



athletics
ontario



Year-End Report

2021-2022

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Message from the President and Chair of the Board, and Chief Executive Officer

We are honoured to share this overview of the many exciting activities and accomplishments of Athletics Ontario over the course of the past year.

The 2021-2022 year continued to be a year like no other for Athletics Ontario and other sport organizations across Canada and throughout the world because of the global pandemic. The resilience of our athletes, coaches, officials, volunteers, and friends and families was extraordinary, and it is with great pride that we recognize and applaud our entire Athletics Ontario community for its ability to pivot, repeatedly, in response to the many recent and ongoing challenges. With every hurdle, we stayed true to our Mission, Vision, and Values. The past twelve months solidified our resolve to continue to develop, promote and support Athletics by ensuring a safe, healthy, and enjoyable environment for all our participants as they pursue their individual goals.

This year, we moved beyond the lockdowns, facility closures, modified schedules, and cancelled competitions. No matter the challenge, our participants doubled down on the goal of letting our athletes run, jump, throw, and walk, demonstrating a real “can-do” attitude.

From a governance perspective, the Board finalized and approved the exciting new 2022-2027 Strategic Plan. This new Plan represents a shift of focus away from simply increasing our membership numbers, to delivering enhanced value to the estimated 750,000+ Ontarians, of all ages, backgrounds, and abilities, who already participate in this incredible sport. The new Plan is a roadmap that will guide our collective efforts, the evolution of our organization, and our successes over the next five years.

The Plan identifies initiatives in three key areas of focus:

- Demonstrate leadership for Athletics in Ontario.
- Build engagement with Ontario’s Athletics’ community.
- Expand Athletics Ontario’s resources.

Our Mission is to play an integral leadership role in fostering and growing participation, development, equity, and excellence in Athletics in Ontario. We have a Vision where Athletics strives to be “For you. For all. For LIFE.” To underpin our Mission and Vision, our Values of Inclusivity, Safety, Personal Satisfaction, Excellence, and Integrity – which are the threads that weave through the fabric of our community – will guide the organization and its participants on and off the field of play.

To ensure continued success on the track, in the field and on the roads and trails for all our athletes, will require commitment, focus and hard work. We are up for the challenge!

Finally, thank you to all our athletes, coaches, staff, volunteers, and other participants for your contributions to our sport over the last year. On behalf of the Board of Directors and the entire Athletics Ontario organization, we wish you all the best for the upcoming 2022-2023 Athletics season!



Dean Hustwick
President and Chair
of The Board



Paul Osland
Chief Executive
Officer

Who We Are

As an independent not-for-profit corporation, AO is overseen by a volunteer Board of Directors. The team also includes a full-time staff (currently seven), and several part-time staff, who conduct the day-to-day operations, as well as manage the initiatives during the indoor and outdoor seasons.

AO is recognized as the Provincial Sport Organization (PSO) for Athletics – track and field; cross country, road and other running and walking; para-Athletics; and any other events sanctioned by Athletics Canada – by the Ontario Ministry of Tourism, Culture and Sport.

As the PSO, AO is the governing body for Athletics in Ontario, and plays an essential role in developing the sport and encouraging participation across all ages and abilities in both the recreational and competitive streams.



Athletics in Ontario

Athletics is one of, if not the, most popular sports in Ontario and is one of the most diverse and inclusive sports. It includes a wide range of events, providing participation possibilities for people with different skills, strengths and interests. AO's activities impact all of the over 750,000 Ontarians who make up the province's Athletics community.

This community includes athletes, coaches, officials and volunteers from schools, colleges and universities; recreational and competitive clubs; and individuals who engage in Athletics on their own.

Key areas of activity originating from or through AO include advocacy on behalf of participants and the sport; coach and official education and certification; sanctioning of meets and events; developing a pathway for athletes; setting competition rules; connecting organizations involved in Athletics; and setting leading-edge policies to better the sport, such as safe sport, and diversity and inclusion.





Vision

**Athletics.
For You. For All.
For LIFE.**

Mission

**Play a leadership role in fostering
and growing participation,
development, equity,
and excellence in
Athletics in Ontario.**

Focus on all aspects of recreational and competitive Athletics.

Go beyond the field of play to emphasize the importance of long-term physical and mental well-being, and fundamental physical literacy for all participants.

Encourage participation in Athletics to create an extraordinary foundation of life skills including goal setting, a strong work ethic, teamwork, overcoming challenges, and having fun.

AO Values

These values are the threads of the fabric that make up the vibrant Athletics community. **AO is committed to upholding these values and fostering them in the sport of Athletics in Ontario and beyond.**

INCLUSIVITY

Leave no one out AO welcomes people of all different abilities, ages, economic and social situations and of all racial, ethnic, cultural, gender, and sexual identities.

SAFETY

All participants must be and feel safe AO believes that all participants in Athletics have the right to participate in a physically and personally safe environment, where support and respect are the governing principles – and that all participants must have an effective way to raise safety concerns.

PERSONAL SATISFACTION

Positive experiences, achievement, and health AO believes that participation in Athletics should be a positive experience involving fun, challenge, and achievement – and is an important lifetime pursuit leading to better physical, mental, and emotional health and well-being.

EXCELLENCE

Always strive for excellence AO pursues excellence in all it does, from the performance of athletes, coaches, officials, volunteers, and its member clubs, to care for the environment, to its own governance and stewardship of its resources and people.

INTEGRITY

We do as we say AO believes that honesty and ethical behaviour are the cornerstones of proper and successful participation in Athletics.



Strategic Priorities

▶ Demonstrate Leadership for Athletics in Ontario

There are many different organizations involved in Athletics in Ontario. Many are small, and many are dependent on significant volunteer support. Organizational and management matters and priorities are a constant challenge. **AO has an important role to play in assisting and supporting these organizations, and showing leadership in developing and adopting best practices.**

- Be A Strong Advocate and Expert Voice
- Promote New and Enhanced Athletics Facilities
- Online Hub
- Discipline and Dispute Resolution
- Upgrade Coach and Official Certification

▶ Build Engagement with Ontario's Athletics Community

Athletics includes a large number of activities organized by many different groups, some of which are connected to AO and many of which are not, creating a challenging maze to navigate. **It is critical that AO build solid working relationships with these various groups to support and help coordinate efforts for the benefit of Athletics and its participants.**

- Build Positive Relationships
- Promote Inclusion and Safe Sport
- Promote a Positive Environment
- Enhance the Spectator and Volunteer Experience
- Enhance Opportunities for Underserved and Remote Communities

▶ Expand Athletics Ontario's Resources

The AO mandate is very broad. More resources would allow AO to focus – or focus more deeply – on additional strategic activities. **AO also requires additional resources to develop and maintain a competitive compensation program to be able to successfully recruit and retain highly-qualified, committed and skilled staff.**

- Develop a New Alum Program
- Seek Sponsorships and Partnerships
- Public Relations and Fundraising Events
- Increase AO Membership



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2021-2022 YEAR-END REPORT

SPORT DEVELOPMENT

- Athlete
- Coach
- Official



Athlete Development

Ontario High-Performance Sport Initiative (OHPSI)

The OHPSI program was created to support an all-inclusive provincial high-performance sport system that gives athletes and coaches the tools and support needed to compete at the highest levels of international sport. The goal of the program is to identify and support Ontario athletes with the highest potential of achieving future international success on senior national teams. This endeavour encompasses the Olympic stream for all able-bodied athletes and the Paralympic stream for all classifications of Para athletes.

49 Athletes, 28 Coaches

- U23: 43 Olympic, 6 Paralympic



Coach Support

- No-charge access to designated coach workshops.
- Subsidized NCCP coaching courses.
- Coach PD opportunities - Zero Point One Sessions
 - 4 sessions in 2022
 - Approximately 70 views/session
- Coach PD reimbursement program.

Athlete Support

- Direct-to-athlete *Quest for Gold* funding: 57 recipients of provincial card - 51 athletes full card funding at \$3,600; six athletes half card funding at \$1,600.
- Access to the Canadian Sport Institute Ontario (CSIO) - clinics, workshops, injury screening, doctors/physiotherapy.
- IST support at major competitions.

High Performance Competition Opportunities

- Four high performance competitions held by AO for Olympic hopefuls: May 14-15, 2021 - CE Weekend (Ottawa, ON); May 21, 2021 - Johnny Loaring Classic (Windsor, ON); May 28, 2021 - Bob Vigars Classic (London, ON); June 4, 2021 - Royal City Athletics Invitational (Guelph, ON).
- Four provincial and three national records broken during the indoor season.
- Total of 28 athletes competed throughout the indoor high-performance series.
- First annual AO Para Summit - eighteen new athletes participated in 'come and try' day; five coaches participated in the educational opportunity; and nine officials participated. Excellent feedback about the summit was received during and post-event from all parties.

Streamline Athletes

- An organization supporting athletes in finding athletic scholarships and gain access to information for post-secondary education and athletics, Streamline Athletes continued its partnership with AO for the second year, with activity focussed on creating a social media content calendar, accessing some of Canada's elite athletes – and supporting AO's Zero Point One sessions.

Coach Development

As the Provincial branch of Athletics Canada, Athletics Ontario is fully responsible for delivering training and evaluation opportunities for coaches at the Community Sport level, delivered through the Run Jump Throw Wheel (RTJW); Instruction for the Beginner (Sport Coach) level; and Introduction to Competition (Club Coach) level as part of the Coaching Pathway. This training runs parallel with the maintenance of certification through various professional development opportunities and active coaching opportunities. The Ontario Physical and Health Education Association (OPHEA) safety workshops have been delivered to educate elementary and high school coaches on the important and essential safety aspects of coaching in the sport, with increased focus on event disciplines considered higher risk, including hurdles, steeplechase, throws (shot put, discus, javelin, and hammer) and vertical jumps (high jump and pole vault).

In contrast, Athletics Canada is fully responsible for the delivery and evaluation of coaches at the Competition Development (Performance Coach) level. The NCCP model distinguishes between training and certification. Coaches are encouraged to participate in training opportunities to acquire or refine their skills and the knowledge required for specific disciplines, giving them the “trained” designation. Athletics Ontario launched standardized Club Coach Certification as of January 1, 2020, ensuring all coaches participating in AO events are Club Coach certified and have taken the required courses/modules, including Safe Sport.

Between April 1, 2021, and March 31, 2022, the following coaches became AO certified:

- 0 RJTW Instructors
- 1 Sport Coach (female)
- 17 Club Coaches (10 male/7 female)
- 5 Performance Coaches (2 male/3 female)

Between April 1, 2021, and March 31, 2022, AO trained the following in the Foundations of Coaching:

- 88 Trained/In-Training

Between April 1, 2021, and March 31, 2022, AO delivered the following NCCP Foundations of Coaching online courses:

- Foundation of Coaching (April 27, 28 /2021)
- Foundation of Coaching (April 27, 29 /2021)
- Foundation of Coaching (May 25 & 27 /2021)
- Foundation of Coaching (August 10 & 12 /2021)
- Foundation of Coaching (October 26 & 28 /2021)
- Foundation of Coaching (January 18 & 20 /2022)
- Foundation of Coaching (February 8 & 10 /2022)
- Foundation of Coaching (March 22 & 24 /2022)





Between April 1, 2021, and March 31, 2022, the AO Coaching Mentorship Program had the following mentor and mentee participants:

- 11 mentees (5 males/6 females)
- 5 mentors (4 males/1 female)

AO Coaching Summit

Hosted the first annual AO Coaching Summit (virtually) over four evenings in November 2021, with approximately 60 attendees. The Summit established a high level of education with nine internationally-regarded speakers:

- **Dan Pfaff**, Head Coach, ALTIS
- **Kevin Tyler**, President, ALTIS
- **Andreas Behm**, VP Performance, ALTIS
- **Nick Ward**, Program Director, ALTIS
- **Jean François Ménard**, Mental Performance Coach, Kambio Performance
- **Kurt Downes**, Head Coach, Border City Athletics Club
- **Dr. Greg Wells**, President, Wells Performance
- **Elizabeth Oehler**, Weightlifting and Sports Performance Coach, EO Performance

This event was the first of many steps in creating a more sophisticated experience and solidified community for AO coaches. Participants also earned NCCP Professional Development points for attending.

Official Development

Technical Officials Program

Technical Officials are essential to the sport of Athletics. They ensure the consistent application of World Athletics rules, which governs our sport, and administer these rules at various levels of competition. Their technical skills, professionalism, and tireless giving of their time as volunteers, has benefitted athletes at every stage of competition: from grassroots participants to high-performance athletes and the Master's level. Athletics Ontario is very grateful to its Technical Officials, particularly for their commitment to a safe return to sport during the pandemic.

Despite the challenging and stressful year, there were 120 registered Technical Officials, including 24 new Officials in Ontario. And while the actual number of active Officials for 2021 - 2022 was lower than normal due to COVID, many of these Officials volunteered meet after meet with delayed and compacted competition seasons, to ensure the successful delivery of these events.

There are so many wonderful opportunities to volunteer at local, provincial, regional, national, and international events, and AO continues its work to encourage anyone with a love of the sport or who would like to contribute to the well-being of their community, to reach out and get involved!



Training

AO Officials training has expanded to include online delivery of virtual clinics, discussion groups and e-Learning as a means of bridging distance and offering more flexibility for participants. e-Learning is now a required component for Level 1 & 2 Upgrading with regular sessions available. On offer this past year:

- AOO Introductory Clinics - 3 virtual clinics / 27 participants
- e-Learning - Officials 101 / 36 participants (ON)
- e-Learning - Officials 201 / 29 participants (ON)
- AO Officials Town Halls - Virtual Sessions (to further support AO Technical Officials) continued to be hosted on a bi-weekly basis
- NOC Event Group (by discipline) weekly/ monthly participation by AO Officials

In-person training resumed with the following clinics:

- AC NOC rolled out its new evaluation process in early 2022 with training for evaluators in Toronto and Windsor. Seventeen AO Officials trained as National Evaluators (who can also act as Provincial Evaluators); and nine AO Officials trained as Provincial Evaluators.
- National Clinics (by discipline): Horizontal Jumps Level 4; and Race Walk Judge Level 4
- Provincial Clinics: Race Walk Judge Level 3

Mentoring/Evaluations

All new Officials are now paired with a mentor to support them along their journey as a Technical Official. Professional development is facilitated by ongoing mentorship from a suitably qualified, experienced Official. Mentoring is discipline specific and an Official



Photo: life2photography

must be recommended for an upgrading evaluation by their assigned mentor. Allocation of mentors is ongoing:

- 18 mentorship pairings were established for Level 1 & 2 Officials
- phase 1 concentrated on development of Level 2 Officials and has resulted in a number of successful Level 3 Upgradings

There were many meets at the local, provincial, and national levels, which not only provided Officials with experience, but mentoring and evaluation/upgrading opportunities. Provincially, evaluations were available for existing Officials, as well as new Level 1 & 2 Officials during all Athletics Ontario championship meets: 6 evaluations (mentoring) conducted at Level 2; and eleven evaluations (mentoring) conducted at Level 3 for upgrading purposes. To support the continued development of existing Officials, there were national evaluations at the AC Indoor Championships (New Brunswick) in March, under the new NOC evaluation process. Over the 2021 - 2022 season, there were a total of 9 evaluations conducted at Level 4; and 7 evaluations conducted at Level 5.

Awards

Without volunteer Technical Officials, our sport cannot thrive, and we thank all the Officials for all they do to make this sport incredible.

In 2021, there were a number of AO Technical Officials recognized for their special contribution to our sport at the Provincial and National levels:

- The Ontario Volunteer Service Award - 30 Officials (respectively received 5-, 10-, 15-, 20-, 25-, 35-, 45-, or 50-year awards).

The AO Official of the Year Award - Brian Keaveney, Toronto.

The Athletics Canada Officials Wall of Honour (Award) - Barclay Frost, Ottawa.

Working at a track meet is the absolute best learning experience and opportunity to be part of the Athletics community. Athletics Ontario is committed to enhancing our Technical Officials' experience in our sport. We invite anyone with a love of the sport or who would like to contribute to the well-being of their community, to reach out and get involved!

PARTICIPATION

- **Membership**
- **Grassroots**
- **Road, Trail & Other**
- **Masters Athletes**
- **Under-Represented
Groups**



Membership

Athletics Ontario membership categories include age level athletes from U8/U10/U12 through to U20 and Open, Masters (30-90+), and Para athletes. Additionally, membership includes officials, volunteers, and clubs. Members may register with Athletics Ontario as a member of an AO-affiliated club or as an unattached athlete.

Comparing to calendar 2020, total membership increased by almost 10% (1,100+ members), with membership increasing across most age levels. The Recreational categories experienced large increases, due to COVID restrictions shutting down the indoor competition season and creating restrictions for the outdoor season.

2021 MEMBERSHIP STATISTICS

	2021	%	2020	%	%
Male	4,979	54.8%	4,153	53.7%	19.9%
Female	4,094	45.2%	3,579	46.3%	14.4%
TOTAL	9,073		7,732		17.3%



2021 MEMBERSHIP BREAKDOWN

Category	2019	2020	2021	2020-2021 % Change	2019-2020 % Change
U8	-	29	75	159%	-
U10	-	90	193	114%	-
U12	-	218	298	37%	-
U14	416	415	495	19%	19%
U16	830	723	569	-21%	-31%
U18	1,127	962	769	-20%	-32%
U20	573	467	500	7%	-13%
Open	726	532	646	21%	-11%
Masters	869	804	610	-24%	-30%
Coach	489	567	565	-	16%
Official	161	125	140	12%	-12%
Associate	65	100	113	13%	74%
Recreational	532	1,929	2,531	31%	376%
Rec (U12)	463	771	1,339	74%	189%
Para	63	64	62	-3%	3%

Club Statistics

Every member club, big or small, plays an important role in advancing the sport of Athletics, from teaching beginner skills to grassroots athletes to meeting the needs of elite athletes. **Most of our member clubs are essential parts of their community, and are fueled by the generous work of volunteers, from parents to coaches to officials.** As we recognize our Top 5 Clubs, we also celebrate the amazing achievements of all our member clubs and thank them for all they do for the sport, the athletes, and their communities.

TOP 5 CLUBS BY SIZE IN 2021

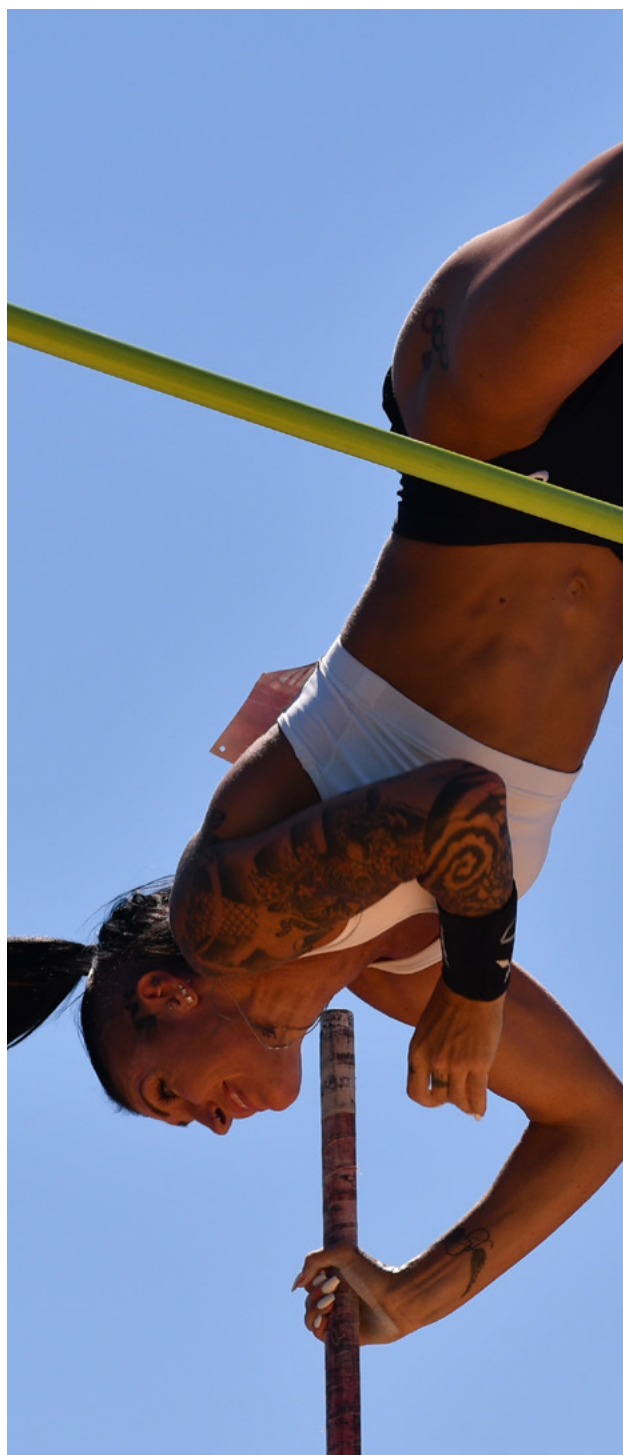
Club Name	Total 2021	Total 2020
1 Ottawa Lions T.F.C.	752	853
2 Blue Devils Athletics Club	408	273
3 London Western T.F.C.	325	240
4 Central Toronto Athletic Club	192	200
5 Hamilton Olympic Club	191	123

TOP 5 GROWTH OVER 2020

Club Name	Total 2021	20-21 Growth
1 Blue Devils Athletics Club	408	135
2 Runners Edge Track Club	131	93
3 London Western T.F.C.	325	85
4 Thorold Elite Track Club	156	70
5 Hamilton Olympic Club	191	68

TOP GROWTH OVER 2020 BY %

Club Name	Total 2021	20-21 Growth
1 Runners Edge Track Club	131	245%
2 Eclipse Track & Flies Inc	110	90%
3 Thorold Elite Track Club	156	81%
4 StrideWise Running	84	68%
5 Woodstock Legion A.C.	35	67%



Ontario Clubs (2022)

Athletics Ontario is a not-for-profit Provincial Sport Organization (PSO), and member branch of Athletics Canada. Many of our individual members are registered with an Athletics Ontario affiliated club. The following is a list of clubs registered with Athletics Ontario in 2022.

- 310 Running
- Airblastoff Lion
- Athletics Niagara
- Beckwith Athletics Club
- Berlin Athletics
- Blue Devils Athletics Club
- Boardwalk RC
- Bolton Pole Vault
- Bomb Fitness
- BOOST Athletics Club
- Border City AC
- Boris Beasts' Throwing Club
- Brampton Racers Track & Field Club
- Brampton Track Club INC.
- Brantford T.F.C.
- Brockville Legion Track Club
- Burlington Track & Field Club
- BYTOWN WALKERS
- C.A.N.I. Athletics
- Central Toronto Athletic Club
- Centro Scuola T.F.C.
- Champs International Athletics
- Cindy Lewis Performance Training Ltd
- CRUISERS SPORTS
- Dorchester Pole Vault Club
- Dundas Valley Track Club
- Durham Dragons Athletics
- Durham Legion Athletics
- Eclipse Track & Field Inc
- Elite Jumps
- Etobicoke Huskies-Striders Track and Field Club
- Extreme Velocity Track Club
- Flying Angels Academy
- Game Speed International
- Glen Manor Track Club
- Golden Eagles Track Club
- Greater Uxbridge Road Runners (Uxbridge UNA)
- Hamilton Olympic Club
- Harbour Track - Hamilton
- I Be Fast Track Club
- Invictus Athletics Club
- JAMCAN International Athletics Club
- Kawartha Lakes Lightning
- Kingston Track & Field Club
- Kitchener Waterloo T.F.A.
- Lakehead Running
- Laurel Creek T.F.C.
- Les Coureurs De Bois
- Lions Valley Athletics
- London Legion T.F. Alliance
- London Western T.F.C.
- Longboat Roadrunners
- Maximus Performance
- Mile2Marathon
- Mississauga Olympians T&F A.A.
- Mississauga T.F.C.
- Monarch Athletics Club
- Monte Cristo Track Club
- National Capital Track & Field Club
- Newmarket Huskies Track Club
- Niagara Olympic Club
- North Bay Legion
- North York Academy
- Oakville Track & Field Club Athletiques International
- Ontario Racewalkers Association
- Ottawa Lions T.F.C.
- Peak Velocity Athletics
- Peterborough Legion Track Club
- Phoenix Athletics Assoc. of Ontario
- Physi-Kult
- Project Athletics Track and Field Program
- Quinte Frontenac Track Club
- Rivers Speed Stars
- Royal City Athletics Club
- Runners Edge Track Club
- Russell Run Club
- Sarnia Athletics Southwest TFC
- Saugeen Track & Field Association
- SISU Throws Club
- South Simcoe Dufferin T.F.C.
- Speed Academy Athletics Club
- St Christy-Ihunaegbo Athletics Club
- St Thomas Legion Track & Field Club
- Stratford Sabrecats Track Club
- StrideWise Running
- Sundown Athletics Club
- Terminal Velocity Track Club
- Thames Athletics Club
- The Gazelles
- Thorold Elite Track Club
- Throwers Club
- Toronto Harriers
- Toronto Olympic Track & Field Club
- Toronto Race Walkers
- Toronto West Athletics
- Track North Athletic Club
- United Tamil Sports Club
- University of Toronto TC
- University of Windsor Athletics Club
- Variety Village Athletic Club
- Windsor Legion T.F.C.
- Woodstock Legion Athletic Club
- York Region Runners Club
- York University Track & Field Club



Committees

Athletics Ontario is fortunate to continue to make a significant impact to the Athletics community through the commitment of time and effort of key volunteers on five **Board committees**:

- Executive
- Finance
- Governance and Nominations
- Human Resources
- Risk Management

Additionally, eleven **Ad Hoc/Operational committees**:

- AO Officials
- Awards
- Competitions
- Hall of Fame
- Programs and Services
- Technical
- Quest for Gold
- Fundraising, Grants and Sponsorships
- Communications, Marketing, Community Relations and Brand Awareness
- Masters Council
- Athlete Advisory Committee

As these committees continue to work on their respective focuses, Athletics Ontario would like to extend a huge “thank you” to each of these dedicated volunteers who have contributed, in some cases, hundreds of additional hours of volunteer service, often beyond their normal sport volunteering activities of coaching and officiating.

For details on these committees, please visit: <https://athleticsontario.ca/about/committees/>. AO welcomes individuals who have a genuine interest in rolling up their sleeves to better the future of the sport of Athletics and make a difference in the lives of athletes of all abilities and skills. All questions or requests for involvement can be directed to office@athleticsontario.ca.

Grassroots

Diversity & Inclusion

As the world – and our sport – returns to normal post-pandemic, AO has been able to move forward with purpose to learn, contribute, and support its community to ensure underserved and under-represented members of the Athletics community and participants have access to programs and services to support physical health and well-being, and learn invaluable life skills.



Increasing Access to
Grassroots Programming in
Underserved Communities &
Under-Represented Groups

Cruisers Sports for the Physically Disabled – Intro to Para-Athletics Practices

Through a collaboration with Cruisers Sports, coaches Ken Hall and Lisa Myers provided mentorship to several of our students, giving them a firsthand opportunity to support and learn under the tutelage of two of Canada's top Para coaches.

- Two weekly classes were supported over eight weeks in programming for ambulatory and wheelchair athletes in track and field events.
- Over 25 athletes participated.

Pilot Projects

Through support from the federal Canada Summer Jobs 2021 Program, and in collaboration with various not-for-profit/sport and recreation organizations, Athletics Ontario's summer students piloted and delivered grassroots programming, including "Try-It Days" to over 350 children, mostly in underserved communities.

July/August 2021 Grassroots "Try-It Days"

- St Mary's: July 16 | ages 5 - 14 | 50+ kids)
- Rose Avenue Public School: July 26 | ages 6 - 12 | 40+ kids
- Ryerson Camps: July 28 | ages 6 - 16 | 55+ kids
- Variety Village Day Camps: July/August | ages 4 - 20 | 20+ kids
- Jane/Finch Boys and Girls Club: August 4 | ages 5 - 12 | 30+ kids
- Toronto City Mission (TCM) Kingston-Galloway: August 6 | (ges 8 - 13 | 12+ kids
- Toronto City Mission (TCM) Flemington: August 9 | ages 9 - 15 | 20+ kids
- Mooredale Day Camp: August 12 | ages 4 - 12 | 80+ kids
- Birchmount: August 18 & 20 | ages 4 - 11 | 40+ kids x 2 days



AO would like to recognize the contributions of the following youth/students through their work for the summer to support AO initiatives, including special mention to many AO member student athletes*:

- Alanzo Ryan* - Athletics Instructor
- Alexis Marsh* - Sports Administrator
- Ally Moran* - Athletics Instructor
- Biniosa Ezekuse* - Athletics Instructor
- Dylann Richard - Athletics Instructor
- Fatma Tuncalan - Database Administrator
- George Quarcoo* - Athletics Instructor
- Grace Gardner - Athletics Instructor
- Hazel Campell - Sports Administrator
- Herman Justino - Database Administrator
- Jessie Schnoor* - Sports Administrator
- Juliana Hendrikx* - Athletics Instructor
- Kayla Bedi - Sports Administrator
- Kenneth Pittman - Media Event Coordinator
- Madison Wilson-Walker* - Athletics Instructor
- Mason Sajder* - Sports Administrator
- Nicholas D'Alessandro* - Sports Administrator
- Nicole Florini* - Media Event Coordinator
- Nitin Sharda - Sports Administrator
- Raymond Goodman - Athletics Instructor
- Robert Lawand* - Athletics Instructor
- Roshanna Baker* - Sports Administrator
- Sadia Chowdhury - Sports Administrator
- Shai Cuffy* - Athletics Instructor
- Stephanie Hovdestad - Sports Administrator

Road, Trail & Other

This category will continue to be a focus for AO, to strengthen the reach and participation of the sport.

- Created and promoted new Race Organization membership for 2022 membership year.

Virtual Programming

- Organized **5th Annual Race Director Summit** on April 2, 2022 (delayed from January) as an inaugural hybrid event with in-person (48 participants) and virtual (21 participants) at Centennial College Event Centre, supported by targeted e-mail and social media campaigns.
- Organized four-month long **Virtual Time Trial Series** with eight bi-weekly segments during summer 2021. Events included random prize draws to incentivize participation for all levels, and year-end prizes for top participants (provided by three sponsors: WealthSense, The Runners Shop and Runners Edge).
- Hosted multiple **Virtual Race Director Town Halls** to communicate the rollout of the post-pandemic return to sport and provide emotional support through a sense of community and empathy.
- Launched the **Trillium Running Podcast in January 2021**. Every Thursday, a new podcast was released, designed to communicate resources, and share inspiring stories from our race directors, athletes, coaches, and medical professionals to our broader running community. The reach continues to grow, with 945 downloads through March 31, 2022.

In-Person Programming

- 49 sanctioned road and trail races in 2021 with 4,380 day members.
- 59 sanctioned road and trail races through March 31, 2022.
- Sanctioned races successfully occurred thanks to AO's support and communication via individual races, municipal support and Athletics Ontario's Risk Assessment and Safety Protocols.
- Trillium Running Series created to promote Athletics Ontario member participation in select sanctioned road and trail races.
- Creation of new \$25 non-competitive Road and Trail membership category.

Road, trail and other is one of the largest groups within the Athletics community, embracing participants of all ages, skills, abilities, and genders who take to the roads and trails to achieve their goals big and small.



Race Director Network

Athletics Ontario has refined an extensive database, reaching 483 Ontario road and trail race directors. We applied for the Ontario Trillium Grow Grant, and Ontario Resilient Communities Fund to assist with this growth (along with assisting virtual growth). Though unsuccessful with these grants, feedback on the grant application has been documented for further application strength.

On April 17 & 18, 2021, AO hosted the **4th Annual Race Director Summit**, held virtually due to the pandemic. Regular town halls were also made available to help update/educate Ontario race directors regarding the ongoing change in regulations due to the COVID-19 pandemic and to help boost the morale of the community.

Running Races

There were 35 sanctioned races that operated in-person in 2021 (compared to nine sanctioned races in 2020), and 95 sanctioned races in 2022, the majority of which have successfully operated in person and now many with additional virtual races added in addition to in person.

Race Organization Membership

In January 2021, we rolled out our new Race Organizer membership model which successfully attracted a total of 29 race organizations. The virtual town halls served as instructional tools to help navigate the new membership application process.



Masters Athletes

The pandemic also impacted Masters Athletes, with the cancellation of the indoor season. Given that Masters athletes were an at-risk group for Covid-19, Masters athletes were supportive of the AO mandates around PPE and vaccinations for event participation.

The cancellation served to fuel Masters athletes for a return to Athletics, resulting in a very successful Masters Outdoor Championship at the TTFC on August 14 and 15, 2021. This championship was followed up by the Masters Combined Events Championship on August 28. These two championship events proved the tenacity, resilience and drive of the Masters athletes, as they rebounded from the indoor closure. Additionally, Athletics Ontario supported Masters athletes by sanctioning a large number of Masters-friendly all-comers meets throughout the summer.

Masters athletes also enjoyed their annual three cross-country races at Sunnybrook Park. With all AO ages included, each event was a festival of XC running for all ages, truly showing the diversity of the community - including Masters participation in the provincial championship in Kingston with a dedicated 5K race.

Athletics Ontario continued to leverage their website, social media platforms, e-mail marketing database, and other communication channels to promote the important, relevant, and essential information related to Ontario Masters' activities and results. Ontario Masters have been featured in AO newsletters, with information regarding promotion of events and several record-breaking performances by Masters athletes. The Council also had a representative on the AO Strategic Planning Committee.

It is these efforts, when combined, that continue to create a successful year for Masters athletes, and lay the foundation for future success.



Under-Represented Groups

Athletics is one of, if not the, most popular sports in Ontario and is one of the most diverse and inclusive sports. It includes a wide range of events, providing participation possibilities for people with different skills, strengths, and interests. AO continues to welcome people of all different abilities, ages, economic, and social situations and of all racial, ethnic, cultural, gender, and sexual identities to participate - and will continue to support efforts of inclusion, diversity, and equity.

- **BIPOC members** - Athletics Ontario continued its social media campaign, “Celebrating #BlackExcellence” during Black History Month and highlighted BIPOC members of the Athletics Ontario Hall of Fame.
- **Guess The Athlete** – a social media initiative, athletes included were Para, male, female and BIPOC, with many of these posts garnering the most engagement on the feed.

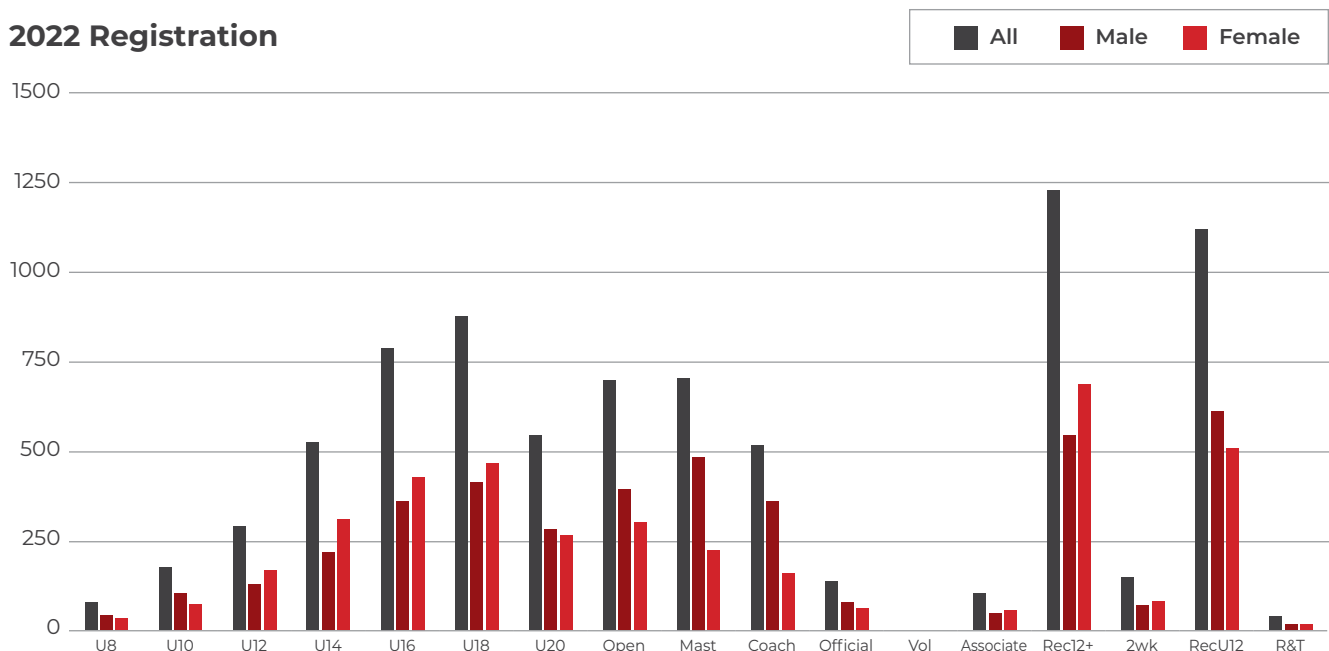
Female Participation

As illustrated in the chart below, female athletes continue to represent a larger number of our U14, U16, and U18 competitive athletes. At the U20 level, female participation is equal to that of the males, however, after that, female participation is significantly lower than males. In the recreational category, male participation is greater than female, a change in trend from 2020 (Covid).

Male athletes make up a significantly larger portion of the competitive athlete membership for the U20 athletes, and older through to Masters, as well as in non-competitive categories including officials, coaches, and associates.

Athletics Ontario will continue its focus to develop and execute strategies via its new 2022-2027 Strategic Plan and annual Operational Plan. AO is committed to encourage females to remain active participants in its programs and services; adhere to standards for equitable representation; ensure provincial opportunities for athletes, coaches, managers, and administrators; and fund programs/work with funding partners – to uplift and empower women athletes and community leaders with opportunities in the sport, with the end goal to drive organizational success and advance the sport of Athletics.

2022 Registration



COMPETITIONS

- **Provincial Competitions**
- **Elite Competitions**
- **Sanctioned Events**



Provincial Championships

All Athletics Ontario members are eligible for participation in these events, which include outdoor track and field, indoor track and field, cross country, and the road and trail championships.

The Athletics Ontario mandate is to ensure competition programs that support participation, fun, growth and over the longer-term, talent development for athletes, coaches, and technical officials. After the strict lockdowns of the past two years, it was back to full-scale competitions.

During the 2021-2022 timeframe, Athletics Ontario delivered the following provincial championships:

The AO Ontario Championship events are essential for the development of the province's athletes and coaches as one of the best platforms to prepare athletes for national and international opportunities.

Ontario Championships

- Due to the pandemic, AO did not host a 2021 indoor championship
- Outdoor U20 Track & Field championship and Open 5000m championship (July 22-25, 2021)
- Outdoor Open & Para Track & Field championship with U18/Open Combined Events championship (July 30 & August 1, 2021)
- Outdoor U18 Track & Field championship (August 7 & 8, 2021)
- Outdoor Masters Track & Field championship (August 14 & 15, 2021)
- Outdoor U16 Track & Field championship with U14/U16 Combined Events championship (August 20-22, 2021)
- Outdoor U8/U10/U12/U14 Rising Stars Festivals – West, Central & East (August 28 & 29, 2021)
- XC Rising Stars Festival – West (November 6, 2021): 254 athletes across all RS Festivals
- XC Championship with XC Rising Stars Festival – East (November 13-14, 2021): 121 Masters | 591 U16/U18/U20/Open
- Indoor U18/Open Field championship (February 26 & 27, 2022)
- Indoor Master championship (February 27, 2022)
- U18/Open Track championship (March 5 & 6, 2022)
- U16/U20 Field championship (March 12 & 13, 2022)





Sanctioned Events

During the 2021-2022 period, a total of 102 sanctioned events were delivered in Ontario (77 outdoor, 25 indoor), in addition to 14 cross-country meets and 59 road race competitions, for a total of 175 sanctioned events.

Athletics Ontario member clubs and meet directors have created a collaborative partnership to develop an integrated schedule of Athletics competitions throughout the province.

Athletics Ontario is proud to partner with high schools, OFSAA, OUA, USports, and the Royal Canadian Legion to ensure that we encourage, promote and support events that meet World Athletics, Athletics Canada, and/or Athletics Ontario specifications for seamless, accurate and timely recognition of athlete performances.

High Performance

This year more than ever, high performance athletes were challenged to be able to train, including access to facilities and limited competitions, with athletes having their entire 2020 campaign wiped out by the COVID-19 pandemic. The Olympic Games and the World U20 Championships demonstrated the resilience, determination, and grit of our athletes in the pursuit of their goals and dreams.

National/International Events with Ontario Athletes:

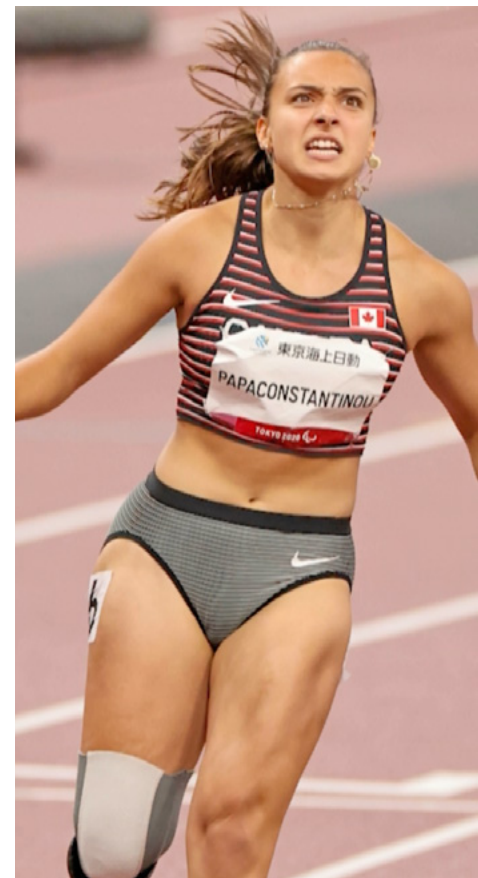
2020 Tokyo Summer Olympic Games

- Olympic team breakdown: 61% Ontario athletes with 36.8% women / 24.5% women
- Paralympic team breakdown: 45.6% AO members with 50% women / 50% men
- Total medals won: eight
- Total medals won by AO athletes: seven including, Andre De Grasse, Men's 200m gold and 100m bronze; Mohammed Ahmed, Men's 5000m silver; Damian Warner, Men's Decathlon gold; Andre De Grasse, Aaron Brown and Brendon Rodney, Men's 4 x 100m Relay bronze; Marissa Papaconstantinou, Women's 100m T64 bronze; Zachary Gingras, Men's 400m T38 bronze.
- Two of three National Olympic records set by AO athletes.
- Three of five National Paralympic records set by AO athletes.
- Ontario, if a country, would have ranked 10th in the Athletics medal points table.

2021 World Athletics U20

Championships in Nairobi, Kenya

- Ontario athletes represented 7 of the 15 (47%) athletes on Team Canada.
- Total medals won: two
- Total medals won by AO athletes: one (50%)



INFRASTRUCTURE

- Organizational Structure & Effectiveness
- Governance
- Marketing & Communications
- Culture
- Financial Stability
- Financial Audit



Organizational Structure & Effectiveness

As an independent not-for-profit corporation, AO is overseen by a volunteer Board of Directors. The team also includes a full-time staff (currently seven), and several part-time staff, who conduct the day-to-day operations, as well as manage the initiatives during the indoor and outdoor seasons.

AO's activities impact all the over 750,000 Ontarians who make up the province's Athletics community.

Key areas of activity originating from or through AO include:

- advocacy on behalf of participants and the sport;
- coach and official education and certification;
- sanctioning of meets and events;
- developing a pathway for athletes;
- setting competition rules;
- connecting organizations involved in Athletics;
- providing support and education for clubs focussed on grant opportunities and effective club governance; and,
- setting leading-edge policies to better the sport, such as safe sport, and diversity and inclusion.



Governance

For a game plan to be effective, it is important to know the objective, the rules, the team members, and the team's approach.

Athletics Ontario is committed to five key principles that flow from the core element of high standards of ethical behaviour.

- **Commitment to mission and guided by a strategic plan** – a commitment to living organizational values and incorporating risk assessment into decision-making.
- **Clarity of roles and responsibilities** – clear terms of reference and role descriptions, a committee structure aligned with strategic priorities, productive working relationships between volunteers and staff, and an avoidance of conflict of interest.
- **Effective financial control** - proper financial monitoring and recording functions, arms-length financial review through an audit committee and full compliance with all Ministry requirements.
- **Focused on safe sport, diversity, equity and inclusion** - a commitment to a safe sport for athletes, coaches, officials, volunteers and parents, combined with an environment that demonstrates, through all internal and external initiatives, a commitment to diversity, inclusion and equity at every level.
- **Transparent and accountable for outcomes and results** - transparency, engagement with members and stakeholders, and effective communications.

In the same way a coach develops a training plan and goals for an athlete or team, governance helps set the purpose for an organization, its vision, and how it will get there.

AO's commitment to governance includes its governance of the organization, as well as partnering with member clubs to improve their governance to create a stronger Athletics community.

- Partnered with three new organizations to manage Athletics Ontario's major complaints, including Sport Law, the Strategy Group, and the Sport Dispute Resolution Centre of Canada (SDRCC).
- Introduced the Safe Sport Policy and Manual.
- Updated membership policies, including the governance policy, the athlete transfer policy, and Team Ontario selection.
- Provided a Club Development Session, "Lessons Learned: Building, Growing and Creating Your Club," held on November 21, 2021, prior to the AGM. The session included presentations by Kurt Downes (Border City AC) and Michael Sherar (Royal City AC) – and was filled with valuable information for our member clubs looking to increase the reach of their clubs in the short- and long-term.



Marketing & Communications

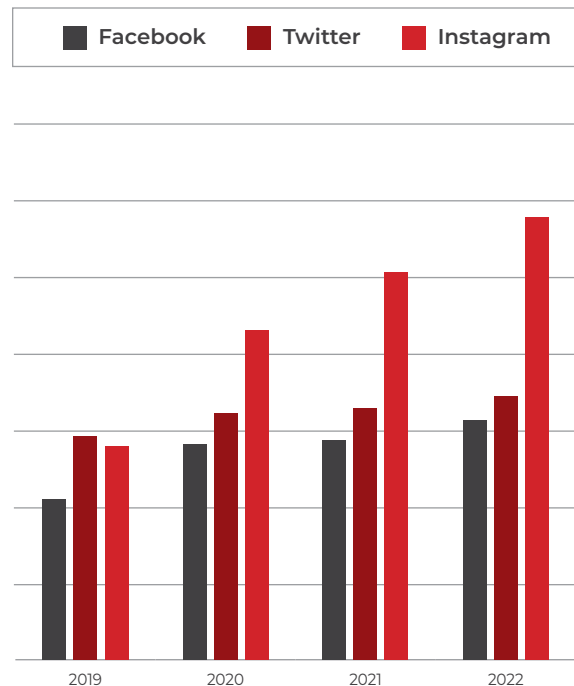
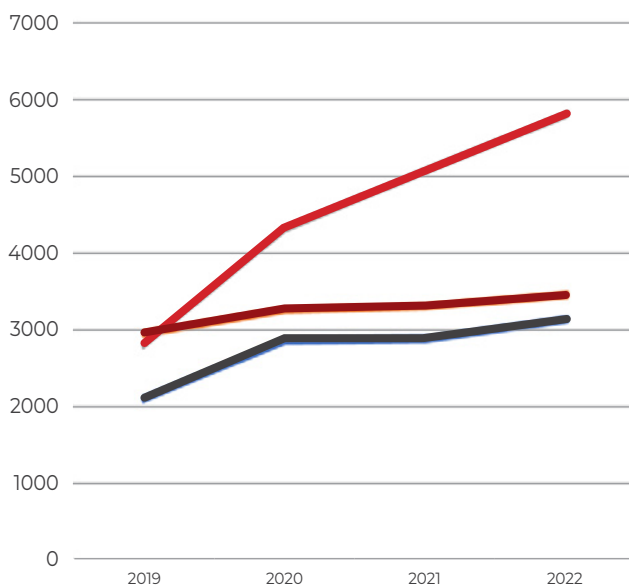
During the 2021-2022 year, Athletics Ontario continued refining its brand, soft-launching a new logo tagline – **Athletics. For you. For all. For LIFE.** Additionally, a working group and steering committee worked on the 2022-2027 Strategic Plan.

The purpose of the new strategic plan is to identify key strategic priorities to guide AO’s thinking over the next period, as it develops its annual work plans. The goal is to continue to meet all AO’s PSO responsibilities while prioritizing certain key areas that are the most likely to have the greatest impact on achieving its Mission.

The AO brand continues to grow in recognition, with an increasing base of followers inside and outside the sport.

- Hosted Virtual Awards Gala over two evenings (100 participants) with emcee, Olympian Kate Van Buskirk – and keynote speakers Olympians Mohammed Ahmed and Damian Warner, and Paralympian, Marissa Papaconstantinou.
- Follower growth throughout the year maintained an upward trend, with increased engagement and an expanded social community.
- With a concerted focus, Instagram continues to be our greatest asset from a social media and communication perspective, with the biggest follower base, the most interactions/engagement, and the largest bulk of new followers – a trend dating back to 2018. Facebook, Twitter, and LinkedIn have been secondary social platforms, with each filling a specific need and targeting a specific audience. Each can be used more effectively and strategically, to advance the brand, organization and sport.

AO Social Media Growth



The AO team will continue to double down on its social media presence to increase engagement with the community; grow its online presence; publish relevant content on a regular basis; and promote athletes and events. This will be achieved through a consistent social media and communication strategy to emphasize consistency in branding, communication, and interaction with our followers/members – and a focus on highlighting athletes through pictures, videos and articles.

These efforts will allow AO to continue to leverage its existing communications channels and expand its communications with new media and social platforms. This focus on effective, efficient communications goes beyond social media to include the weekly *Around the Track* newsletter, targeted e-mail campaigns, news releases, and more.



INSTAGRAM FEED



SOCIAL MEDIA FOLLOWERS

	Instagram	Twitter	Facebook
Followers April 1, 2021	5,071	3,296	2,877
Followers March 31, 2022	5,804	3,452	3,129
Total Growth	733	156	252
Growth Percentage	14.5%	4.7%	8.8%

Culture

The culture of the organization is paramount in terms of the effective execution of all activities, retaining the best of the best, and creating a best-in-class PSO.

AO Town Halls – Athletics Ontario continues to host bi-weekly town halls for its clubs, coaches, and officials. Launched at the start of the pandemic, participation continues to be strong, with between 50-80 participants – and three quarters of the participants attending twice a month – proof of an engaged community. Each town hall is specific to the audience and includes information and updates pertinent to the key current and relevant topics (DE&I, the value of coach/official education, upcoming events, and other athletics-related conversations). Each town hall also includes an open Q&A to allow for full participation, allowing great collaboration, problem-solving and information-sharing by clubs and coaches. This further underscores the shift to a positive, open, and equitable culture.

The activities and initiatives outlined are the key undertakings that supported a culture of inclusivity, diversity, equity, and success.



Photo: life2photography

Athletics Ontario Operational Committees

Athletics Ontario extends huge gratitude and thanks to the volunteers who generously donate their time to serve on our operational committees. Through their contributions and expertise, AO can offer robust, inclusive, and rich programs to meet the needs of our organization, its members, and the Athletics community. There continue to be many ways to be involved and give back to the sport. Those interested in being part of the future of Athletic may contact AO directly.

AO Board Committees include:

- Executive
- Finance
- Governance and Nominations
- Human Resources
- Risk Management

AO Ad Hoc/Operational Committees:

- AO Officials
- Awards
- Competitions
- Hall of Fame
- Programs and Services
- Technical
- Quest for Gold
- Fundraising, Grants and Sponsorships
- Communications, Marketing, Community Relations & Brand Awareness
- Masters Council
- Athlete Advisory Committee

AO 2021 Virtual Awards Gala

AO hosted its first-ever Virtual Awards Gala on December 8 & 9, 2021. Over the two nights, a total of 100 participants joined and were treated to the launch of the year-in-review video; special guest speakers including Marissa Papaconstantinou, Damian Warner, and Mo Ahmed; the Hall of Fame induction; All Ontario athlete recipients; club champions; and special recognition. AO also launched its *Fan Favourite Moment*, with the winner voted on via social media. It was a great evening of community, learning and recognition.





HALL OF FAME

2020



JESSICA ZELINKA

AO HALL OF FAME
2020 INDUCTEE
ATHLETE



KYLE PETTEY

AO HALL OF FAME
2020 INDUCTEE
ATHLETE

RON WALLINGFORD

AO HALL OF FAME
2020 INDUCTEE
BUILDER & ATHLETE



AL SOKOL

AO HALL OF FAME
2020 INDUCTEE
BUILDER

JIM GRIFFIN

AO HALL OF FAME
2020 INDUCTEE
BUILDER



HALL OF FAME

2021



AO HALL OF FAME
2021 INDUCTEE
ATHLETE

LOUISE WALKER



VICTOR PICKARD

AO HALL OF FAME
2021 INDUCTEE
ATHLETE



KEN HALL

AO HALL OF FAME
2021 INDUCTEE
BUILDER



ROMAN OLSZEWSKI

AO HALL OF FAME
2021 INDUCTEE
BUILDER



NORM CREEN

OMA HALL OF FAME
2021 INDUCTEE



All-Ontarians - Sprints/Hurdles

U14

Samuel Amari
Myles Clinton
Shannon Dewar
Victoria Ford

Emilie Gervais
Alexia Jones
Seth Laming
Camryn Larkan

Nola Ma
Zoey Mizzi
Savanah Reid
Victoria Zolaturiuk

U16

Janae Dawes
Bryana Gaynor
Jahleel Haley

Nahshon Hall
Asia Phillips
Trinity Shadd-Ceres

Kiara Webb

U18

Amelia Van Brabant
Benjamin Brewer
James Crawford
Desmond Fraser

Riana Green
Emily Martin
Christopher Morales
Peace Omonzane

Hailey Reid
Reyne Rodrigues
Arman Shahzadeh

U20

Alexander Collins
Isabella Goudros

Jenna James
Michael Roth

Almond Small

OPEN

Mariam Abdul-Rashid
Eliezer Adjibi
Bolade Ajomale
Kelsey Balkwill
Khamica Bingham
Bismark Boateng
Aaron Brown
Alicia Brown

Kyra Constantine
Andre De Grasse
Crystal Emmanuel
Lauren Gale
Natasha McDonald
Noelle Montcalm
Philip Osei
Madeline Price

George Quarcoo
Brendon Rodney
Shyvonne Roxborough
Gavin Smellie
Craig Thorne
Mariah Williams

PARA

Bianca Borgella
Isaiah Christophe
Zachary Gingras
Austin Ingram

Owen Konkle
Erik Kuchemann
Jessica Lewis
Marissa Papaconstantinou

Nandini Sharma
Austin Smeenck

MASTERS

Karla Del Grande
Christy Ihunaegbo

Serge Faucher
Ward Hazen

Lenroy Henry
Renata Macherzynska



All-Ontarians – Distance

U14

Cameron Anderson
Kaleb Dingman
Alexandra Jackson

Logan Klomps
Ayla Laing
Rayane Link

Brayden Macnevin
Abigail Martin
Keira Snelling

U16

Cameron Bennett
Emily Cescon
Travis Gaffney

McKenna Gibb
Jacob Paul
Gabriella Ruggeri

Abigail Sadler

U18

Noah Booth
Adriano Padoin-Castillo
Aiden Coles
Cole Coupal

Olivia Dodds
Micaiah Ellis
Riley Flemington
Gabby Jones

Ryder King
Louise Stonham
Acadia Tremain

U20

Abdullahi Hassan
Hallee Knelsen

Zachary McPhee
Abbey Yuhasz

OPEN

Mohammed Ahmed
Melissa Bishop-Nriagu
Cleo Boyd
Andrew Davies
Gabriela Debues-Stafford
Matthew Hughes

Madeleine Kelly
Justyn Knight
Brandon McBride
Rohan Nowbotsing
Nicholas Pedersen
Marcel Scheele

Andrea Seccafien
Julie-Anne Staehli
Lucia Stafford
Ashley Taylor
Kate Van Buskirk

MASTERS

Jay Brecher
Chris Deighan
Stuart Galloway

Sasha Gollish
Liz Schad
Elizabeth Waywell

Jianping Xu



All-Ontarians – Jumps

U14

Oviya Suresh

U16

Liam Miller

Shadae Thompson

William Willson

U18

Daniela Beckett

Arienne Birch

Stephen Davis

U20

Heather Abadie

Isabelle Hill

Kenneth West

Emma Dale

Emily Omahen

Bennett Woods

All-Ontarians – Throws

U14

Kirthiga Gumarathas

Emma Negri

Jenna Tunks

U16

Thomas Dallman

Benjamin Shafransky

Julia Tunks

U18

Jessie Buck

Matthew Ing

Alex Seagris

Nathan Casanova

Andre Mollet

Oscar Xu

U20

Biniosa Ezukuse

Josh Linington

Callan Saldutto

Blake Foster

Billie Martin

Spencer Lewis

Makayla Roy

OPEN

Kaitlin Brooks

Evan Karakolis

Jason Tunks

Mark Bujnowski

Sarah Mitton

Trinity Tutti

Brittany Crew

Timothy Nedow

Jillian Wei

Bailey Dell

Jared Skeath

PARA

Charlotte Bolton

Tiffany Gaudette

Renee Foessel

Anthony Mcmillan

MASTERS

Kristen Dajia

Mike Ransky

Jason Tunks

Joanne Den Iseger

Ruth Rezaï

Boris Zaitchouk



All-Ontarians – Combined Events

U14

Birenavan Balaramana
Evan Blake

Noah Dyke
Kyjiah Slowley

Lucy Young
Phoenix Young-Lazo

U16

Sayanthan Arulrajan
Hasveena Arulrajan

Carson Gauthier
Caitlyn Thompson

Ava Young

U18

Dani Allen

Arwin Mathi

U20

Nicole Beach
Tayah Desousa

Owen McDonald
Abby Weening

Officials



Official of the Year
Brian Keaveney



Athletics Canada Officials Wall of Honour
Barclay Frost



Athletes Of The Year

U14



Jenna Tunks
Female Athlete of the Year



Jalheel Haley
Male Athlete of the Year

U16



Trinity Shadd-Ceres
Female Athlete of the Year



Julia Tunks
Female Athlete of the Year



Carson Gauthier
Male Athlete of the Year

U18



Emily Martin
Female Athlete of the Year



Ryder King
Male Athlete of the Year



Stephen Davis
Male Athlete of the Year

U20



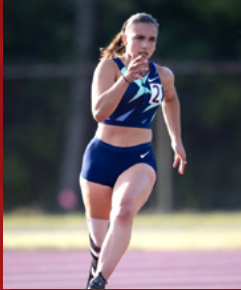
Heather Abadie
Female Athlete of the Year



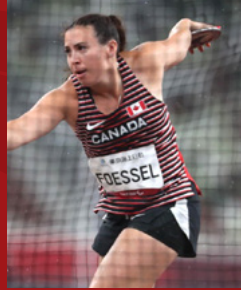
Abdullahi Hassan
Male Athlete of the Year



PARA



Marissa Papaconstantinou
Track Female Athlete of the Year



Renee Foessel
Field Female Athlete of the Year



Zachary Gingras
Track Male Athlete of the Year



Anthony McMillan
Field Male Athlete of the Year

OPEN



Gabriela Debues-Stafford
Female Athlete of the Year



Damian Warner
Male Athlete of the Year



COMMUNITY SERVICE AWARD



Steven Fife

SPECIAL RECOGNITION



Doug Smith
The Sovereign's Medal for Volunteers

FAN FAVOURITE MOMENT



Riana Green
Quadruple medal performance at
the 2021 U18 provincial championship



Club Champion Awards

OVERALL

London Western TFC



RISING STARS

United Tamil Sports Club



U16

Thorold Elite Track Club



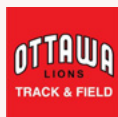
U18

London Western TFC



U20

Ottawa Lions T.F.C.



OPEN

Royal City Athletics Club



MASTERS

The Throwers Club



PARA

Cruisers Sports



CROSS COUNTRY

Newmarket Huskies



Financial Stability

The financial stability of the organization is critical to ensure the long-term viability of AO and Athletics in Ontario – and to preserve future programming for Athletics. To further underpin the financial stability of the organization and sport, AO received the following grants in the 2021-2022 year.

- **2021-2022 Branch Grant Program** (via Athletics Canada)
 - Grant submission valued at \$50,500
- **Canada Summer Jobs Program** (federal grant with an emphasis on hiring youth between the ages of 15 to 29 years old from underserved and diverse communities) to (1) deliver high-quality recreational and sport programming to underserved communities and under-represented groups; (2) deliver RJTW/Try-It programs; and (3) support AO programming including the 2021 summer season championships.
 - Grand valued at \$203,000 to hire 25 students.
- **Surge Activewear:** a provider of athletic gear, AO secured a partnership valued at \$10,975, to provide apparel for all AO championships, team programs, and AO staff, officials, and volunteers.
- **2021-2022 PSO Funding to Member Community Sports Clubs**
 - Total of \$68,000 to fund AO Member community sport clubs & race organizations
- **Federal Government Covid Relief Wage Subsidy**
 - \$104,000 received in 2021-2022



ATHLETICS ONTARIO
(A corporation without share capital)
FINANCIAL STATEMENTS
March 31, 2022

ATHLETICS ONTARIO
(A corporation without share capital)

FINANCIAL STATEMENTS

March 31, 2022

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Notes to the Financial Statements	7 to 10

INDEPENDENT AUDITOR'S REPORT

To the Members of
Athletics Ontario
(A corporation without share capital).

Opinion

We have audited the financial statements of Athletics Ontario (the "Corporation"), which comprise the statement of financial position as at March 31, 2022, and the statements of income and expenditures, members' equity and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of Athletics Ontario as at March 31, 2022, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

Basis for Opinion

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Corporation in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management and directors are responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing these financial statements, management is responsible for assessing the Corporation's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Corporation or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Corporation's financial reporting process.

133 Main Street East, Milton, Ontario L9T 1N7

Phone: (905) 876-2462 Fax: (905) 876-2463 E-mail: turnbull_thompson_cas@on.aibn.com

INDEPENDENT AUDITOR'S REPORT (cont'd)

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Corporation's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Corporation's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Corporation to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Milton, Ontario,
August 31, 2022.

Sumnbell, Thompson


**CHARTERED PROFESSIONAL ACCOUNTANTS
LICENSED PUBLIC ACCOUNTANTS**

ATHLETICS ONTARIO
(A corporation without share capital)
STATEMENT OF FINANCIAL POSITION

March 31	2022	2021
ASSETS		
CURRENT ASSETS		
Cash	\$ 1,588,873	\$ 1,143,691
Accounts receivable	206,110	35,371
Inventory	21,429	23,873
Prepaid expenses	7,247	4,286
	\$ 1,823,659	\$ 1,207,221
LIABILITIES		
CURRENT LIABILITIES		
Accounts payable and accrued liabilities	\$ 117,170	\$ 55,976
Government sales taxes payable	26,779	19,429
CEBA bank loan payable (note 5)	60,000	60,000
Deferred revenue (note 3)	784,726	296,621
	988,675	432,026
MEMBERS' EQUITY	834,984	775,195
CONTINGENCIES (note 4)		
	\$ 1,823,659	\$ 1,207,221

See accompanying notes on pages 7 to 10.

Approved by the Board:



Dean Hustwick
Chair



Scott Currier
Treasurer

ATHLETICS ONTARIO
(A corporation without share capital)
STATEMENT OF MEMBERS' EQUITY

For the Year Ended March 31	2022	2021
MEMBERS' EQUITY , beginning of year	\$ 775,195	\$ 605,365
Excess of income over expenditures, for the year	<u>59,789</u>	<u>169,830</u>
MEMBERS' EQUITY , end of year	\$ 834,984	\$ 775,195

See accompanying notes on pages 7 to 10.

ATHLETICS ONTARIO
(A corporation without share capital)
STATEMENT OF INCOME AND EXPENDITURES

For the Year Ended March 31	2022	2021
INCOME		
Membership	\$ 462,315	\$ 351,843
Events and services	264,073	72,918
Grants	810,061	392,803
Canada Emergency Wage Subsidy (note 5)	104,120	170,217
	1,640,569	987,781
EXPENDITURES		
Fees and general expenses	716,068	599,403
Events and services	864,712	218,548
	1,580,780	817,951
EXCESS OF INCOME OVER EXPENDITURES, for the year	\$ 59,789	\$ 169,830

See accompanying notes on pages 7 to 10.

ATHLETICS ONTARIO
(A corporation without share capital)
STATEMENT OF CASH FLOWS

For the Year Ended March 31	2022	2021
CASH FLOWS FROM OPERATING ACTIVITIES		
Excess of income over expenditures, for the year	\$ 59,789	\$ 169,830
Change in other non-cash operating accounts:		
Accounts receivable	(170,739)	33,381
Deferred revenue	488,105	87,204
Inventory	2,444	941
Prepaid expenses	(2,961)	9,694
Accounts payable and accrued liabilities	61,194	(91,716)
CEBA bank loan payable (note 5)	-	60,000
Government sales taxes	7,350	(21,080)
	385,393	78,424
INCREASE IN CASH, for the year	445,182	248,254
CASH, beginning of year	1,143,691	895,437
CASH, end of year	\$ 1,588,873	\$ 1,143,691

See accompanying notes on pages 7 to 10.

ATHLETICS ONTARIO
(A corporation without share capital)
NOTES TO THE FINANCIAL STATEMENTS
March 31, 2022

1. PURPOSE OF THE ORGANIZATION

Athletics Ontario (formerly known as The Ontario Track & Field Association) is an organization which promotes amateur athletics by assisting athletes to train for and compete in athletic competitions held throughout Ontario, Canada and the world in all track and field sports and to arrange courses of instruction in all aspects of track and field sports for athletes, officials and other interested persons.

For income tax purposes Athletics Ontario qualifies as a not-for-profit organization which is exempt from income tax under the Income Tax Act.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

These financial statements have been prepared in accordance with Canadian accounting standards for not-for-profit organizations. The significant policies are:

a) Revenue Recognition

The association follows the deferral method of accounting for grant revenue. Unrestricted grants are recognized as revenue when received or receivable. Externally restricted grants are recognized as revenue in the year in which the related expenses are incurred. Registration fees are prorated on a calendar year basis.

b) Capital Assets

Capital asset additions are charged against income at the time of acquisition.

c) Use of Estimates

The preparation of financial statements in accordance with Canadian accounting standards for not-for-profit organizations requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities at the date of the financial statements, and the reported amounts of revenues and expenses during the reported period. Actual results could differ from management's best estimates as additional information becomes available in the future.

d) Financial Instruments

Unless otherwise noted, it is management's opinion that the organization is not exposed to significant interest rate or credit risks arising from its financial instruments. The organization's financial instruments consist of cash, accounts receivable, inventory and accounts payable and accrued liabilities. As at March 31, 2022, the carrying value of the organization's financial instruments approximates their fair value.

ATHLETICS ONTARIO
(A corporation without share capital)
NOTES TO THE FINANCIAL STATEMENTS

March 31, 2022

3. DEFERRED REVENUE

	March 31 2021 Deferred	Grant Revenue	Grant Expenditure	March 31 2022 Deferred
GRANT				
MHSTCI - Federal	\$ 9,298	\$ -	\$ 9,298	\$ -
MHSTCI - Provincial	71,428	564,542	71,428	564,542
OHPSI	47,720	124,605	172,325	-
	<u>128,446</u>	<u>\$ 689,147</u>	<u>\$ 253,051</u>	<u>564,542</u>
OTHER				
Master funds	45,460	\$ -	\$ 10,000	35,460
	<u>45,460</u>	<u>\$ -</u>	<u>\$ 10,000</u>	<u>35,460</u>
REGISTRATION				
Beginning of year April 1, 2021 to November 30, 2021	122,715	\$ -	\$ 122,715	-
December 1, 2021 to March 31, 2022	-	227,343	227,343	-
	<u>-</u>	<u>246,298</u>	<u>61,574</u>	<u>184,724</u>
	<u>122,715</u>	<u>\$ 473,641</u>	<u>\$ 411,632</u>	<u>184,724</u>
	<u><u>\$ 296,621</u></u>			<u><u>\$ 784,726</u></u>

4. CONTINGENCIES

The organization is currently defending two claims which are being handled by the organization's insurer. When the claims are settled any expenses incurred on the settlements will be charged to the appropriate expense in the statement of income and expenditures in that fiscal year.

ATHLETICS ONTARIO
(A corporation without share capital)
NOTES TO THE FINANCIAL STATEMENTS
March 31, 2022

5. PANDEMIC AND GOVERNMENT SUPPORT PROGRAMS

On March 11, 2020, the World Health Organization assessed the coronavirus outbreak (COVID-19) as a pandemic. In Canada, the Government of Ontario declared a state of emergency under Sec. 7.0.1 (1) of the Emergency Management and Civil Protection Act on March 17, 2020 with respect to COVID-19. The emergency measures enacted to combat the spread of the virus included the implementation of travel bans, self-imposed quarantine periods and social distancing, which have caused material disruption to businesses globally resulting in an economic slowdown. This has caused significant business disruption to the organization with some restrictions caused by social distancing. There is considerable uncertainty around the duration of these restrictions. The impact of COVID-19 is expected to continue to negatively impact the organization's revenues and member base. As of the date of these financial statements, the extent to which COVID-19 impacts the organization's results will depend on future developments, which are highly uncertain and cannot be predicted and are dependent upon new information which may emerge concerning the severity of COVID-19 and actions taken to contain the virus or its impact, among others.

The Canadian government has implemented support programs for charities with the intent to reduce the impact of revenue declines. Management has determined that the organization has qualified for the Canada Emergency Wage Subsidy - a wage subsidy provided to employers that experienced a legislated minimum revenue decline and continued to compensate their employees; and the Canada Emergency Business Account - a loan from the organization's financial institution for \$60,000 that is non-interest bearing until December 31, 2023 and to which a grant may be allowed of up to \$20,000 provided the loan proceeds are used for qualified expenditures and the loan is repaid before December 31, 2023. The grant will be recorded in the year the loan is repaid.

For the current fiscal year the calculated wage subsidy for the organization amounted to \$104,120 (2021 - \$170,217).

6. COMMITMENT

The association has a contractual obligation for a rental lease of their premises commencing July 2021 for \$2,293 per month.

ATHLETICS ONTARIO
(A corporation without share capital)
NOTES TO THE FINANCIAL STATEMENTS
March 31, 2022

7. FINANCIAL INSTRUMENTS - risk management

Interest rate risk

Interest rate risk is the risk of potential financial loss caused by fluctuations in fair value of future cash flow of financial instruments due to changes in market interest rates. The association is not exposed to this risk as its cash balances are on deposit at a major financial institution.

Credit risk

Credit risk is the potential for financial loss should a counter-party in a transaction fail to meet its obligations. The corporation places its operating and reserve cash and investments with high quality institutions and believes its exposure is not significant. The association's credit risk from accounts receivable is not significant.

Liquidity risk

Liquidity risk is the risk that the association will not be able to meet its obligations as they become due. The association manages this risk by establishing budgets and funding plans and by reviewing its membership fees annually to fund its operating expenses.

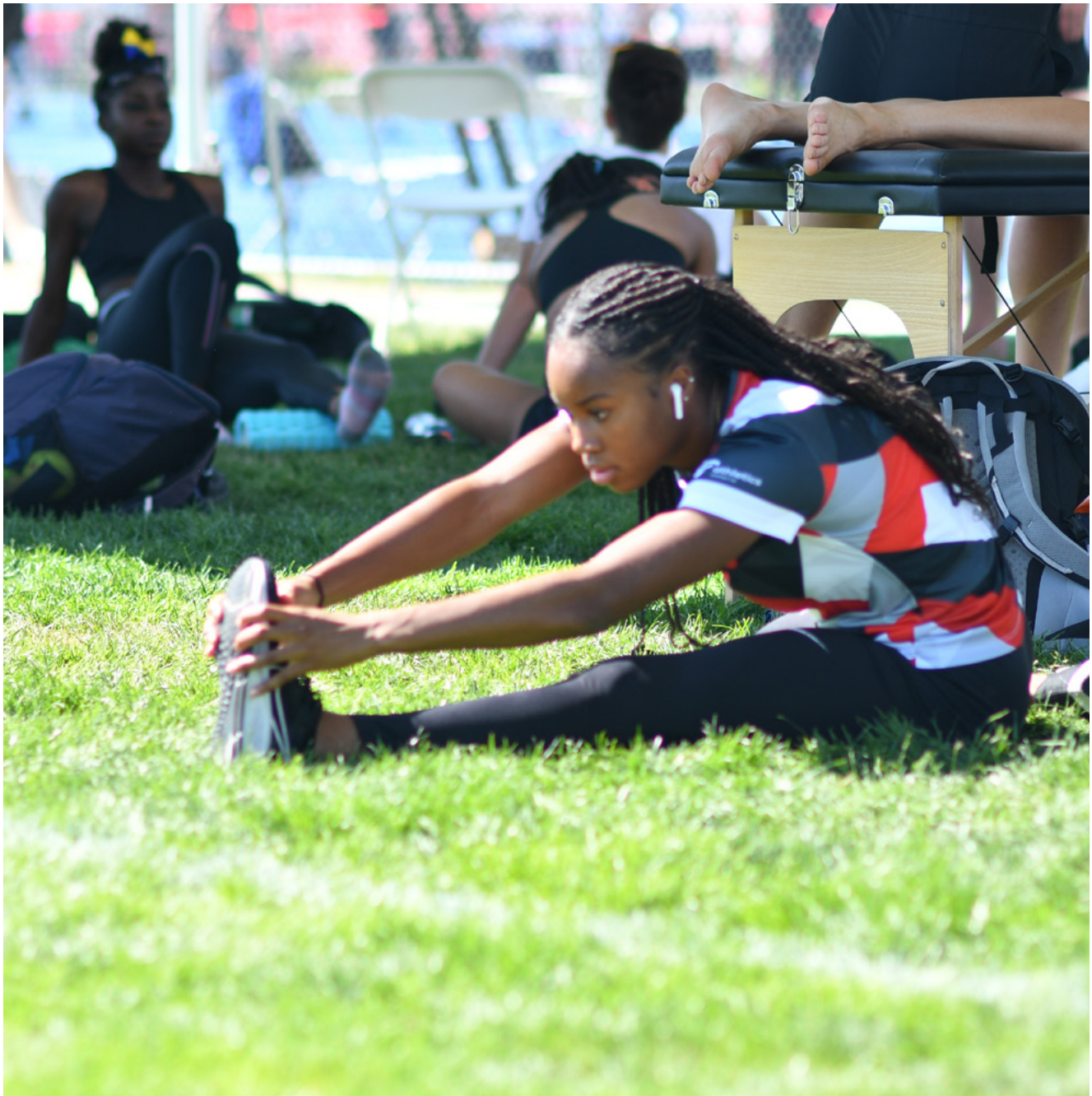
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