



2022 Canada Summer Games Athletics Technical Package



Technical Packages are a critical part of the Canada Games. They guide the selection of athletes by prescribing the age and eligibility requirements, assist Host Societies by detailing competition formats and scoring procedures, assist provincial/territorial mission team (P/T Team) Chefs de Mission in verifying eligibility, identify the maximum number of participants permitted, advance coaching certification by stating minimum requirements and generally contribute to athlete development by identifying each National Sport Organization's (NSO) version of athletes in the "Train to Compete" phase of its Long Term Athlete Development Framework (LTAD), or other suitable phase of the framework as justified by the NSO, discussed with the LTAD expert group, and approved by the Canada Games Council (CGC) Sport Committee.

Every Games' technical representative, coach, manager, sport leader and mission staff has an obligation to read and understand every aspect of the Technical Package. Failure to do so could cost an athlete their eligibility for the Games or could affect final standings or the conduct of the competition. If someone does not understand an aspect of a Technical Package, they are to seek clarification from the CGC Sport Committee through their Chef de Mission or NSO.

Technical Packages are developed 36 to 24 months prior to Games primarily by NSOs, following the Principles that Govern Technical Packages, guidelines and requirements of the CGC. As the overall governing body of the Games, the CGC has the ultimate authority over Technical Packages, but this authority is exercised only with the knowledge and understanding of the concerned NSO. Generally, Technical Packages are developed by sport, but in certain cases may be developed by discipline.

If an individual wishes to seek clarification or initiate a change to a Technical Package leading up to a Games, the request should be first directed to the NSO or the Chef de Mission. The NSO or Chef de Mission will evaluate the merits of the request and will, if it has merit, submit the requested change or clarification to the CGC's Sport Department for consideration. The NSO or Chef de Mission will provide the rationale for the request. Changes to age groups, eligibility requirements, team sizes or staff complements will not be considered within 36 months of the Games. Additions or changes to events/competition formats that result in a significant cost increase to the Host Society will not be considered within 24 months of the Games, unless approved by the CGC and the Host Society. Substantive changes to events or competition formats will not be considered within 18 months of the Games, unless approved by all participating Provincial/Territorial Sport Organizations (P/TSO) and the CGC. Minor corrections will be considered at almost any time, but will be increasingly difficult to achieve within six [6] months of the Games. These time frames reinforce the importance of complete understanding of the Technical Package by Games' stakeholders early.

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2022 Canada Summer Games Athletics Technical Package

1. SPORT: ATHLETICS

2. PARTICIPANTS

2.1. Athletes

Male: up to 33

Female: up to 33

Total team complement not to exceed 61 athletes.

Five (5) of the team positions are reserved exclusively for wheelchair track athletes. At minimum, two (2) of the wheelchair track athletes must be female, and two (2) of the wheelchair track athletes must be male. Two (2) of the team positions are reserved exclusively for para-athletes in shot put or discus. One (1) of the athletes must be female and one (1) of the athletes must be male. Additionally, two (2) of the male team positions are reserved exclusively for Special Olympics athletes and two (2) of the female team positions are reserved exclusively for Special Olympics athletes.

2.2. Competitors Breakdown

- Maximum of 50 able bodied athletes (Male: up to 27, Female: up to 27)
 - Maximum of 5 wheelchair track athletes (minimum 2 male and 2 female)
 - Maximum of 2 para throws athletes (minimum 1 male and 1 female)**
 - Maximum of 4 Special O athletes (minimum 2 male and 2 female)
- ** Note that the 2 athletes competing in the para throws events MUST be different than those athletes competing in the wheelchair track events.

2.3. Staff

- Under 20 athletes: 3 coaches, 1 manager. At least one of the coaches must be female.
- 21 - 30 athletes: 4 coaches, 1 manager. At least one of the coaches must be female.
- 31 - 35 athletes: 5 coaches, 1 manager. At least one of the coaches must be female.

- 36 - 40 athletes: 6 coaches, 1 manager or 5 coaches, 2 managers. At least one of the coaches plus one of the other staff (coach, manager) must be female.
- 41 - 61 athletes: 7 coaches, 1 manager or 6 coaches, 2 managers. At least two of the coaches plus one of the other staff (coach, manager) must be female.

2.4. Special Olympics Staff

For teams including Special Olympics athletes, one (1) additional coach OR manager shall be added to the above outlined in 2.3.

2.5. Additional Team Staff

- Apprentice Coach
 - See [Women in Coaching Canada Games Apprenticeship Program](#)
 - See [Aboriginal Apprentice Coach Program](#)
 - Apprentice coaches have same access as athletes and team staff.
- Venue Pass Holder
 - See [Venue Pass Holder Policy](#)
 - Venue Pass Holders do not have access to the field of play
 - Venue Pass Holders' venue access
 - Sport Operational Zone (Zone 2)
 - Back of House Zone (Zone 3)

* Additional team staff positions are administered by the P/T Team. Positions must be applied for based on each P/T Team's process. For information pertaining to the process in your P/T contact your Chef de Mission.

2.6. Support for Participants

The Canada Games Council recognizes there can be barriers to participation/attendance at the Canada Games. The below policies have been developed to provide support to participants when required:

- [Support for Nursing Mothers Policy](#)
- [Participant Assistant Policy](#)

2.7. Para and Special Olympics Athlete Reallocation Policy

The [Para and Special Olympics Athlete Reallocation Policy](#) recognizes the challenges that exist in para and Special Olympics sport and the level of participation needed to ensure meaningful and quality competition. Should the para and/or Special Olympics athlete quota permitted to each team not be filled by each jurisdiction, the Para and Special Olympics Athlete Reallocation Policy will be followed to allocate additional para and/or Special Olympics athletes to the competition.

3. CLASSIFICATION

Able Bodied: Under 25 as of December 31, 2022 (Year of Birth: 1998 or later)

All Para-Athletics Classifiable athletes must be under 37 years of age as of December 31, 2022 – born 1986 or later. The wheelchair track events will be contested in the open functional class (T54) only. T33, 34, 51, 52 or 53 class athletes are eligible for selection to their Provincial/Territorial team but will compete in the open class and will therefore compete for the same set of medals as all athletes entered in the event.

Para Throwing events are open to all throwing classifications with results being calculated through the WPA Points Scoring Tables or equivalent available in 2022. Males and females will not be combined.

“Able Bodied” competitors cannot be entered in Para-Athletics events.

Special Olympics athletes must be under 32 years of age as of December 31, 2022 – born in 1991 or later.

4. ELIGIBILITY

4.1. Athletes

Excluded from the Canada Games are:

- Senior National Team Members - Defined as: Athletes who have held an SR, SR1, SR2 or C1 card at any time; and/or athletes who are part of (on the roster of) a standing Senior National Team (i.e. recognized as a Senior National Team member regardless of event participation)
- Athletes who have previously competed at the following events:
 - WPA/WA World Championships
 - Olympic/Paralympic Games

- Pan Am/Parapan Am Games
- Commonwealth Games

Special Olympic athletes who have previously competed at the Special Olympics World Games are eligible to compete.

Athletes with an intellectual impairment who wish to compete in the Para Throws events must be on the Virtus master list for II1 (Intellectual Disability) to be considered eligible. Please contact Jennifer Campbell (je_camp@shaw.ca) to start this process.

No athlete can be rendered ineligible within 90 days of the opening of the Games due to National Team status, carding status or competing in an excluded event (i.e., If an athlete is granted National Team status for the first time, carding status or competed in an excluded event after May 8, 2022 they will still be considered eligible to compete at the 2022 Canada Games).

* Athletes who hold a C1 card (as defined by Sport Canada's Athlete Assistance program) or are in their first year of Senior National Team status may be deemed eligible on a case by case basis. Requests must be submitted to the respective P/T Team Chef de Mission and approved by the Canada Games Council's Eligibility Committee.

Athletes participating in Special Olympics events must be registered with and be members in good standing of Special Olympics Canada and have qualified at events sanctioned by Special Olympics Canada.

All athletes must meet the eligibility regulations outlined in CGC's [Eligibility Policy](#).

4.2. Coaches

Head coaches named on the official registration form must have Athletics Canada NCCP Performance Coach Certified Status in at least one Track or Field discipline.

Assistant coaches named on the official registration form must have Athletics Canada NCCP Club Coach Certified Status in at least one Track or Field discipline, as well as completion of Athletics Canada's Canada Games PD module (to be finalized and communicated by Athletics Canada). Athletics

Canada NCCP Performance Coach Trained status will also be accepted for assistant coaches.

Special Olympics coaches named on the official registration form must have Athletics Canada NCCP Club Coach Certified Status in at least one Track or Field discipline, as well as completion of the Special Olympics Canada Competition-Introduction course.

Coaches must be so certified no later than 90 days prior to the opening ceremony (May 8, 2022).

Please note that “NCCP Performance Coach Certified, Not Renewed” / “NCCP Club Coach Certified, Not Renewed” does not qualify under the coaching standards for the 2022 Canada Summer Games.

Please refer to the CGC’s [Coach Certification Policy](#) for additional information.

For more information on the coach certification pathway, please see Appendix 1.

5. COMPETITION

The competition will follow the most up to date World Athletics (WA) rules in 2022, as well as the most up to date World Para Athletics (WPA) rules for Para-Athletics events in 2022.

5.1. Events

Men (27 events)	Women (27 events)
100, 200, 400, 800, 1500 and 5000 metres	100, 200, 400, 800, 1500 and 5000 metres
Hurdles 110, 400 metres Steeplechase 3000 metres	Hurdles 100, 400 metres Steeplechase 3000 metres
100, 400, 1500 metres wheelchair	100, 400, 1500 metres wheelchair
Special Olympics: 100, 200 metres	Special Olympics: 100, 200 metres
Relays: 4 x 100 metres, 4 x 400 metres	Relays: 4 x 100 metres, 4 x 400 metres
High Jump, Long Jump, Triple Jump, Pole Vault	High Jump, Long Jump, Triple Jump, Pole Vault

Shot Put, Discus, Javelin, Hammer	Shot Put, Discus, Javelin, Hammer
Para Shot Put, Para Discus	Para Shot Put, Para Discus
Decathlon	Heptathlon

There is a maximum of two (2) entries per event per Province/Territory, except para shot put and discus where there will be a maximum of one (1) per event per Province/Territory.

There is no limit to the number of events a competitor may enter. A Province/Territory may enter only one relay team in each relay event.

There will be qualifying rounds in all field events where the number of entries exceeds 17. In field events where there is a preliminary round, at least 12 athletes will advance to the final round. Athletes who have achieved the performance standards will advance to the final round of the event. Standards and rules of advancement will be presented at the technical meeting.

Semi-finals and finals will be conducted in all track events of less than 2000 metres as required by the number of entries.

For races of less than 1500 metres, there shall be a "B" final for those who do not qualify among the top eight who will run in the "A" final. The "B" final will have up to eight competitors. In the schedule of events, the "B" final shall precede the "A" final. The "A" finalists will be determined in accordance with WA advancement Rule 20. The next eight fastest times will advance as "B" finalists.

To determine the number of rounds and the number of heats in each round, the tables outlined in WA rule 20 will be used with the following exceptions:

- The 1500m and steeplechase events shall be conducted as straight finals if there are fewer than 19 declared entrants; and,
- Regardless of the number of entries received, the 5000m event shall be conducted as a straight final.

WA rule 4.4 and 4.5 (failure to participate) will be applied.

5.2. Schedule of Events

A draft Schedule will be available to teams as soon as one has been developed and approved for public circulation.

After receiving and considering input from the Provinces and Territories a revised draft schedule will be made available to teams.

NOTE: The Final Schedule may change when entries are received and the numbers entered in each event are known. Where qualifying rounds are not required, finals may be run at the time of the qualifying round.

After receipt of the entries the Competition Schedule will be modified to reflect the number of entries in each event and the Final Schedule will be posted on the Canada Games website and communicated to the teams by email to the address from which the team entries were submitted.

5.3. Weather Protocol

To be confirmed by Athletics Canada.

6. TIE BREAKING RULES - COMPETITION

The competition will follow WA and WPA rules for breaking ties.

7. REGISTRATION & EVENT ENTRIES

7.1. Canada Games Council Registration Deadline

All participants (athletes, coaches, managers and additional team staff) must be registered in the Canada Games electronic registration system no later than 14 days prior to the Opening Ceremony (July 23rd, 2022).

7.2. Entries

Only athletes registered through their Provincial/Territorial teams for the 2022 Canada Summer Games for the sport of Athletics can be entered in the Athletics competition at the 2022 Canada Summer Games.

Seed performances must be achieved outdoors between 01 March 2022 and 14 July 2022 at sanctioned or Provincial/Territorial branch-recognized competition (AC, Branch, WA).

Final entries showing seed performances shall be made by e-mail using Trackie by 16 July 2022. All performances must appear in Athletics Canada official ranking system and therefore must include wind readings, implement weights, etc.

Within 24 hours of receiving the entries the meet organizers will confirm receipt of the entries by sending a list of entries in each event to the e-mail address of the individual who submitted entries by e-mail.

Each team shall identify any omissions or oversights to their entry to the meet organizers within 24 hours of receipt of the entry list.

Official results must be submitted, at the request of the Technical Representative, for verification of seed performances.

7.3. Finalizing Entries

A Final Confirmation of Entries will be in effect at the 2022 Canada Summer Games. The final confirmation must be submitted in writing to the Technical Representative, one hour prior to the opening of the Technical Meeting.

The deadline for the confirmation of entries is 5:00 pm on the day before the event is to be held. Confirmation of entries is to be presented in writing to the Host Society's Results Lead.

8. SPORT SCORING POINTS

Sport scoring points are a tool used to determine the performance of a P/T Team across all events within a sport. At the conclusion of an event, sport scoring points will be awarded using the following criteria:

- In the individual events there are 26 scoring positions, with points awarded for 1st through 26th position as follows:

Pos	PTS	Pos	PTS	Pos	PTS	Pos	PTS	Pos	PTS
1st	100	7th	55	13th	35	19th	20	25th	8
2nd	90	8th	50	14th	32	20th	18	26th	6
3rd	80	9th	47	15th	29	21st	16		

4th	70	10th	44	16th	26	22nd	14		
5th	65	11th	41	17th	24	23rd	12		
6th	60	12th	38	18th	22	24th	10		

- For events run in lanes, positions 9 to 16 shall be determined by the order of finish in the “B” final. Qualifiers for the “A” final shall be scored from 1-8 depending upon finish order in the “A” final. Athletes not in the “A” or “B” final shall be ranked by their time, height or distance from qualifying rounds.
- In the relay events there are 13 scoring positions, with points allocated for 1st through 13th as follows:

Placing	Points	Placing	Points	Placing	Points
1st	100	6th	40	11th	15
2nd	80	7th	35	12th	10
3rd	65	8th	30	13th	5
4th	55	9th	25		
5th	45	10th	20		

- Positions 9 through 13 shall be determined by the order of finish of the “B” final. Qualifiers for the “A” final shall be scored from 1-8 depending on the order of finish in the “A” final.
- Athletes and relay teams competing in the qualifying round of track events and in qualifying rounds of field events that do not finish (DNF), are disqualified (DSQ), do not start (DNS), or do not record a valid jump or throw (NH) (NM) shall not score team points. Furthermore, athletes and relay teams that DNF, are DSQ, DNS, NH or NM in events that are contested as a straight final (i.e. no qualifying round is held) shall not score team points. The exceptions to the above are the Combined Events (Heptathlon and Decathlon) where athletes who start each of the events that make up the combined event shall be deemed to have finished the Combined Event even if they do not finish or record a performance in one or more of the events that make up the combined event.
- Athletes who have qualified for the finals will be awarded points since they did rank higher than the athletes who were beat out in the preliminary rounds. For example, if Athlete X advances to the “A” Final but then gets disqualified, he/she would still be awarded points of the 8th place finisher (50 pts based on the

scoring system). If two athletes were to be DSQ in the “A” Final, they would then split the points that would have been awarded to the 7th and 8th place finishers $(55+50)/2 = 52.5$ pts per competitor. The same procedure applies to athletes and relay teams that do not finish the B final and to athletes that have qualified for a field event final but do not record a valid performance in the final.

- Furthermore, athletes or relay teams not finishing (DNF), disqualified (DSQ), not starting (DNS) or with no valid jump (NH) do not score in the overall ranking in events with a straight final.
- All individual and relay events shall be scored according to the above-mentioned system regardless of the number of entries received and/or Provinces/Territories represented.

9. FLAG POINTS

Games to Games performance by a P/T Team at the Canada Games is measured by accumulated Flag Points. Every P/T Team is awarded Flag Points for its ranked performance in each sport in which it competes.

In Athletics, Flag Points will be awarded separately for female and male events based on the total of sport scoring points awarded.

After ranking the P/T Teams from first to last, and after any ties have been resolved as detailed in [Section 10 \(Tie Breaking Rules - Flag Points\)](#), Flag Points will be awarded as follows:

Placing	Points	Placing	Points	Placing	Points
1st	10	6th	5	11th	1.5
2nd	9	7th	4	12th	1
3rd	8	8th	3	13th	0.5
4th	7	9th	2.5		
5th	6	10th	2		

10. TIE BREAKING RULES - FLAG POINTS

If there is a tie in points between two or more Provinces/Territories, the tie shall be broken in favour of the Province/Territory with the most first places, if still tied, the most second places, and if still tied, the most third places and so on until the tie is broken.

11. MEDALS

The Canada Games will award medals to athletes only.

Gold: 74 Silver: 74 Bronze: 74

Note: Relay teams may be awarded up to six (6) medals if there are changes in runners from semi-finals to finals. Only the four (4) finalists will take part in the medal ceremony.

12. COMPETITION UNIFORM

Provincial/Territorial team colours must be worn. Additional information on each Provincial/Territorial teams colours can be found in Appendix C of the CGC's [Commercialization and Sponsorship Policy](#).

13. EQUIPMENT

The organizers will provide starting blocks, relay batons, and throwing implements. Throwers may submit their implements for certification and use in the event's equipment pool. Athletes in the pole vault and decathlon must provide their own poles, which must be submitted for inspection and control prior to the event.

14. PROTEST & APPEALS

14.1. Canada Games Council Appeal Policy

Appeals relating to the Athletics Technical Package or any decisions made by the CGC will be made in accordance with [Canada Games Appeal Policy](#).

14.2. Competition Protests

All competition protests will be according to WA rule 8.

15. ANTI-DOPING

The CGC adopts the Canadian Anti-Doping Program (CADP) Covenant as a fundamental commitment to engage in a cooperative and collaborative effort to eliminate doping in sport and to support harmonized, coordinated and effective anti-doping measures in Canada. Any Canada Games participant (athlete, coach, manager, technical support, or other person) found to have committed an anti-doping rule violation at the Canada Games (as determined pursuant to the CADP) will be subject to all of the penalties and consequences, as outlined in the [Canadian Anti-Doping Program](#).

16. APPENDICES

Please review the attached appendices as they form an integral part of this technical package.

- APPENDIX 1 - Coach Certification Requirements
- APPENDIX 2 - Performance Guidelines

APPENDIX 1 - COACH CERTIFICATION REQUIREMENTS

The NCCP model distinguishes between training and certification. Coaches can participate in training opportunities to acquire or refine the skills and knowledge required for a particular coaching context and as a result, they are considered “trained”.

To become “certified” in a coaching context, coaches must be evaluated on their demonstrated ability to perform within that context in areas such as program design, practice planning, performance analysis, program management, ethical coaching, support to participants during training, and support to participants in competition.

NCCP coaches are described as follows:

- **In Training** – when they have completed some of the required training for a context;
- **Trained** – when they have completed all required training for a context;
- **Certified** – when they have completed all evaluation requirements for a context.

For more information relating to NCCP Performance Coach and Club Coach training and certification, consult – <https://athletics.ca/programs/coaching/coaching-education/>

APPENDIX 2 - PERFORMANCE GUIDELINES

The following Performance Guidelines have been established by the respective NSO, at the request of the CGC and the Federal-Provincial/Territorial Sport Committee (FPTSC), to reflect the expected training and/or performance parameters of a typical Canada Games athlete in the Training to Compete phase of LTAD. These Performance Guidelines have been developed as a tool for P/T teams to use at their discretion in the training and selection of their Canada Games teams. These Guidelines are not required selection criteria.

Women			Men	
Performances			Performances	
36 athletes or more*	35 athletes or less*		36 athletes or more*	35 athletes or less*
12.28s	13.48s	100m	10.94s	12.03s
25.06s	27.56s	200m	22.06s	24.26s
57.30s	1:03.00s	400m	49.38s	54.31s
2:12.53s	2:33.53s	800m	1:53.57s	2:20.06s
4:34.18s	5:17.18s	1500m	3:53.28s	4:38.28s
20:18.21s	22:18.21s	5000m	15:26.75s	17:18.75s
15.40s	16.94s	100m H		
		110m H	16.00s	17.60s
1:05.98s	1:12.57s	400m H	59.76s	1:05.73s
12:09.04s	13:29.04s	3000m ST	11:34.56s	12:48.01s
1.60m	1.44m	HJ	1.85m	1.66m
3.10m	2.79m	PV	3.80m	3.42m
5.43m	4.88m	LJ	6.53m	5.87m
11.11m	9.99m	TJ	13.01m	11.70m
10.63m	9.56m	SP	12.32m	11.08m
33.45m	30.10m	DT	38.17m	34.35m
32.46m	29.21m	JT	46.06m	41.45m
37.48m	33.73m	HT	30.66m	27.59m
No standard		Hepta		
		Deca	No standard	

* Size of the team