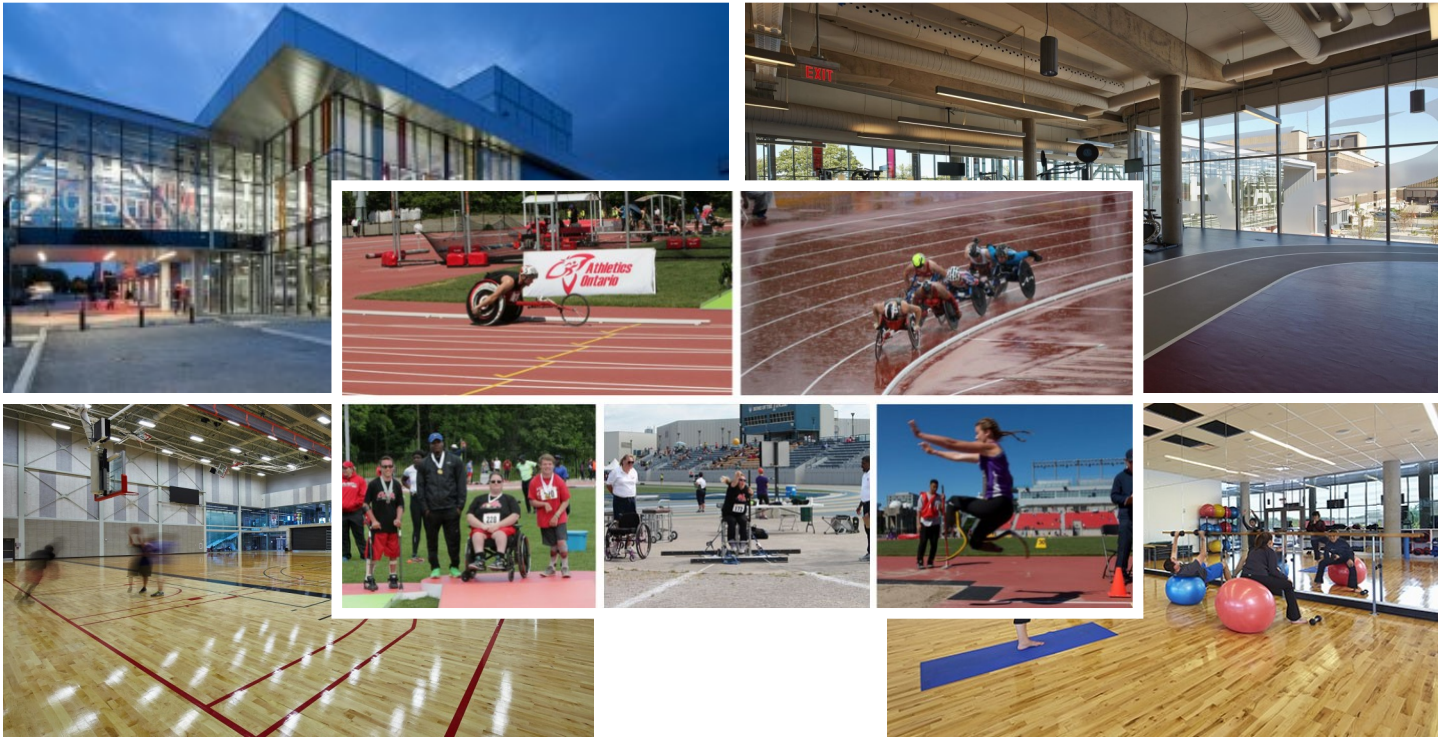


HOC Para Athletics



WHAT: FREE Track & Field program

WHO: People of all ages & abilities

**WHEN: Thursdays from 6:30-8:30pm and
Sundays from 1:30-3:30pm**

WHERE: Mohawk DBARC (135 Fennell Ave W)

WHY: FUN!!!

To volunteer or participate, please email

Julian Baird at paraathleticsprogram@gmail.com

