

Athlete Nomination Form

**Ontario vs. Quebec Midget Indoor Dual Meet Team
Toronto Track & Field Centre, Saturday, February 13, 2016
For list of Events please see below. Three to score per event.**

Athlete Surname: _____ First Name: _____
Sex: M/F City: _____ Email: _____
Phone: _____ Club: _____
Singlet Size: _____

Name of person submitting nomination: _____
Email: _____ Cell: _____

Name of Coach (if different from above) _____
Email: _____ Cell: _____

Event	Performance*	Meet Name	Location	Date

* please list best recent indoor performance 2016 plus best outdoor 2015 performance if that is superior to the indoor performance

Other events athlete would be willing to participate in as a scorer if called upon:
Please mark: 60m 300m 800m 2000m 60mH 1500mWalk 4x200m HJ PV LJ TJ SP WT

Other events athlete would like to be entered in as a non-scorer: Please mark:
60m 300m 800m 2000m 60mH 1500mWalk 4x200m HJ PV LJ TJ SP WT

Does the athlete know he/she has been nominated? Yes/No

Please send nominations and report performance updates to the following by Monday, February 1, 2016 to:

Sue Wise Manager, High Performance
office@athleticsontario.ca