME	TRACK	TIME	FIELD	AGE GROUP
Saturday December 8, 2018				
09:00 AM	1200 m / 1500m Finals	9:00 AM	Shot Put High Jump Long Jump	TG / AG TG BB
		09:45 AM 10:00 AM	High Jump Shot Put	TB BB
10:30 AM	60m (Heats, Semis or Finals)	10:30 AM	High Jump Long Jump	AG MB / YB
		11:00 AM 11:15 AM	Shot Put High Jump	BG AB
LUNCH BREAK				
01:00 PM	300m / 400m Finals	01:00 PM	Shot Put High Jump Long Jump	TB / AB YB TG / AG
		02:00 PM	Shot Put Triple Jump	MG BB / MB
		02:30 PM	High Jump Long Jump	YG BG
03:00 PM	60m (Semis or Finals)	03:00 PM	Shot Put Triple Jump	MB MG
		03:30 PM	High Jump	BG
03:45 PM	4 X 200m Relay Finals	03:45 PM 04:00 PM 04:45 PM	Long Jump Shot Put Triple Jump	TB YG YB
04:45 PM	60m Finals (if necessary)	05:00 PM	Shot Put	YB

Sunday December 9, 2018

10:00 AM	60m Hurdles Finals order: BG-BB-MG-YG-JW-MB-YB-JM	10:00 AM	High Jump Long Jump (pit 1) Triple Jump (pit 2)	MG YG BG
10:45 AM	800m Finals	11:00 AM	High Jump Long Jump	BB AB

LUNCH BREAK * OFFICIALS / COACHES QUADRATHLON*

01:15 PM	Sprint Medley Relay Finals (40 0m, 200m, 200m, 800m)	01:00 PM	High Jump Long Jump (pit 1) Triple Jump (pit 2)	MB MG YG
02:00 PM	150m / 200m Finals			

Notes: 1 Registrations for the * OFFICIALS/COACHES QUADRATHLON* will only be on Sunday, December 9. Quadrathlon will include 60m, 400m, Shot Put and Long Jump.

2 Relay declaration forms will be available on the day of the event.



MINOR TRACK ASSOCIATION

SANCTIONED AND REQUIRED BY:

ATHLETICS ONTARIO
MINOR TRACK ASSOCIATION

RELEASE, WAIVER AND INDEMNITY

IN CONSIDERATION of the acceptance of my application and the permission to participate as an entrant or competitor in the

2018 International Youth Meet of Champions

I, for myself, my heirs, executors, administrators, successors and assigns HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE

Athletics Ontario
Minor Track Association of Ontario
City of Toronto
Toronto Track & Field Centre
Project Athletics
Linda Reid

And all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, successors and assigns OF AND FROM ALL claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as spectator, participant, competitor or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from and against any and all liability incurred by any or all of those arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING this ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED to the above WAIVER, RELEASE AND INDEMNITY. I WARRANT that I am physically fit to participate in this event.

Date

Print Name

Signature
(If under 18, parent or guardian or
Power of Attorney to sign below.)

Date

Print Name

Signature of Legal Guardian