

March 26th, 2021 TTFC Operation Update:

Happy Spring!

The Toronto Track and Field Centre continues to work with an opening plan that compliments the City of Toronto - Toronto Public Health protocols and utilizes the guidelines and recommendations put forth by Athletics Ontario and Athletics Canada for the "Return to Train" phase.

We currently remain open to high performance athletes and coaches identified by Athletics Canada and Athletics Ontario.

Effective Monday, March 29th, 2021 we are pleased to announce that after careful review the City of Toronto – Toronto Track and Field Centre will be opening their vertical and horizontal pits to support athletes to achieve greatness with the following protocols in place in addition to the all existing protocols:

Vertical Jumps:

- Maximum cohorts of 5 to train at the same time, including a coach
- Each athlete must sanitize their hands at the start of each attempt
- Each athlete/club must provide either their own thin layer plastic cover or suitable top cover to be fastened on top of the TTFC's current pit at the start of a training session and remove and sanitize it at the end of a training session on their own
- Each athlete/club to seek approval by TTFC staff of said thin layer plastic cover ie. 10ft X 20 ft tarp to cover landing areas
- The TTFC will have approved plastic covers readily available for purchase
- Standards to be wiped down by facility staff between training sessions
- Crossbars to be removed wiped down and rotated between sessions by facility staff
- Alternate use of pit .ie) High Jump Pit can be used sessions 1, 3, 5 and 7 and Pole Vault pit can be used sessions 2, 4, 6
- If sharing poles for pole vault each pole must be sanitized in between use

Horizontal Jumps:

- For indoor usage; only half of the pit to be utilized by one cohort at a time
- For outdoor usage; only two of four pits to be utilized at any given time
- Only one person (such as a coach) to use shovel and rake to smooth surface during a training session
- Facility staff after a session will ensure the pit has been turned, leveled and sprayed with City approved sanitizing solution and not be in use until alternating session to allow for appropriate dry time.

At this time we would also like to mention although the weather is getting warmer. We are doing our best to get the outdoor track ready for the outdoor season. Currently we will permit athletes to use the outdoors on a day by day, case by case basis as we start to maintain the outdoor track area.

Please be reminded of our protocol to gain entry into the TTFC.

Procedure to gain access to a training space:Prior to arrival at TTFC:

- All registered Coaches and/or athletes will be required to email sign up for a time slot to train using the Return to Train – TTFC Form and email it to torontotrackandfieldcentre@toronto.ca
- Once the completed form is received; TTFC staff will review the form and time slots will be filled on a first come first serve basis
- Athletes may only sign up for a **maximum of 2 training time slots** at a time and be put on a wait list for additional preferred times if a spot becomes available
- The Return to Train – TTFC Form will be cross-referenced with Athletics Ontario database to confirm valid membership status
- An e-mail confirmation will be sent back to confirm a user's scheduled admittance validation and training location times

Upon arrival at the TTFC:

- Registered AO Coaches and/or athletes arrive at the assigned Admittance Validation time slot provided
- During this time the user group is met outside the front entrance of the TTFC to check in and complete a screening questionnaire; staff have the right to refuse entry if a participant exhibits any symptoms.
- The user group is then confirmed that they are on the scheduled training list
- The user group is then admitted to the front desk to be processed. (ie. Pay admittance fee, swipe membership card)
- User group is then granted permission to go to assigned training space

Upon exit of the TTFC:

- User groups will be given notification in 5 minute intervals 15 minutes prior to their schedule training session ending
- User groups will be reminded to take all of their belongings including garbage

Additional Notes:

- Current capacity outdoors is 10 people and 10 people indoors.
- AO requires coaches to record daily attestations.
- AO registered clubs will be responsible for their athletes and their own emergency care plans (ie. How to notify a parent when needed).
- AO requires athletes and coaches to carry their own hand sanitizer. (Please ensure your athletes are not allergic to the agents used in the hand sanitizer)
- Athletes and coaches are responsible to bring their own equipment. One wagon per user group will be admissible into the TTFC (No shopping carts).
- Users are required to bring their own garbage with them when exiting the facility.
- No spectators will be permitted into the facility.
- Please be mindful of start and end times. When your time is up please exit the facility immediately.