

Competition and technical rules I.A.A.F. 2020 Edition

COMMON RULES FOR UMPIRES IN REPORTING INFRACTIONS

ASSISTANCE

CR 19.2 (126.2) The judges may consider any original decision made by them if it was made in error, provided the new decision is still applicable. Alternatively, or if a decision has subsequently been made by a Referee or the Jury of Appeal, they refer all available information to the Referee.

TR6.2 (144.2) Any athlete giving or receiving assistance from within the competition area during an event shall be warned by the Referee and advised that, if there is any repetition, he will be disqualified from that event. (Yellow card) (Red card)

TR6.3.1 (144.3(a)) Pacing in races by persons not participating in the same race, by athletes lapped or about to be lapped or by any kind of technical device (other than those permitted under Rule **TR6.4.4 (144.4(d))**, **TR6.3.2 (144.3(b))** Possession iPhone, iPad or others for assistance.

TR7.2 (145.2) If an athlete is disqualified from an event for acting in an unsporting or improper manner, reference shall be made in the official results giving reasons for such disqualification (Red card) **CR18.5**

TR8.9 (146.9) In certain circumstances the Judges, the Referee and the Jury can each reconsider a decision made by them.

GENERAL

TR16.7-8 (162.7-8) Disqualified after the first false start or responsible in the judgement of the Starter, **TR16.9/TR39.8.3 (200.8(c))** Except CE.

TR17.2.1 (163.2(a)) If the jostling/obstruction is considered unintentional no DQ. If responsible for jostling/obstruction (**DQ**), **TR17.2.2 (b)**

TR17.3.1 (163.3(a)) In all races run in lanes, each athlete shall keep within his allocated lane from start to finish.

TR17.3.2 (163.3(b)) Any part of races not run in lanes, running on a bend, or on any curved part of the diversion from the track for the steeplechase water jump, shall not step or run on or inside the kerb or line marking the applicable border, athlete shall be **DQ**

TR17.4.1-2 (163.4(a)(b)) If an athlete is *pushed or forced* by another person to run outside his lane, and if *no material advantage is gained*, the athlete should not be disqualified. If an athlete either: (**b**) runs outside his lane in the straight, or runs outside the outer line of his lane on the bend, with *no material advantage thereby being gained, and no other runner is obstructed*, then he should likewise not be disqualified.

TR17.5.1 (163.5(c)) The 800m event shall be run in lanes as far as the nearer edge of the break line where athletes may leave their lanes

TR17.6 (163.6) A competitor, after *voluntarily leaving the track* or course shall not be allowed to continue in the race.

TR17.7 (163.7) Except in the case of relay races run in lanes, competitors may not make check marks or place objects on or alongside the running track for the assistance.

HURDLES

TR22.6 (168.6) All races shall be run in lanes and each athlete shall keep to his own lane throughout. Hurdle another lane, knocks down.

TR22.6.1 (168.7(a)) An athlete who trails his foot or leg below the horizontal plane of the top of any hurdle at the instant of clearance, or jumps any hurdle not in his own lane, or **TR22.6.2 (168.7(b))** in the opinion of the Referee, *deliberately knocks down any hurdle by hand or foot*, shall be disqualified. Also **TR22.6.3** Directly or indirectly knock down or displace a hurdle in their or in another lane.

STEEPLECHASE

TR23.7.1 (169.7(a)) (Steeplechase) each athlete must go over or through the water and anyone who steps to the one side or other of the jump or trails his foot or **TR 23.7.2 (169.7(b))**, their foot or leg is, at the instant of clearance, beside the hurdle (on either side), below the horizontal plane of the top of any hurdle. Provided this rule is observed, an athlete may go over each hurdle in any manner.

RELAY

TR24.3 (170.3) In the 4x100m and the 4x200m relays and for the first and second changes in the Medley Relay, each takeover zone shall be 30m long of which the scratch line is 20m from the start of the zone. For the third change in the Medley Relay and in 4x400m and longer relays each takeover zone shall be 20m long of which the scratch line is in the center.

TR24.6.3 (170.6(c)) The baton must be carried by hand throughout the race. If dropped, it shall be recovered by the athlete who dropped it. He may leave his lane to retrieve the baton... and provided no other athlete is impeded, dropping the baton shall not result in disqualification.

TR24.7 (170.7) In all relay races, the baton must be passed *within the takeover zone*. The passing of the baton commences when it is first touched by the receiving runner and is completed the moment it is in the hand of the receiving runner only. *Within the take-over zone*, it is only the position of the baton, which is decisive, and not the position of the body or limbs of the competitors.

TR24.8 (170.8) Athletes, before receiving and/or after handing over the baton, should keep in their lanes or maintain position until the course is clear to avoid obstruction to other athletes. If an athlete will fully impede a member of another team by running out of position or lane at the finish of his stage, he is liable to cause the disqualification of his team.

TR24.9 (170.9) Assistance by pushing off or by any other method will result in disqualification. Pick up the baton of another team.

TR24.11 (170.11) The composition of the team and the order of running for a relay shall be officially declared no later than one hour before the published first call time for the first heat of each round of the competition. If not followed, it shall be **DQ**.

TR24.19 (170.19) Athletes are not permitted to begin running outside their takeover zones, and shall start within this zone.

TR24.20 (170.20+170.21+218.4) The runners of the 3rd and 4th legs of the 4X400m relay race shall, under the direction of a designated official, place themselves in their waiting position in the same order (inside to out) as the order of their respective team members as they complete 200m of their legs. Once the incoming runners have passed this point, the waiting runners shall maintain their order, and *shall not exchange positions* at the beginning of the take-over zone.

Indoor stadium: The break line

Relays: **TR48.1 (R218.1):** 4 X 200m = 3 bends

TR44.6.2 (R218.2): 4 X 400m = 2 bends

TR44.6.3 (R218.3): 4 X 800m = 1 bend

Outdoor stadium: The break line

Relays: **TR24.13.2 (R170.13(b)):** 4 X 200m = 3 bends in lanes

TR24.15.1 (R170.15): 4 X 400m = 3 bends in lanes

TR24.16.1 (R170.16): 4 X 800m = 1 bend in lanes

RACE WALKING

TR54.2 (230.2) Race Walking is a progressing of steps so taken that the walker maintains contact with the ground. The advancing leg must be straightened (not bent at the knee) from the moment of the first contact with the ground until the vertical upright position. **TR54.4.1 (230.4(a))** Chief Judge has the power to **DQ** in the last 100m with red paddle. **TR54.7.1 (230.7(a))** **DQ** after 3 red cards. **TR54.7.3 (230.7(c))** Should be Pit lane, **DQ after 4th red card.** (5km=0.5min, 10km=1min, 20km=2min, 30km=3min, 40km=4min, 50km=5min)