



YEAR IN REVIEW

2022-2023



athletics
ontario

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Thank you to the outstanding photographers who captured our events: Flok Studio Sports, JJ Sports Photography, Kosuke Media, MGB4Sports, Mark Dwyer, Mundo Sports Images, Raj Rajakulathilakan, Rob Ross, Shaggy's Photos by Doug Smith, Zachary Sikka, and the AO Media Team - Conor Nesbitt, Olivia Karlo and Will Rochon.

Message from the President and Chair of the Board, and Chief Executive Officer

As we approach the close of another dynamic year, it is with great pleasure that we present the Athletics Ontario **Year-End Report for 2022-2023**.

This year has been marked by resounding success, substantial membership growth, and remarkable achievements provincially, nationally, and internationally. With the Olympic year on the horizon, we stand poised for even greater heights.

We are thrilled to report a significant surge in membership, a testament to our collective efforts in fostering a vibrant and inclusive Athletics community. Participation in meets across Ontario has exceeded expectations, emphasizing the dedication and passion of our members.

Our athletes have demonstrated exceptional prowess on the global stage, underscoring Ontario's position as a powerhouse in the sport. Their achievements stand as a testament to the excellence and dedication that define our organization, from the athletes to the coaches, from the officials to the volunteers.

This past year, our Board and staff came together for a planning retreat, setting the course for our organization's future. Central to our focus this year were three pivotal initiatives:

- 1. Awards Gala and Hall of Fame:** A celebration of excellence, recognizing the remarkable achievements of athletes, coaches, and contributors to our sport.
- 2. Road & Trail Events:** An exciting expansion of our competitive landscape, offering new challenges and opportunities for our community including event race booth participation, community engagement and the Road & Trail Athlete Ambassador Program.
- 3. Grassroots Development:** The future of the sport begins with introducing young kids to the sport and strengthening our ties to communities across Ontario. We achieved this through our youth development partnerships, Regional Rising Stars Festivals, and community outreach projects.

The Yukon was the location of the Athletics Canada 2023 Annual General Meeting. The event was very productive in a spectacular setting, which helped to emphasize the significance of Athletics as a national organization that brings together individuals of diverse backgrounds, ages, and abilities from coast to coast to coast. Working collaboratively, the participants of the AGM – including board members and staff from Athletics Canada and all the branches across the country – continued to work on national strategies to grow the sport, improve financial sustainability, and enhance the value and benefits to our members.

Our ongoing emphasis on Safe Sport leadership, coupled with investigations and litigation, truly underscores the vital importance of upholding appropriate behaviour, conduct, and leadership within our community. To support this, we revisited our policies to accommodate a new process through the Athletics Canada Commissioner's Office which will take effect in 2024, reinforcing our commitment to transparent and accountable governance.

As we reflect on the milestones achieved in the past year, we look forward with eager anticipation to the Olympic year ahead. Together, we will continue to inspire, engage, and provide value to the 750,000+ Athletics participants in Ontario.

On behalf of the Board of Directors and Athletics Ontario, thank you for your unwavering dedication and support. Here's to a future marked by even greater triumphs and advancements in the world of Athletics.



Dean Hustwick
President and Chair
of The Board



Paul Osland
Chief Executive
Officer

Who We Are

As an independent not-for-profit corporation, AO is overseen by a volunteer Board of Directors. The team also includes a full-time staff (currently eight), and several part-time staff, who conduct the day-to-day operations, as well as manage the initiatives during the indoor and outdoor seasons.

AO is recognized as the Provincial Sport Organization (PSO) for Athletics – track and field; cross country, road, trail and other running and walking; Para-Athletics; and any other events sanctioned by Athletics Canada – by the Ontario Ministry of Tourism, Culture and Sport.



As the PSO, AO is the governing body for Athletics in Ontario, and plays an essential role in developing the sport and encouraging participation across all ages and abilities in both the recreational and competitive streams.

Athletics in Ontario

Athletics is one of, if not the, most popular sports in Ontario and is one of the most diverse and inclusive sports. It includes a wide range of events, providing participation possibilities for people with different skills, strengths and interests. AO's activities impact all of the over 750,000 Ontarians who make up the province's Athletics community.

This community includes athletes, coaches, officials and volunteers from schools, colleges and universities; recreational and competitive clubs; and individuals who engage in Athletics on their own.

Key areas of activity originating from or through AO include advocacy on behalf of participants and the sport; coach and official education and certification; sanctioning of meets and events; developing a pathway for athletes; setting competition rules; connecting organizations involved in Athletics; and setting leading-edge policies to better the sport, such as safe sport, and diversity and inclusion.





Vision

**Athletics.
For You. For All.
For LIFE.**

Mission

Play a leadership role in fostering and growing participation, development, equity, and excellence in Athletics in Ontario.

Focus on all aspects of recreational and competitive Athletics.

Go beyond the field of play to emphasize the importance of long-term physical and mental well-being, and fundamental physical literacy for all participants.

Encourage participation in Athletics to create an extraordinary foundation of life skills including goal setting, a strong work ethic, teamwork, overcoming challenges, and having fun.

AO Values

These values are the threads of the fabric that make up the vibrant Athletics community. **AO is committed to upholding these values and fostering them in the sport of Athletics in Ontario and beyond.**

INCLUSIVITY

Leave no one out AO welcomes people of all different abilities, ages, economic, and social situations and of all racial, ethnic, cultural, gender, and sexual identities.

SAFETY

All participants must be and feel safe AO believes that all participants in Athletics have the right to participate in a physically and personally safe environment, where support and respect are the governing principles – and that all participants must have an effective way to raise safety concerns.

PERSONAL SATISFACTION

Positive experiences, achievement, and health AO believes that participation in Athletics should be a positive experience involving fun, challenge, and achievement – and is an important lifetime pursuit leading to better physical, mental, and emotional health and well-being.

EXCELLENCE

Always strive for excellence AO pursues excellence in all it does, from the performance of athletes, coaches, officials, volunteers, and its member clubs, to care for the environment, to its own governance and stewardship of its resources and people.

INTEGRITY

We do as we say AO believes that honesty and ethical behaviour are the cornerstones of proper and successful participation in Athletics.



Strategic Priorities

🏆 Demonstrate Leadership for Athletics in Ontario

There are many different organizations involved in Athletics in Ontario. Many are small, and many are dependent on significant volunteer support. Organizational and management matters and priorities are a constant challenge. **AO has an important role to play in assisting and supporting these organizations, and showing leadership in developing and adopting best practices.**

- Be A Strong Advocate and Expert Voice
- Promote New and Enhanced Athletics Facilities
- Online Hub
- Discipline and Dispute Resolution
- Upgrade Coach and Official Certification

🏆 Build Engagement with Ontario's Athletics Community

Athletics includes a large number of activities organized by many different groups, some of which are connected to AO and many of which are not, creating a challenging maze to navigate. **It is critical that AO build solid working relationships with these various groups to support and help coordinate efforts for the benefit of Athletics and its participants.**

- Build Positive Relationships
- Promote Inclusion and Safe Sport
- Promote A Positive Environment
- Enhance the Spectator and Volunteer Experience
- Enhance Opportunities for Underserved and Remote Communities

🏆 Expand Athletics Ontario's Resources

The AO mandate is very broad. More resources would allow AO to focus – or focus more deeply – on additional strategic activities. **AO also requires additional resources to develop and maintain a competitive compensation program to be able to successfully recruit and retain highly-qualified, committed and skilled staff.**

- Develop a New Alum Program
- Seek Sponsorships and Partnerships
- Public Relations and Fundraising Events
- Increase AO Membership



2022–2023 YEAR-END REPORT

SPORT DEVELOPMENT

- Athlete
- Coach
- Official



Athlete Development

Ontario High-Performance Sport Initiative

The inception of the OHPSI program was driven by a vision to create a comprehensive provincial high-performance sports system, equipping athletes and coaches with the resources and backing crucial for excelling on the national and world stage. At its core, this initiative aims to spot and bolster Ontario's most promising athletes, nurturing them toward a future of international triumphs on senior national teams. This pursuit encompasses not only the Olympic pathway for all able-bodied athletes but also the Paralympic track, embracing all classifications of Para athletes.



Number of Athletes

Olympic Stream: U23

- Female: 14 | Male: 14

Olympic Stream: Development

- Female: 10 | Male: 5

Para Stream

- Female: 3 | Male: 3

Team Ontario National XC Team selected with 36 athletes

Branch Team Results

- U18 Girls 4km | Ontario: 2nd
- U18 Boys 6km | Ontario: 1st
- U20 Women 6km | Ontario: 2nd
- U20 Men 8km | Ontario: 1st
- Open Women 10km | Ontario: 1st
- Open Men 10km | Ontario: 1st

Ontario Top Performers/Individual Champions

- U18 Girls ***Gabby Jones** (ON) 1st
- U18 Boys ***Erik Unger** (ON) 1st
- U20 Women ***Emily Cescon** 4th
- U20 Men ***Roman Mironov** 1st
- Open Women ***Julie-Anne Staehli** 1st
- Open Men **Connor Black** 1st

*Represented Team Ontario for the branch competition.

Athlete Support

Direct-to-athlete **Quest for Gold** funding:

- \$226K in funding for three programs in the high-performance space:
 1. ON vs. QC U16 Dual Championship Meet
 2. Support for therapy lead at 2023 Provincial Championships and 2023 National Championships
 3. Direct-to-athlete funding for a total of **113** athletes:
17 Para Full Card **71** Full Cards **25** Half Cards



Access to the **Canadian Sport Institute Ontario** (CSIO) – clinics, workshops, injury screening, doctors/physiotherapy.

- IST support at major competitions.
- Held first **National Throws Summit** in collaboration with BC Athletics over two weekends – **62** participants: **12** athletes, **50** coaches.
- Hosted the first **Athletics Ontario Jumps Symposium** over three days in collaboration with the University of Toronto: **41** coaches in attendance (total **53** participants – **31** in-person, **22** virtual).
- Hosted “**Becoming Para Ready**” clinic.

HP Competition Opportunities

- Hosted the first-ever **Racewalking Summit** in partnership with **Bytown Walkers** from May 6-8, 2022.
- Four high-performance competitions held by AO for Olympic hopefuls:
 1. May 13-15, 2022 **Ottawa High Performance Weekend** (Ottawa, ON)
 2. May 21, 2022 **Johnny Loaring Classic** (Windsor, ON)
 3. May 29, 2022 **Bob Vigars Classic** (London, ON)
 4. June 8, 2022 **Royal City Inferno** (Guelph, ON)
- **13 Provincial** and **6 National** records broken throughout the indoor season.
- Organized and hosted the **Ontario Summer Games** in Mississauga, ON over three days with **310** athletes (Female: 168 | Male: 142) and **22** staff (Female: 8 | Male: 14).
- Organized and supported Team Ontario at the **Canada Summer Games** (including both Olympic and Paralympic stream athletes) with **64** athletes (Female: 31 | Male: 33), **8** coaches (Female: 3 | Male: 5), and team manager (Female: 1).

Medal Count:

- Individual
 - Gold** Women: 8 | Men: 11
 - Silver** Women: 10 | Men: 7
 - Bronze** Men: 4
- Relays
 - Gold:** Men's 4x100m
 - Silver:** N/A
 - Bronze:** Men's 4x400m
- Hosted first-ever provincial **AO Throws Summit** (April 29-May 1, 2022), with both an educational component and a meet.
 - **Educational Portion:**
 - Education leads from AO: **3**
Female: 0 | Male: 3
 - Total number of coaches: **18**
Female: 8 | Male: 10
 - **Meet Portion:**
 - Total number of athletes: **68**
Female: 24 | Male: 44





- Hosted Team Québec for the **2023 ON vs. QC U16 Dual Championship Cup** on February 11th, 2023, at the Toronto Track & Field Centre
 - Team Ontario was comprised of **26** girls and **20** boys.
 - Team Ontario won the meet with a score of **453.5** points vs. Quebec's 388.5 points.
- Hosted **National Throws Summit** on November 5/13, 2022. This educational event was held in collaboration with *BC Athletics*, with AO hosting the online portion on November 5 and BCA hosting the in-person portion on November 13.
 - Education leads from AO **4**
Female: 1 | Male: 3
 - Total number of coaches (full summit): **16**
Female: 11 | Male: 5
- Hosted **Jumps Symposium** in collaboration with the University of Toronto December 9-11, 2022.
 - Education Leads from AO: **1** (Male: 1)
 - Number of Attendees: **53** (from Ontario and other provinces)
In-Person: 31 (4 AC Non-Member | 16 AC Member | 11 Student-Athlete)
Online: 22 (4 AC Non-Member | 16 AC Member | 2 Student-Athlete)
Female: 18 | Male: 35

Coaching Development

As the governing body for Athletics in the province, Athletics Ontario takes charge of providing comprehensive training and evaluation avenues for coaches at various levels. This includes community sport level instruction through the **Run Jump Throw Wheel** program, Beginner (Sport Coach) level, and Club Coach level as part of the Coaching Pathway. This training is complemented by ongoing certification maintenance through professional development opportunities and active coaching engagement.

Moreover, Athletics Ontario collaborates with the *Ontario Physical and Health Education Association (OPHEA)* to deliver safety workshops, equipping elementary and high school coaches with crucial knowledge on coaching safety, with special emphasis on higher-risk event disciplines like hurdles, steeplechase, throws (shot put, discus, javelin, and hammer), and vertical jumps (high jump and pole vault).

In contrast, Athletics Canada takes the lead in delivering and evaluating coaches at the Competition Development (Performance Coach) level. The NCCP model distinguishes between training and certification, encouraging coaches to engage in training opportunities to enhance their skills and knowledge for specific disciplines, earning them a “trained” designation. Athletics Ontario introduced standardized Club Coach Certification effective January 1, 2020, ensuring that all coaches participating in AO events meet the required standards.

**Between April 1, 2022, and March 31, 2023,
the following coaches became NCCP
Athletics Coach certified: 31 coaches**

- **Sport Coach: 2**
Female: 2
- **Club Coach Endurance: 6**
Female: 1 | Male: 5
- **Club Coach Sprints/Hurdles: 5**
Female: 1 | Male: 4
- **Club Coach Jumps: 4**
Male: 4
- **Club Coach Throws: 4**
Female: 3 | Male: 1
- **Performance Coach Endurance: 4**
Female: 1 | Male: 3
- **Performance Coach Sprints/Hurdles: 2**
Male: 2
- **Performance Coach Jumps: 2**
Male: 2
- **High Performance: 2**
Female: 1 | Male: 1



Between April 1, 2022, and March 31, 2023, AO delivered the following NCCP training opportunities:

- **NCCP Athletics Performance Coach Endurance** April 15-18, 2022, Toronto
6 coaches (Male: 6)
- **NCCP Athletics Performance Coach Sprints/Hurdles** April 15-18, 2022, Toronto
9 coaches (Female: 3 | Male: 6)
- **Foundations of Coaching** online course:
April 26 & April 28, 2022
6 coaches (Female: 4 | Male: 2)
- **Athletics Canada Road Running** course:
(pilot): May 7, 2022
6 coaches (Female: 3 | Male: 3)
- **Run Jump Throw Wheel** online course:
September 20 & 22, 2022
8 coaches (Female: 7 | Male: 1)
- **Run Jump Throw Wheel** course:
September 24, 2022, Hamilton
19 coaches (Female: 7 | Male: 11 | Non-Binary: 1)
- **Run Jump Throw Wheel** course:
September 25, 2022, Ottawa
8 coaches (Female: 6 | Male: 2)
- **Foundations of Coaching** online course:
September 27 & 29, 2022
14 coaches (Female: 4 | Male: 10)
- **Run Jump Throw Wheel** course:
November 9, 2022, Thunder Bay
6 coaches (Female: 1 | Male: 5) This was held in partnership with Indigenous Sport and Wellness Ontario for an Indigenous community in Thunder Bay.
- **Foundations of Coaching** online course:
December 6 & 8, 2022
6 coaches (Female: 2 | Male: 5)
- **NCCP Club Coach Sprints/Hurdles** course:
December 17 & 18, 2022, London
19 coaches (Female: 5 | Male: 14)
- **NCCP Club Coach Jumps** course:
December 17 & 18, 2022, London
5 coaches (Female: 2 | Male: 3)
- **NCCP Club Coach Throws** course:
December 17 & 18, 2022, London
6 coaches (Female: 1 | Male: 5)



- **NCCP Club Coach Endurance** course:
December 17 & 18, 2022, London
20 coaches (Female: 7 | Male: 13)
- **NCCP Club Coach Endurance** online course
(pilot): January 31 & February 7, 21, 28, 2023
17 coaches (Female: 5 | Male: 12)
- **Foundations of Coaching** online course:
February 28 & March 2, 2023
11 coaches (Female: 5 | Male: 6)
- **Foundations of Coaching** online course:
March 28 & 30, 2023
5 coaches (Female: 5)
- **Run Jump Throw Wheel** online course:
March 28 & 30, 2023
11 coaches (Female: 3 | Male: 8)

Between April 1, 2022, and March 31, 2023, the AO Coaching Mentorship Program had the following mentor and mentee participants:

- 5 mentors (Female: 1 | Male: 4)
- 11 mentees (Female: 6 | Male: 5)

A total of \$500 was given to each mentor per mentee, with mentees receiving up to \$500 to apply toward coaching education. Para – one mentee; throws – three mentees; endurance – three mentees; jumps – two mentees; sprints/hurdles – two mentees. Total funds dispersed: \$11,000.

Technical Officials Program

Elevated officiating standards are the backbone of athletic excellence. Officials play a pivotal role in ensuring the consistent application of international rules that govern the sport of Athletics. Each official acts as a highly-skilled volunteer, and their indispensable contribution is paramount for the continued growth of our sport at all levels.

Athletics Ontario extends its deepest gratitude to its officials for their unwavering professionalism and generously devoting their time to the sport, which continues to have a profound positive impact on athletes of all ages, from grassroots enthusiasts to high-performing Olympians.

In the past year, the number of registered officials across the province was 138, a slight drop from the 140 registered in 2021. There are countless enriching opportunities to volunteer at local, provincial, regional, national, and even international events. AO remains committed to encouraging anyone with a passion for the sport or a desire to contribute to their community's well-being, to step forward and get involved!

Officials, the dedicated volunteers of our sport, embody qualities such as impartiality, a strong sense of self-worth, a sense of humour, and a willingness to put in hard work under varying, and at times, challenging conditions, often with little expectation of material rewards.

Officiating Awards are bestowed in acknowledgment of exceptional contributions to the sport, level of certification and expertise, as well as years of devoted service. During our *2022 Awards Gala and Hall of Fame Ceremony*, **Lynn McFerran** and **Michael Chapman** were honoured with the **Officials of the Year Award**, commemorating their remarkable service as Athletics Ontario Officials. The contributions of officials like Lynn and Michael are pivotal to the thriving of our sport, and we extend our heartfelt gratitude to them and all officials for their tremendous efforts in elevating the sport to new heights.



Officials Development



Athletics Ontario Officials' training continues to incorporate virtual clinics, engaging discussion groups, and accessible e-Learning modules. These enhancements aim to overcome geographical barriers and provide increased flexibility for participants. Notably, e-Learning has become a mandatory element for Level 1 & 2 Certification, with convenient sessions held regularly. This progressive approach ensures that all officials can access quality training from the comfort of their own space.

On offer virtually this past year:

- **AOO Introductory Clinics:**
2 virtual clinics / 20 participants
- **e-Learning – Officials 101:**
71 participants (ON) (Female: 34 | Male 37)
- **e-Learning – Officials 201**
65 participants (ON) (Female: 30 | Male 35)
- **NOC Event Group** (by discipline)
6 scheduled sessions with participation by AO Officials

In-person training resumed in 2022 with the following clinics, courses, and workshops:

- **National Evaluator Clinic:** AC NOC rolled out its new evaluation process with training for evaluators in Toronto. **Seventeen (17)** AO Officials trained as National Evaluators (who can also act as Provincial Evaluators)
- **National Clinics** (by discipline): Horizontal Jumps Level 4; and Race Walk Judge, St. Catharines, ON
- **Provincial Evaluator Clinic:** **9** AO Officials trained as Provincial Evaluators, Windsor, ON
- **Provincial Clinics:** Race Walk Judge Level 3, St. Catharines, ON
- **Para Athletics Training:** **30** Officials trained with a WPA ITO before the Canada Summer Games, St. Catharines, ON
- **Para Athletics Clinic:** **6** Officials participated in a hands-on clinic before a provincial Para competition in Toronto, ON
- **WPA ITO Training Course:** **2** Officials participated in the ITO course to become International Technical Officials for World Para Athletics, Santiago, Chile

Mentor Pairing Program

New officials are thoughtfully paired with mentors who serve as invaluable guides on their path as Technical Officials. Mentorships, provided by seasoned and appropriately qualified officials, play a pivotal role in their professional development. It's worth noting that by Level 3, mentoring is tailored to specific disciplines, ensuring officials receive targeted guidance. To be eligible for an upgrading evaluation, an official must receive a recommendation from their assigned mentor. The mentorship process is a continuous, dynamic element of our program.

Throughout the season, numerous competitions took place at local, provincial, and national levels, serving as valuable platforms for officials to gain hands-on experience. These events also offered crucial mentoring and evaluation opportunities. At the provincial level, evaluations were extended to both seasoned officials and newcomers at the Level 1 & 2 stages during all Athletics Ontario championship meets.



Certification Upgrades

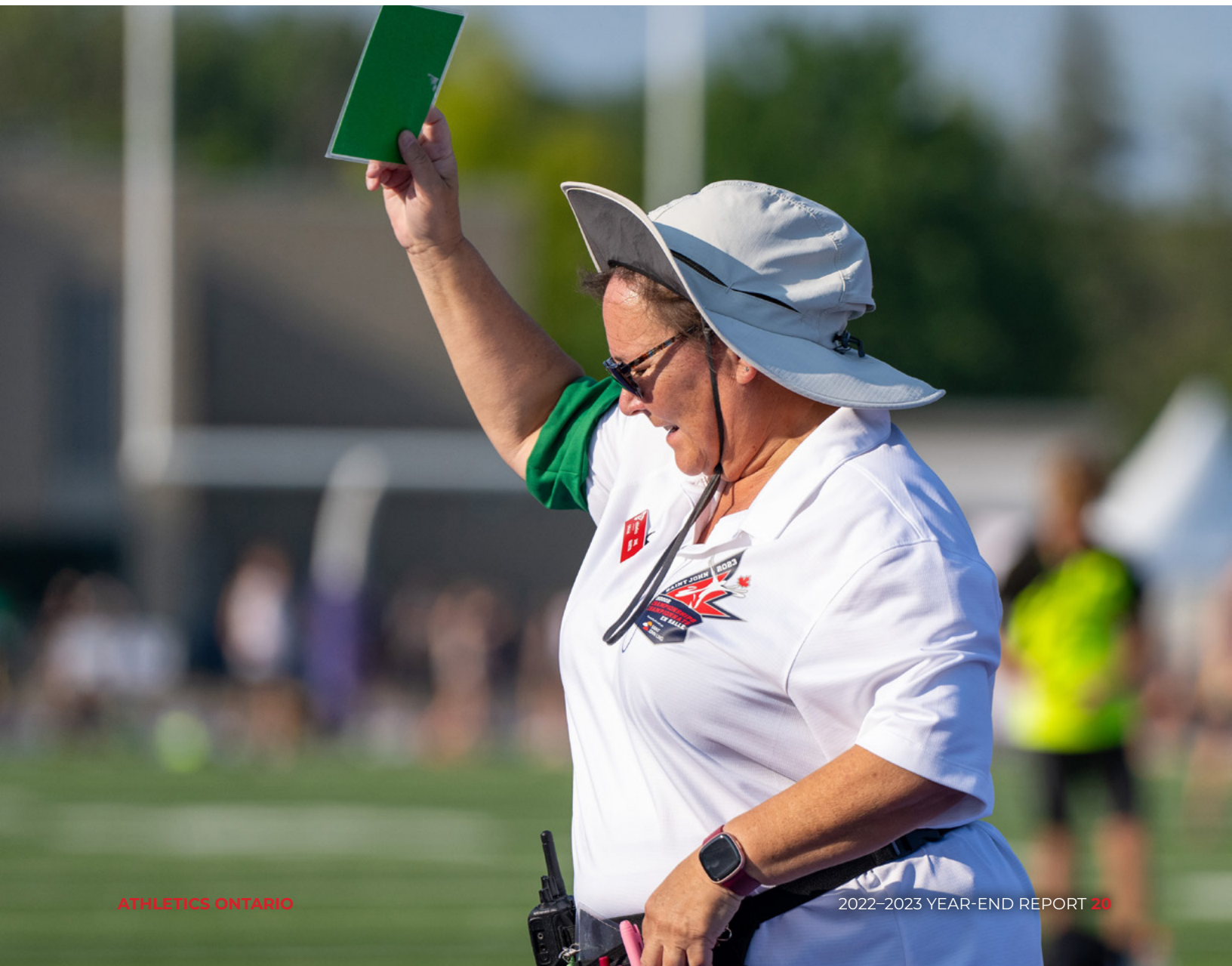
Throughout the season, numerous competitions took place at local, provincial, and national levels, serving as valuable platforms for officials to gain hands-on experience. These events also offered crucial mentoring and evaluation opportunities. During all Athletics Ontario championships, evaluations were extended to both seasoned and novice (Levels 1 & 2) officials.

To support the continued development of existing officials, there were several national evaluations opportunities at various national championships including the AC Indoor Championships and the Canadian Masters Championships (New Brunswick), the Ontario

University Championships (Windsor), the NACAC CE (Ottawa), the Royal Canadian Legion Youth National Championships (Québec) and the Canada Summer Games in St. Catharines, under the new NOC evaluation process.

Over the past year, several officials were successful in upgrading their certification levels across numerous disciplines:

- **7** officials at Level 1;
- **10** officials at Level 2;
- **3** officials at Level 3; and
- **2** officials at Level 5





Officiating Outside of Ontario

Many Ontario officials travel outside of the province to officiate at events for the experience, upgrading, and evaluating other officials or have been appointed to Canadian Championships or major WA or WPA competitions. These opportunities not only allow Ontario officials to shine, but they also provide a valuable source of knowledge, which officials pass on to other Ontario officials. Some of the competitions this past year included:

- **Canadian University Championships**, Saskatoon
- **Canadian Indoor National Championships**, Saint John
- **Canadian Masters Championships**, Regina
- **Canadian National Championships**, Langley
- **Legion Youth National Championships**, Sherbrooke
- **Maccabiah Games**, Israel
- **World Masters Championships**, Finland
- **Canadian Cross Country Championships**, Ottawa
- **U Sport Championships**, Saskatoon

Awards

The tireless dedication of volunteer technical officials is the backbone of our sport's success. We extend our gratitude to all officials for their invaluable contributions, which elevate our sport to new heights of excellence and set an example of professionalism for our athletes.

In 2022, there were several AO technical officials recognized for their special contribution to our sport at the Provincial and National levels:

- The **Ontario Volunteer Service Award** – **18** officials (respectively received 10 for 5-year recognition, 3 for 10-year recognition, one for 25-year recognition, two for 35-year recognition, and one for 55-year recognition).
- The **AO Officials of the Year Award** was presented to **Lynn McFerran** and **Michael Chapman**.
- The **2022 NOC Official of the Year** was **Lisa Ferdinand**.
- The **Athletics Canada NOC Wall of Honour Award** was presented to **Lisa Ferdinand** at the Canada Summer Games in Niagara, ON (August 2022).

Working at a track meet is an unparalleled learning opportunity and a chance to immerse oneself in the vibrant Athletics community. At Athletics Ontario, we're dedicated to enriching the experience of our Technical Officials in the world of Athletics. We extend a warm invitation to anyone with a passion for the sport, or a desire to contribute to their community's well-being, to take that step forward and get involved!



PARTICIPATION

- Membership
- Grassroots
- Masters Athletes
- Road, Trail & Other
Non-Competitive
- Under-Represented
Groups



Membership

Athletics Ontario membership categories include age-level athletes from U8/U10/U12 (Rising Stars) through to U20 and Open, as well as Masters (30-90+) and Para athletes. Additionally, membership includes officials, volunteers, clubs, and road and trail organizations. Members may register with Athletics Ontario as a member of an AO-affiliated club, a road and trail organization, or as an unattached athlete.

MEMBERSHIP STATISTICS					
	2021	%	2022	%	% Change
Male	4,979	54.9%	4,348	52.1%	-12.7%
Female	4,094	45.1%	3,993	47.9%	-2.5%
TOTAL	9,073		8,341		- 8.1%

*Includes two-week trial & volunteers.

MEMBERSHIP BREAKDOWN					
Category	2019	2020	2021	2022	2022 % CHANGE
TOTAL	6,253	7,732	8,843	8,183	-8%
U8	-	29	75	83	11%
U10	-	90	193	190	-2%
U12	-	218	298	309	4%
U14	416	415	495	556	12%
U16	830	723	569	847	49%
U18	1,127	962	769	929	21%
U20	573	467	500	559	12%
Open	726	532	646	748	16%
Masters	869	804	610	770	26%
Road & Trail				43	
Coach	489	567	565	525	-6%
Official	161	125	140	138	-1%
Associate	65	100	113	104	-8%
Recreational	532	1,929	2,531	1,259	-50%
Recreational (U12)	463	771	1,339	1,123	-12%



Club Statistics

Each member club, regardless of size, holds a vital position in propelling the sport of Athletics forward. From nurturing novice talents to catering to the demands of elite athletes, these clubs are the lifeblood of their communities. Fueled by the selfless dedication of volunteers that spans from devoted parents to passionate coaches and officials, they form the heartbeat of the sport



While we acknowledge our **Top 5 Clubs**, it is imperative to acknowledge the remarkable accomplishments of every member club. We extend our heartfelt gratitude for their unwavering contributions to the sport, the athletes, and the communities they serve.

TOP 5 CLUBS BY SIZE IN 2022

Club Name	Total 2022	Total 2021	Total 2020
1 Blue Devils Athletics Club	458	408	273
2 Kind Vibe Kids	445	76	0
3 London Western T.F.C.	328	325	240
4 Ottawa Lions T.F.C.	333	752	853
5 Royal City Athletics Club	266	149	113

TOP 5 GROWTH OVER 2021*

Club Name	Total 2022	'22 vs. '21 Growth
1 Kind Vibe Kids	445	369
2 Royal City Athletics Club	266	117
3 Mile2Marathon	158	82
4 Hamilton Olympic Club	253	62
5 York University Track & Field Club	128	55

TOP 5 GROWTH OVER 2021 BY %

Club Name	Total 2022	'22 vs. '21 % Growth
1 Kind Vibe Kids	445	486%
2 Mile2Marathon	158	108%
3 Flying Angels Academy	91	107%
4 University of Windsor	76	105%
5 Brockville Legion	95	86%

TOP 5 GROWTH OVER 2019 (PRE-PANDEMIC)*

Club Name	Total 2022	'22 vs. '19 Growth
1 Blue Devils Athletic Club	458	431
2 Hamilton Olympic Club	253	189
3 Durham Dragons Athletics	198	123
4 Runners Edge Track Club	142	121
5 Brockville Legion Track Club	95	71

TOP 5 GROWTH OVER 2019 BY % (PRE-PANDEMIC)*

Club Name	Total 2022	'22 vs. '19 % Growth
1 Blue Devils Athletics Club	458	1,596%
2 Runners Edge Track Club	142	576%
3 Brockville Legion Track Club	95	296%
4 Hamilton Olympic Club	253	295%
5 Russell Run Club	94	292%

*Must have at least 20 members the previous year.

Ontario Clubs (2023)

Athletics Ontario is a not-for-profit Provincial Sport Organization (PSO), and member branch of Athletics Canada. Many of our individual members are registered with an Athletics Ontario affiliated club. The following is a list of clubs registered with Athletics Ontario in 2023.

- 310 Running
- Airblastoff Lion
- Athletics Niagara
- Berlin Athletics
- Bisons Track Club
- Blue Devils Athletics Club
- Boardwalk RC
- Bolton Pole Vault
- Bomb Fitness
- Boost Athletics Club
- Border City AC
- Brampton Elite Track Club
- Brampton Racers Track & Field Club
- Brampton Track Club Inc.
- Brantford TFC
- Brockville Legion Track Club
- Burlington Track & Field Club
- Bytown Walkers
- C.A.N.I. Athletics
- Central Toronto Athletic Club
- Centro Scuola TFC
- Champs International Athletics
- Cruisers Sports
- Dorchester Pole Vault Club
- Dundas Valley Track Club
- Durham Dragons Athletics
- Durham Legion Athletics
- Eclipse Track & Field Inc.
- Elite Jumps
- Etobicoke Huskies-Striders Track And Field Club
- Extreme Velocity Track Club
- Flying Angels Academy
- Georgian Bay Coyotes TC
- Glen Manor Track Club
- Golden Eagles Track Club
- Hamilton Olympic Club
- Harbour Track - Hamilton
- Humber Hawks
- I Be Fast Track Club
- Invictus Athletics Club
- Iron Stride
- Jamcan International Athletics Club
- Kawartha Lakes Lightning
- Kingston Track & Field Club
- Kitchener Waterloo TFC
- Lakehead Running
- Laurel Creek TFC
- Les Coureurs De Bois
- Lions Valley Athletics
- London Legion TFC
- London Western TFC
- Longboat Roadrunners
- Maximus Performance
- Mile2Marathon
- Mississauga Olympians TFC
- Mississauga TFC
- Monarch Athletics Club
- Monte Cristo Track Club
- National Capital Track & Field Club
- Newmarket Huskies Track Club
- Niagara Olympic Club
- North Bay Legion
- Oakville Renegades Track Club
- Oakville Track & Field Club Athletiques International
- Ontario Racewalkers Association
- OT Fitness Track
- Ottawa Lions TFC
- Pack Running Club
- Peterborough Legion Track Club
- Phoenix Athletics Assoc. Of Ontario
- Physi-Kult
- Project Athletics Track And Field Program
- Quinte Frontenac Track Club
- Royal City Athletics Club
- Runners Edge Track Club
- Russell Run Club
- Sarnia Athletics Southwest Tfc
- Saugeen Track & Field Association
- SISU Throws Club
- South Simcoe Dufferin T.f.c.
- Speed Academy Athletics Club
- St Thomas Legion Track & Field Club
- Stoney Creek Athletics
- Stratford Sabrecats Track Club
- Stridewise Running
- Sundown Athletics Club
- Thames Athletics Club
- The Gazelles
- Thorold Elite Track Club
- Throwers Club
- Toronto Harriers
- Toronto Olympic Track & Field Club
- Toronto Race Walkers
- Toronto Racers Athletic Club
- Toronto Tornadoes
- Toronto West Athletics
- Track North Athletic Club
- United Tamil Sports Club
- University Of Toronto TC
- University Of Windsor Athletics Club
- Upriver Running Group
- Variety Village Athletic Club
- Windsor Legion TFC
- Woodstock Legion Athletic Club
- York Region Runners Club
- York University Track & Field Club

Road & Trail Clubs

- Around The Bay Road Race
- Belleville Runners' Club
- Brampton Benders Running Club
- Burlington Runners Club
- Buttermilk Trot
- Canada Running Series Inc.
- Canadian Memorial Chiropractic College
- Conquer The Canuck
- Constantine Yorkville Run
- Convey Marketing And Advertising Agency
- Crazy Cat Adventures
- Dirty Soles Trail Running
- Endurance Event Productions Ltd.
- Gottarunracing
- Greater Fort Town Area Charity
- Hamilton Marathon Road2Hope
- Happy Trails Racing Inc.
- Kind Vibe Kids
- Lount & Miller Inc.
- Muskoka Marthon
- North Of 89 Outdoors Inc.
- Peninsula Adventure Sports Association
- Persistence Racing Inc
- Phoenix Trail Races
- Pick Your Poison
- Pride & Remembrance Association
- Prince Edward County Marathon
- Race To The Finish
- Rotary Huron Shore Run
- Run Merrickville
- Run Ottawa - Ottawa Race Weekend
- Run The Great Lakes
- Run Waterloo Inc.
- Runanthropic
- Running First Ltd.
- The Local Community Food Centre
- The Refuge Youth Outreach Centre
- The Rotary Club Of Wiarton
- The Woolly Bully Races
- Timmins Running Club
- Toronto Carnival Run
- Toronto Women's Run Series
- VR Pro Inc.
- Walkerton & District Hospital Foundation
- XSNRG Running Club
- YMCA of Southwestern Ontario
- The Limberlost Challenge
- The Prince Edward County Marathon





Committees

Athletics Ontario owes a debt of gratitude to our dedicated volunteers who continue to drive positive change within the Athletics community. These individuals serve on five pivotal Board Committees:

- Executive
- Finance
- Governance and Nominations
- Human Resources
- Risk Management

In addition, we have dynamic Ad-hoc/Operational Committees, each with a specific focus ranging from Officials and Competitions to Hall of Fame and Marketing.

- AO Officials Executive Committee
- Awards Committee
- Competitions Committee
- Hall of Fame Committee
- Programs and Services Committee
- Technical Committee
- Fundraising, Grants and Sponsorships Ad hoc Committee
- Masters Committee
- Athlete Advisory Committee

We want to extend a heartfelt “thank you” to these committee volunteers who go above and beyond, often dedicating hundreds of additional hours beyond their regular coaching and officiating commitments. Their contributions are the backbone of our success, shaping the future of Athletics and enriching the lives of athletes of all abilities and talents.

For more detailed information on these committees, please visit our [Committees](#) page. If you’re passionate about rolling up your sleeves to make a meaningful impact on the future of Athletics, we warmly welcome you to join us. For any questions or to express your interest, please reach out to office@athleticsontario.ca.

Grassroots

Diversity & Inclusion

As the world – and our sport – returns to normal post-pandemic, AO has been able to move forward with purpose to learn, contribute, and support its community to ensure underserved and under-represented members of the Athletics community and participants have access to programs and services to support physical health and well-being, and learn invaluable life skills.



Increasing Access to
Grassroots Programming in
Underserved Communities &
Under-represented Groups

OT Fitness Fun in Athletics Project

In collaboration with former Olympian Milt Ottey's company, OT Fitness – an organization for kids and teens that offers programs promoting health, physical literacy, and core skills – this project addressed the challenges to a healthy lifestyle. The organization aims to help kids overcome these hurdles by encouraging them to jump over, crawl under, run around, and tackle them head-on with purpose.

- **20** elementary schools, involving over **10,000** children in underserved and at-risk communities in the GTA, largely in the Scarborough area, as an initiative supported by AO through its summer student jobs program to align with the federal initiatives to support local priorities, participated in the *Fun in Athletics* agility and skills competitions.
- Two community daycare centres with **265** children in underserved and at-risk communities in the GTA participated in the *Fun in Athletics* agility challenges through support from AO.

Project Athletics Track & Field Program – Summer Camp Project

Through a collaboration with Project Athletics Club, a pilot was launched to enhance the availability of track and field clinics within social service agency-run day camps. These programs were designed to meet the emerging needs of the City of Toronto's most vulnerable youth and support AO's grassroots and championship programs. The success of this collaboration cannot be overstated, and AO would like to thank Wellesley Johnson, Nathan Stern, and their athletes for their incredible support in delivering these programs and the mentorship they provided.

- **59** camps engaged.
- Nine camps participated with **385** children engaged in activities important to the development of fundamental movement skills and essential for high degrees of physical literacy.

Cruisers Sports for the Physically Disabled – Intro to Para-Athletics Practices

Through a collaboration with Cruisers Sports, coaches Ken Hall and Lisa Myers provided mentorship to several of our students, giving them a firsthand opportunity to support and learn under the tutelage of two of Canada's top Para Athletics coaches.

- Three weekly classes were supported over eight weeks in programming for ambulatory and wheelchair athletes in track and field events.
- Over **25** athletes participated.

Stoney Creek/Hamilton & Rising Stars Project

Throughout the summer, track and field camps and “try-it” days were delivered in the Stoney Creek-Hamilton region. Through the support of **Val Sarjeant** (Stoney Creek Athletics), **Andrew Peters** (Rising Stars), **Sport Hamilton**, and the six students hired by AO to support the grassroots programs, children registered in *Focus on Youth*, a Rising Stars program through the Hamilton District Catholic School Board, where kids were exposed to track and field and developed physical literacy skills.

- **683** children participated in these Athletics camps and “try-it” days.

An additional student was hired to support two clubs in the Niagara region with administrative, meet results, and photo timing support.



Flemington Park Grassroots

Through a collaboration with Toronto City Mission, Athletics Ontario delivered an Athletics “try-It day” in an underserved community in the Flemington Park neighbourhood.

- **35** children participated in **Run Jump Throw Wheel** activities.

AO would like to recognize the contributions of the following youth/students for their work throughout the summer to support AO initiatives, including special mention to many AO member student athletes*:

- | | | |
|-----------------------------------------------------|--------------------------------------------------|------------------------------------------------------------|
| • Alanzo Ryan* (Sports & Recreation Coordinator) | • Helena Brink | • Mikayla Simon-Tucker |
| • Alexis Marsh* | • Immanuel Onyemah* (Media & Events Coordinator) | • Monique Simon-Tucker* (Sports Coordinator) |
| • Ally Moran* | • Jalon White* | • Naiylah Shepherd* |
| • Amaan Mamani-Mamdani (Media & Events Coordinator) | • James Gardner | • Nicholas D'Alessandro* (Sports & Recreation Coordinator) |
| • Ashantai Bollers* | • Jerome Jude* | • Nikhil Lew* |
| • Biniosa Ezukuse* | • Jessie Schnoor | • Noah Smith* |
| • Charliana Dacosta* | • Juliana Hendrikx* | • Olivia Karlo* |
| • Danny Ghalayini | • Laila Hampson* | • Porter Lakhanpal |
| • Divine Akhatsokhe | • Lauralyn Clifford* | • Rachel Dai* |
| • Edwina Amankwah* | • Lucas Costa (Sports Coordinator) | • Sadia Chowdhury |
| • Emerson Miller | • Mason Sajder* | • Stephanie Hovdestad (Sports Coordinator) |
| • Grace Gardner | • Maya Ryan* (Sports Coordinator) | • Sunny Qi |
| • Hannah Blair* | • Michael Clarke | • Zachary Dri* |
| • Harrison Crooks | | |



Masters

Masters Athletics holds a special place in the running community, capturing the enduring spirit of sport and highlighting the lifelong physical and mental benefits of an active lifestyle. It celebrates the continued pursuit of excellence, regardless of age, proving that the love for Athletics and competition never wanes. Masters athletes inspire both seasoned veterans and aspiring newcomers, displaying dedication and tenacity that serves as a testament to the enduring benefits of staying active, fostering a sense of camaraderie and motivation within the running community. Moreover, Masters Athletics fosters a supportive environment where athletes can continue to challenge themselves, set new goals, and enjoy the physical and mental benefits that the sport brings, emphasizing that Athletics truly is **For you. For all. For LIFE.**

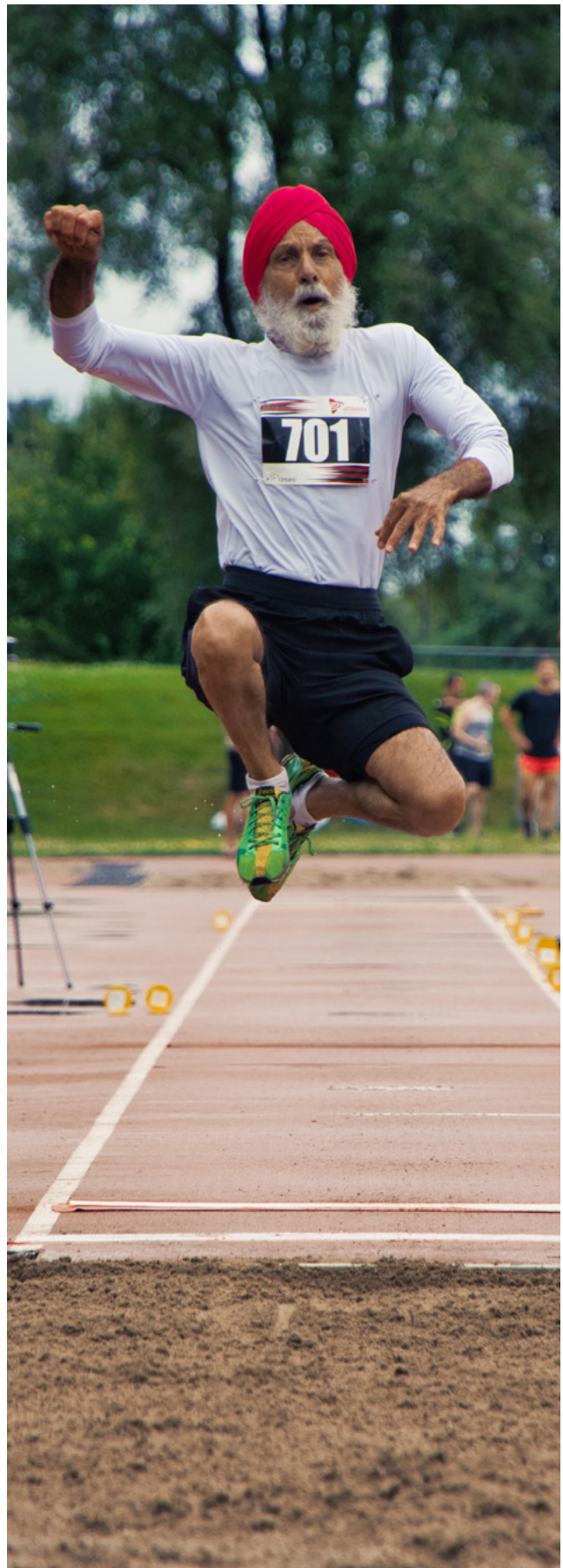
In late June and early July, a contingent of **22** AO Masters athletes competed at the **World Masters Championships** in Tampere, Finland. They won three gold, three silver and three bronze medals.

The **50th Annual Ontario Masters Championships** were held at the Toronto Track & Field Centre (TTFC) on August 6th and 7th. The event produced five Canadian records and nine Ontario Records, with Team JamCan International winning the Doug Smith Trophy as the top-scoring club.

The Masters held their customary **three cross-country prep meets** at Sunnybrook Park (October), incorporating younger age groups in several shorter distances.

The Masters athletes were also part of the **AO Cross-Country Championship** in Kingston, Ontario, where the Newmarket Huskies proved once again to be the best of the best, taking the title of top cross-country club in the province.

Two winter mini-meets were hosted at the TTFC, again with all age groups from the Rising Stars to the Masters.



The **52nd Annual Masters Indoor Championships** were held at the TTFC in February. The meet produced three Canadian records and twelve Ontario records, with Team JamCan International winning the Brian Keaveney Trophy as the top-scoring club.

The OMA hosted the two-day **Canadian Masters Indoor Championships** later in February. A total of eighteen Ontario records and 76 meet records were broken. Ontario has hosted nine of the **12** CMA Championships.

In late March, Ontario had a large contingent of **29** Masters athletes who competed at the **World Indoor Masters Championships** in Torun, Poland. Karla Del Grande (W70) of Variety Village broke the world record in the 200m and 400m.

Each month, a Masters athlete is selected as the **Athlete of the Month**. In addition, Sasha Gollish (W35) and Canio Polosa (M90) were selected as the Female and Male (respectively) Athletes of the Year at the *2022 Awards Gala & Hall of Fame Ceremony*.

The Council was represented on the AO Strategic Planning Committee.



Road, Trail & Other

Road, trail and other is one of the largest groups within the Athletics community, embracing participants of all ages, skills, abilities, and genders who take to the roads and trails to achieve their goals big and small. This category will continue to be a focus for AO, to strengthen the reach and participation of the sport.

- Renamed Race Organization membership for race directors to Road & Trail membership to include running groups, in addition to race directors, to target the larger running community.
- Working on developing a Run Leader Certification for run groups with Athletics Canada.

Virtual Programming

- **Trillium Running Podcast:** Weekly podcasts produced and published every Thursday, with a total of **52** episodes and **7,150** total downloads.

In-Person Programming

- **Race Director Summit:**
 - **5th Annual Race Director Summit** on April 2, 2022 (delayed from January) as an inaugural hybrid event with in-person (**48** participants) and virtual (**21** Participants) at the Centennial College Event Centre.
 - **6th Annual Race Director Summit** on January 21, 2023, with **62** participants in person and **15** virtual.
- **Road & Trail Membership:** Creation of a new non-competitive Road and Trail membership category with a cost of \$25. A total of **43** members in 2022.
- **Sanctioned Races 2022:** **99** sanctioned road and trail races | **26,399** day members.
- **Trillium Running Series:** **46** Races | **390** participants.
- **Road & Trail Organization Membership:** **49** Road & Trail Organization members in 2022.
- **Trillium Running Festival:** Inaugural trail running event was hosted at The Trail Hub in Uxbridge, Ontario on October 29, 2022, with a total of **100** participants.



Under-Represented Groups

Athletics continues to stand as one of Ontario's most loved sports, celebrated for its diversity and inclusivity. With numerous events catering to various strengths and interests, Athletics offers a unique platform for individuals of all abilities, ages, and backgrounds. AO proudly embraces participants regardless of economic standing and extends a warm welcome to individuals of diverse racial, ethnic, cultural, gender, and sexual identities. The commitment to fostering an inclusive, diverse, and equitable community remains at the heart of AO's mission, ensuring that everyone feels valued and empowered to participate fully.

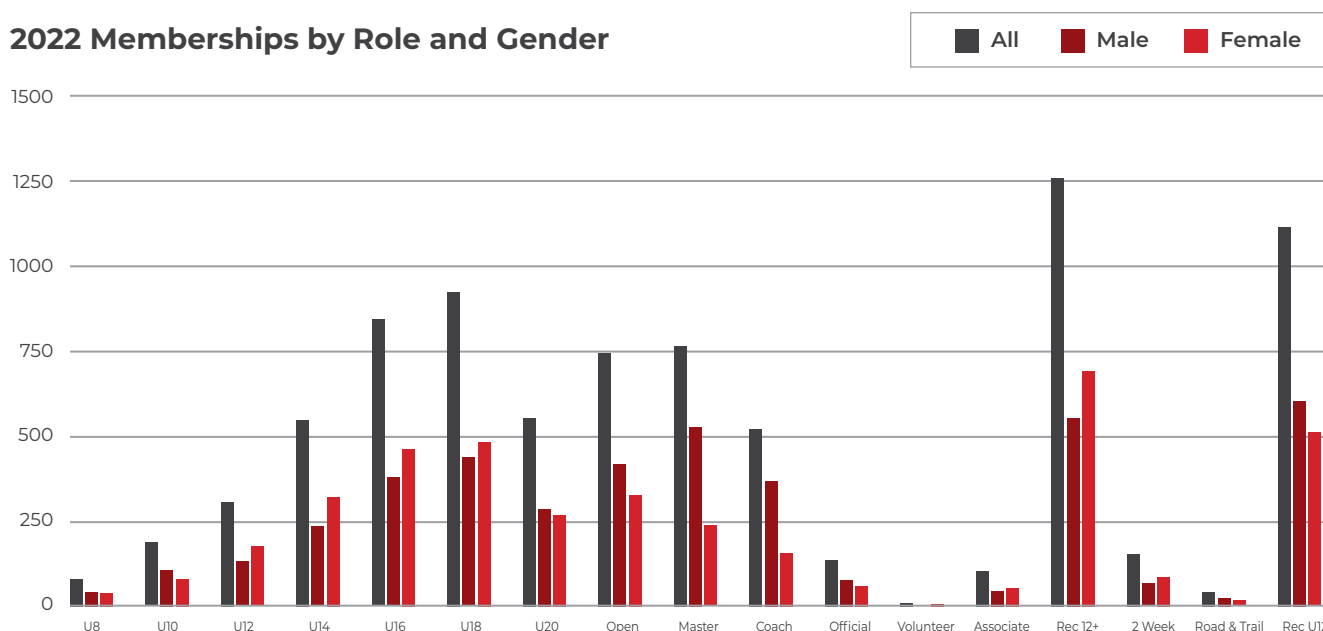
Gender Representation

As illustrated in the chart, female athletes continue to represent a number on par or greater than male athletes in the U14, U16, and U18 competitive categories. At the U20 competitive level, female participation drops below that of male participation, becoming significantly lower than male participation. In the recreational category, female participation has increased to be greater than male participation, reversing a trend seen during the pandemic.

Male athletes make up a significantly larger portion of the competitive athlete membership for the U20, senior and Masters athletes, as well as in non-competitive categories including officials, coaches, and associates.

Athletics Ontario remains dedicated to advancing its mission through the implementation of the [2022-2027 Strategic Plan](#) and corresponding annual operational plan. A central focus is on nurturing female participation across programs and services, upholding standards for inclusive representation, and providing provincial avenues for athletes, coaches, managers, and administrators. Collaborating with funding partners, AO aims to bolster initiatives that empower female athletes and community leaders, ultimately contributing to organizational triumphs and the overall progression of Athletics as a sport. Together, we will continue to strive for a future where opportunities abound for all.

2022 Memberships by Role and Gender



COMPETITIONS

- Provincial Championships
- Sanctioned Events
- High Performance





Provincial Championships

The AO Ontario Championship events are essential for the development of the province's athletes and coaches as one of the best platforms to prepare athletes for national and international opportunities.

All Athletics Ontario members are eligible for participation in these events, which include outdoor track and field, indoor track and field, and the cross country championships.

The Athletics Ontario mandate is to ensure competition programs that support participation, fun, growth and over the longer term, talent development for athletes, coaches, and technical officials. After the strict lockdowns of the past two years, it was back to full-scale competitions.

During the 2022-2023 timeframe, Athletics Ontario delivered 15 provincial championships, as follows:

Ontario Championships

April 7, 2022 **Indoor U16 & U20 Track Championship**

- Female: 210 | Male: 180 | U16: 154 | U20: 237

April 21, 2022 **Indoor Combined Events Championship**

- Female: 14 | Male: 21 | U14: 3 | U16: 3 | U18: 8 | U20: 3 | Open: 7 | Master: 2

May 29, 2022 **Art Keay Memorial 10K Racewalk Championship**

June 10-12, 2022 **Outdoor U20, Open, & Para Championship**

- Female: 364 | Male: 463 | U20: 360 | Open: 453 | Para: 22

July 14, 2022 **10,000m Track Championship**

- Male: 7 | Open: 2 | Master: 5

July 29-31, 2022 **U14, U16, U18 Outdoor Championship and U18, U20, Open Combined Events Championship**

- Female: 424 | Male: 382 | U14: 126 | U16: 286 | U18: 372 | U20: 12 | Open: 14

August 5, 2022 **Masters Outdoor Championship**

- Female: 62 | Male: 166 | Open: 5 | Master: 223

August 13-14 **U12, U14, U16 Combined Events Championship and Rising Stars Festival**

- Female: 59 | Male: 56 | U8: 18 | U10: 38 | U12: 48 | U14: 7 | U16: 4

November 10, 2022 **Cross Country Championship**

- Female: 504 | Male: 555 | U8: 9 | U10: 53 | U12: 70 | U14: 162 | U16: 243 | U18: 264 | U20: 34 | Open: 91 | Masters: 133

January 28-29, 2023 **Indoor Combined Events & Relay Championship**

- Female: 14 | Male: 17 | U16: 6 | U18: 8 | U20: 10 | Open: 4 | Masters: 3

February 2, 2023 **Indoor Masters Championship**

- Female: 43 | Male: 126 | Open: 10 | Masters: 167

February 11-12, 2023 **Indoor U18 & Open Championship**

- Female: 394 | Male: 430 | U18: 550 | Open: 276

February 25-26, 2023 **Canadian Masters Championship**

- Female: 76 | Male: 212

March 4-5, 2023 **Indoor U16 & U20 Championship**

- Female: 497 | Male: 437 | U16: 330 | U20: 605

March 25-26, 2023 **U14 Championship & Rising Stars Festival**

- Female: 180 | Male: 129 | U8: 16 | U10: 47 | U12: 107 | U14: 139



Sanctioned Events

Athletics Ontario member clubs and competition directors have created a collaborative partnership to develop an integrated schedule of Athletics competitions throughout the province. During the 2022-2023 period, a total of **124** sanctioned events were delivered in Ontario (**41** indoor, **83** outdoor), in addition to **10** cross-country meets and **99** road and trail race competitions.

Athletics Ontario is proud to partner with high schools, OFSAA, OUA, USports, and the Royal Canadian Legion to ensure that we encourage, promote and support events that meet World Athletics, Athletics Canada, and/or Athletics Ontario specifications for seamless, accurate and timely recognition of athlete performances.



High Performance

2022 National/International Events with Ontario Athletes

NACAC Half Marathon Championships

San Jose CRC | May 22, 2022

Ontario Athletes: 2 out of 6 (33%)

- Female: 1 | Male: 1
Medals: 1 Gold

NACAC Combined Events Championships

Ottawa, CAN | May 14-15, 2022

Ontario Athletes: 1 out of 4 (25%)

- Female: 0 | Male: 1
Medals: 1 Silver

World Athletics Outdoor Championships

Eugene, USA | July 15-24, 2022

Ontario Athletes: 27 out of 59 (46%)

- Female: 18 | Male: 9
Medals: 1 Gold (Relay), 1 Silver

Commonwealth Games

Birmingham, GBR | July 30-August 7, 2022

Ontario Athletes: 17 out of 37 (46%)

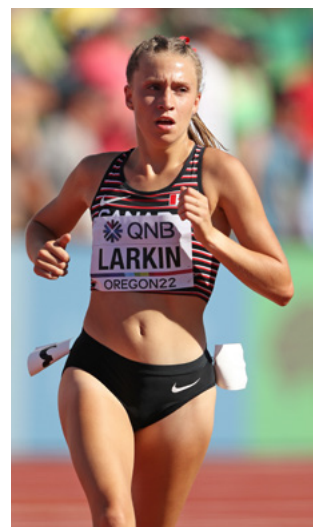
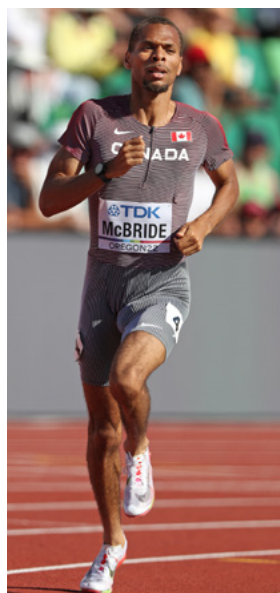
- Female: 13 | Male: 4 | Para: 3 (2 male, 1 female)

World Athletics U20 Championships

Cali, COL | August 1-6, 2022

Ontario Athletes: 16 out of 32 (50%)

- Female: 8 | Male: 8
Medals: 2 Bronze





NACAC Senior Championships

Grand Bahama, BAH | August 19-21, 2022

Ontario Athletes: 17 out of 40 (43%)

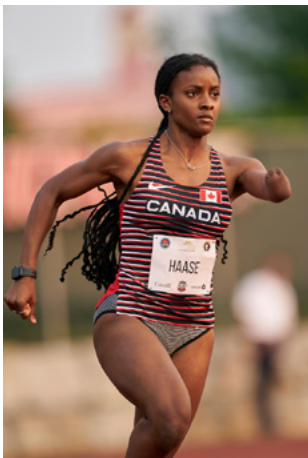
- Female: 12 | Male: 5
- Medals: 2 Gold, 2 Bronze

World Mountain & Trail Running Championships

Chiang Mai, THA | November 3-6, 2022

Ontario Athletes: 5 out of 17 (29%)

- Female: 2 | Male: 3
- Medals: None



NACAC Cross Country Championships,

San Salvador, SLV, January 21, 2023

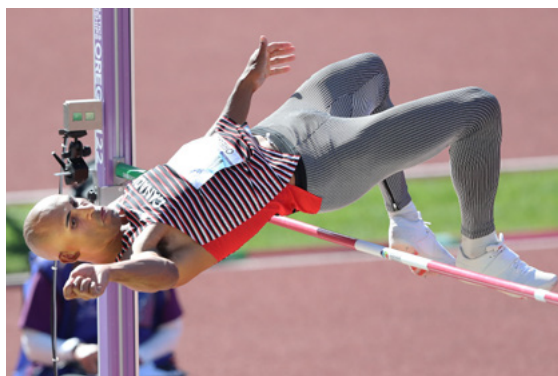
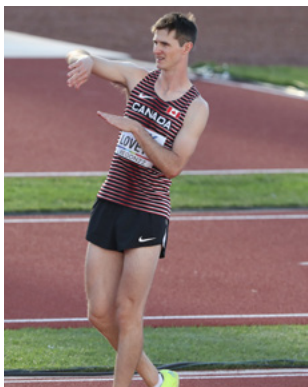
- CANCELLED

World Athletics XC Championships

Bathurst, AUS | February 18, 2023

Ontario Athletes: 21 out of 37 (including reserves) (57%)

- Female: 7 | Male: 14
- Medals: None



INFRASTRUCTURE

- Organizational Structure & Effectiveness
- Governance
- Marketing & Communications
- Culture
- Financial Stability



Organizational Structure & Effectiveness

AO is overseen by a volunteer Board of Directors as an independent not-for-profit corporation. The team also includes a full-time staff (currently seven), and several part-time staff, who conduct the day-to-day operations as well as manage the initiatives during the indoor and outdoor seasons. AO's activities impact all the over **750,000** Ontarians who make up the province's Athletics community.

Key areas of activity originating from or through AO include advocacy on behalf of participants and the sport; coaching and official education and certification; sanctioning of meets and events; developing a pathway for athletes; setting competition rules; connecting organizations involved in Athletics; and setting leading-edge policies to better the sport, such as safe sport and diversity and inclusion.



Governance

In the same way that a coach develops a training plan and goals for an athlete or team, governance helps set an organization's purpose, vision, and how it will get there. For a game plan to be effective, it is important to know the objective, the rules, the team members, and the team's approach.

Athletics Ontario is committed to five key principles that flow from the core element of high standards of ethical behaviour.

- **Commitment to the mission and guided by a strategic plan** – a commitment to living organizational values and incorporating risk assessment into decision-making.
- **Clarity of roles and responsibilities** – clear terms of reference and role descriptions, a committee structure aligned with strategic priorities, productive working relationships between volunteers and staff, and an avoidance of conflict of interest.
- **Effective financial control** – proper financial monitoring and recording functions, arms-length financial review through an audit committee and full compliance with all Ministry requirements.
- **Focused on human resources** – a commitment to diversity and succession planning through robust systems.
- **Transparent and accountable for outcomes and results** – transparency, engagement with members and stakeholders, and effective communications.

As part of its commitment to governance, AO:

- Updated team selection policy. (May 2022).
- Hosted a special pre-AGM session - Developing A Safe Sport Culture 101, presented by Will Russell BA, MMM, JD-Sport Lawyer. Having practical and effective policies is important, however policies only go so far. Culture is much more than written standards – it is how things are done. This session identified the essentials of creating effective organizations, with a specific focus on creating a safe and competitive culture that allows teams to pursue athletic excellence. (November 2022).
- Updated AO governance policy updated. (November 2022).



Marketing & Communications

During the 2022–2023 year, Athletics Ontario continued refining, solidifying, and strengthening the organization’s brand messaging with the logo tagline – **Athletics. For you. For all. For LIFE.** With the continuous use of the logo tagline in outreach material, we were able to help communicate our Mission, Values and Priorities as established in the [2022-2027 Strategic Plan](#) to the greater community.

With consistent branded communication, AO continues to build towards its strategic priorities as we develop annual work plans and meet the PSO’s responsibilities. One of the ways that we have been actively striding toward our established strategic priorities has been through active online engagement through our social media channels. Our primary social media channel, Instagram, has continued to prove to be our greatest asset from the online communication perspective due to the nature of having the most extensive follower base, and the most interactions/engagement, and it is the leading channel of new followers. This is a continuation of the trend dating back to 2018. Our Facebook and LinkedIn channels have been secondary social platforms, each filling a specific need and targeting a particular audience.

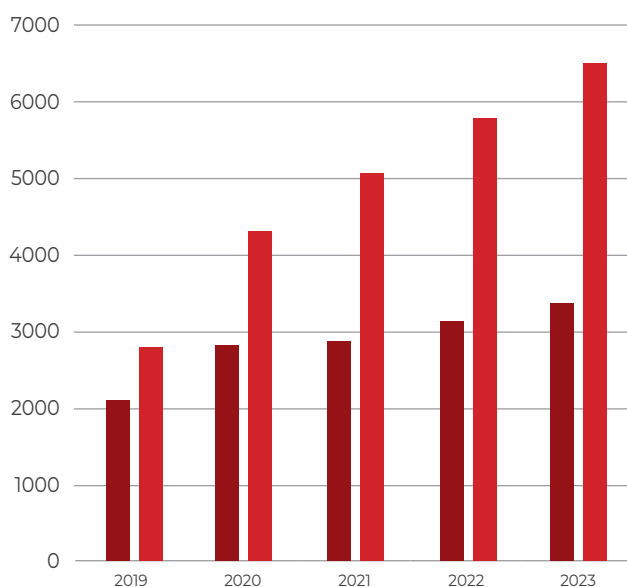
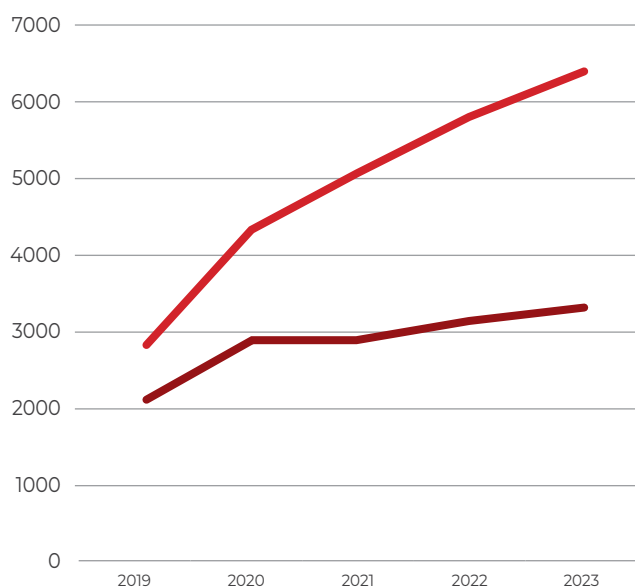


SOCIAL MEDIA FOLLOWERS

	Facebook	Instagram
Followers April 1, 2022	3,129	5,804
Followers March 31, 2023	3,351	6,423
Total Growth	222	619
Growth Percentage	6.62%	9.64%

AO Social Media Growth

Facebook Instagram

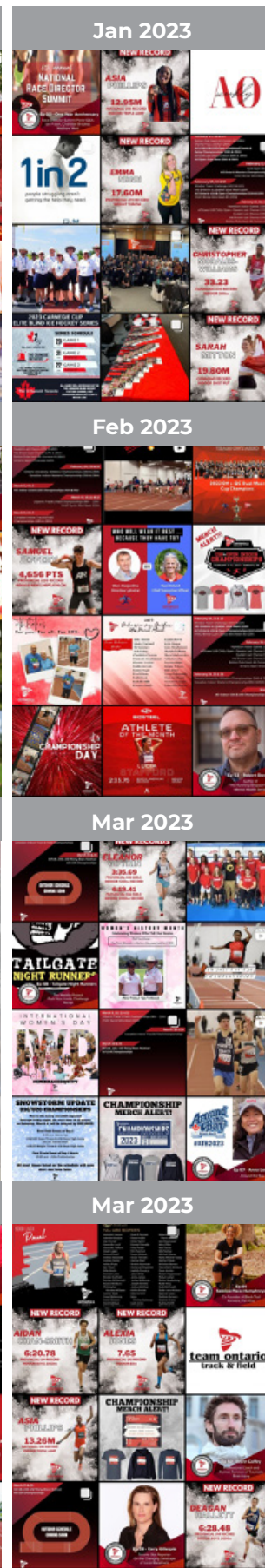
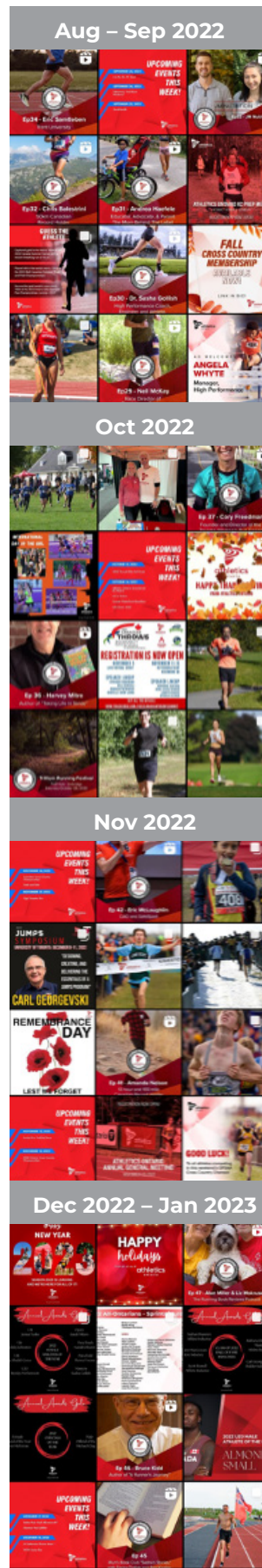
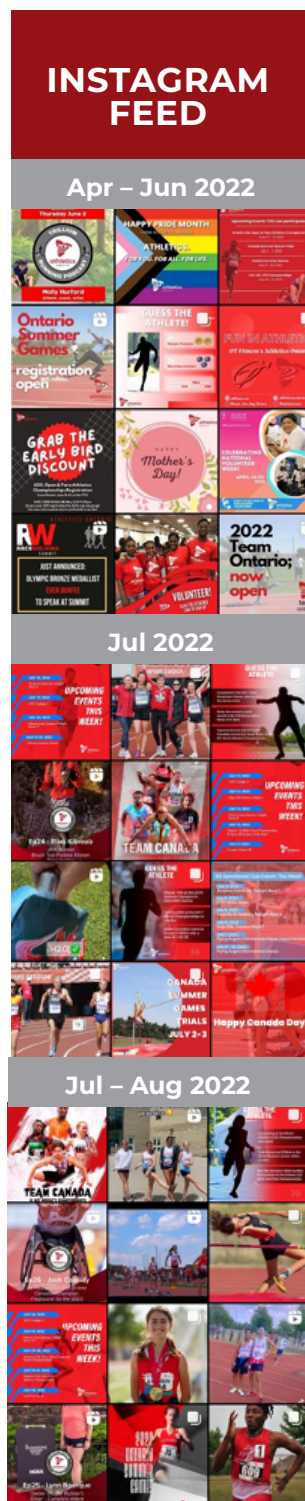


This year, we also continued with TikTok, the still-trendy social media channel that targets communication with the younger demographics. There continue to be growth opportunities within the secondary channels, specifically LinkedIn and TikTok, that, moving forward, we will aim to exploit to help hit our strategic priorities.

To further leverage and communicate with these different members of our community, a strategy for each channel will be developed & implemented, as these respective channels have different purposes and different needs for effective communication and engagement to occur. Each channel that AO can effectively and efficiently leverage will advance the AO brand, image, organization, and sport.

This focus on effective, efficient communications goes beyond social media to include the AO Weekly newsletter, targeted e-mail campaigns, news releases, partnerships, collaborations, and more.

This is achievable through a consistent social media and overall internal/external communication strategy that emphasizes consistency in branding, communication, and interaction with our followers/members.





Culture

The culture of the organization is paramount in terms of the effective execution of all activities, retaining the best of the best, and creating a best-in-class PSO. The activities and initiatives outlined are the key undertakings that support a culture of inclusivity, diversity, equity, and success.

AO Town Halls – Athletics Ontario continues to host bi-weekly town halls for its clubs, coaches and officials. Launched at the start of the pandemic, participation continues to be strong, with between 50-80 participants – and three-quarters of the participants attending twice a month – proof of an engaged community. Each town hall is specific to the audience and includes information and updates pertinent to the key current and relevant topics (DE&I, the value of coach/official education, upcoming events, and other athletics-related conversations). Each town hall also includes an open Q&A to allow for full participation, allowing great collaboration, problem-solving and information-sharing by clubs and coaches. This further underscores the shift to a positive, open, and equitable culture.

Athletics Ontario Operational Committees

Athletics Ontario extends huge gratitude and thanks to the volunteers who generously donate their time to serve on our operational committees. Through their contributions and expertise, AO can offer robust, inclusive, and rich programs to meet the needs of our organization, its members, and the Athletics community. There continue to be many ways to be involved and give back to the sport. Those interested in being part of the future of Athletics are invited to contact AO directly.

AO Board Committees include *Executive, Finance, Governance and Nominations, Human Resources & Risk Management*. **The AO Ad Hoc/Operational Committees include** – *Officials Executive; Awards; Competitions; Hall of Fame; Programs and Services; Technical; Fundraising, Grants and Sponsorships; Masters; and Athlete Advisory*.

AO 2022 Virtual Awards Gala

AO hosted its annual awards gala virtually on December 8 and 9, 2022. The two-evening event was hosted by former national team member Segun Makinde, during which participants were treated to the launch of the year-in-review video; special guest speakers including Para athlete Nandini Sharma and former collegiate athlete and Guelph Gryphons coach Jared Skeath; the Hall of Fame induction; All-Ontarian athlete recipients; club champions; and special recognition. AO also featured its *Fan Favourite Moment*, with the winner voted on via social media. It was two great evenings of community, learning and recognition.



HALL OF FAME


2022



athletics
ontario
For you. For all. For LIFE.

2022
Athletics
Ontario
Hall of
Fame

MARGARET MACGOWAN
HENDERSHOT
ATHLETE



athletics
ontario
For you. For all. For LIFE.

2022
Athletics
Ontario
Hall of
Fame


BARBARA DABROWSKI
MASTERS ATHLETE



athletics
ontario
For you. For all. For LIFE.

2022
Athletics
Ontario
Hall of
Fame

NATHAN BRANNEN
ATHLETE



athletics
ontario
For you. For all. For LIFE.

2022
Athletics
Ontario
Hall of
Fame

CARL GEORGEVSKI
BUILDER



athletics
ontario
For you. For all. For LIFE.

2022
Athletics
Ontario
Hall of
Fame

SCOTT RUSSELL
ATHLETE



NATIONAL TEAM MEMBERS

2022



Female

Tolulope Akinduro
Blair Bastien
Taylor Bennett
Hannah Blair
Tyra Boug
Emily Branderhorst
Laura Calovini
Shaleah Colaire
Von Davis
Chloe Hewitt
Sadie-Jane Hickson
Dallyssa Huggins
Erika Jordan
Lynton Lam
Joanne Lee
Aliyah Logan
Rosie Long
Celia Markovinic
Madison McLean
Doyin Ogunremi

Peace Omonzane
Lauren Perkins
Liv Sands
Jasmine Scott-Kilgo
Trinity Shadd-Ceres
Sage Stoyka Kay
Shannon Swinson
Grace Tennant
Trinity Tutti
Alexandria Webb
Mackenzie Wilson

Male

David Adeleye
Eliezer Adjibi
Olorunfemi Akinduro
Brett Babcock
Nicholas Bannon
Thomas Becker
Ryan Bennett
Hudson Booth
Alex Collins

Noah Dommasch
Matthew Heldsinger
Jared Hendricks-Polack
Johnathan Jacob
Owen Konkile
Josh Mather
Liam Miller
David Mouloungou
Tom Nedow
Luca Nicoletti
Dennis Ohene-Adu
Immanuel Onyemah
Shay Parreira
Michael Petersen
Jonathan Rioux
Michael Roth
Brennan Seguin
Erik Tyler
Mitchell Ubene
Leo Wallner
Kenneth West
Tai Young
Jesse Zesseu
Miles Brackenbury



Josh Cassidy
Kyra Constantine
Brittany Crew
Madeleine Kelly
Natassha McDonald
Malik Metivier
Sarah Mitton
Noelle Montcalm
Alysha Newman
Anicka Newell?
Brendon Rodney
Julie-Anne Staehli
Nandini Sharma
Zoe Sherar
Lucia Stafford
Natalie Thirsk
Jillian Weir



Andrew Alexander
Khamica Bingham
Barbara Bitchoka
Robin Bone
Kyra Constantine
Joey Daniels
Ehab El-Sandali
Crystal Emmanuel
Robert Heppenstall
Gracelyn Larkin
Django Lovett
Natassha McDonald
Sarah Mitton
Noelle Montcalm
Jazz Shukla
Erin Teschuk
Jillian Weir



Heather Abadie
Chloe Coutts
Max Davies
Riley Flemington
Desmond Fraser
Izzy Goudros
Jenna James
Ryder King
Hallee Knelsen
Spencer Lewis
Emily Martin
Brynley McDermott
Christopher M-Williams
Almond Small
Chloe Thomas
Benjamin Tilson



Kate Cochrane-Brink
Nancy Patten
Boris Zaitchouk
Makie Ohler
Elizabeth Waywell
Keijo Taivassalo
Makie Ohler
Elizabeth Waywell
Clara Northcott
Jason Foubert
Chris Lemassif
Marcus Skeete
Craig Maclean
Michael Sherar



Mohammed Ahmed
Khamica Bingham
Aaron Brown
Leya Buchanan
Kyra Constantine
Andre De Grasse
Crystal Emmanuel
Lauren Gale
Madeline Kelly
Gracelyn Larkin
Pierce LePage
Django Lovett
Jacqueline Madogo
Brandon McBride

Sade McCreath
Natassha McDonald
Malik Metivier
Sarah Mitton
Anicka Newell
Alysha Newman
Makensy Pierre-Webster
Brendon Rodney
Zoe Sherar
Lucia Stafford
Trinity Tutti
Damian Warner
Jillian Weir



2022 All-Ontarians: Sprints/Hurdles

U14

Alexia Jones
Anthony Phinn

Emilie Gervais
Wakan Rainville

U16

Aidan Chipman
Ashley Johnson
Baylie Hiuser
Darius Edwards
Dominik Bahadur

Ella Steel-Douglas
Francis Hinnah
Jelani Ellison
Jordon Lewis
Mason Brennan

Shadae Thompson
Timeo Atonfo
Will Batley
William Batley

U18

Eli Vialva
Elise Sawyer
Elle Riley
Hayden Wonnacott

Imani Reid
Isaiah Luke
Janae Dawes
Jaxson Jean-Jacques

Kristina Vincic
Raeanne Jones
Susan Adenitan
Trinity Shadd-Ceres

U20

Almond Small
Ben Tilson
Brynley McDermott
Christopher M.W
Desmond Fraser

Emily Martin
Hillary Ojo
Jenna James
Kathryn Manor
Luca Nicoletti

Robyn Larkan
Ryder King
Tolulope Akinduro

OPEN

Aaron Brown
Alex Collins
Aliyah Logan
Andre De Grasse
Brendon Rodney
Brooke Overholt
Crystal Emmanuel
David Adeleye
David Moulougou
Eliezer Adjibi
Emmett Bravakis
Immanuel Onyemah

Jacqueline Madogo
Joey Daniels
Jordan McKenzie
Kaylyn Hall
Khamica Bingham
Kyra Constantine
Laura Calovini
Lauren Gale
Leya Buchanan
Makenzy Pierre-Webster
Malik Metivier
Mariam Abdul-Rashid

Mary Ollier
Michael Petersen
Michael Roth
Natassha McDonald
Noelle Montcalm
Pierce Lepage
Roxroy Cato
Sade McCreath
Tameran Defreitas
Tyra Boug
Zoe Sherar

PARA

Bianca Borgella
George Quarcoo
Isaiah Christophe

Marissa Papaconstantinou
Owen Konkle
Peter Snider

Rosie Long
Tai Young
Zach Gingras

MASTERS

Gavin Smellie
Karla Del Grande

Milton Hart
O'Brian Gibbons

Renata Macherzynska



2022 All-Ontarians: Middle Distance

U14

Aidan Chan-Smith
Anieu Chan
Deagen Hallett

Evan Blake
Kate Nagy
Nitisha Pakeetharan

Simon Nagy

U16

Anna Douma
Ayla Laing
Brianna Lovshin
Cecil Jenkins

Daniel Cova
Eleanor Voykin
Gabriella Ruggeri
Madison McDermott

Maya Markowska
Theo Cantelon
Ty Machado

U18

Brooklyn Quanz
Cole Coupal
Emily Cescon

Erik Unger
Kyla Martin
Louise Stonham

Ryan Davies
Stephanie Bertram
Travis Gaffney

U20

Aiden Coles
Alexandra Nickel
Chloe Coutts
Chloe Thomas
Elizabeth Vroom
Gabby Eastwood

Gillian Porter
Hallee Knelsen
Heath McAllister
Jude Wheeler-Dee
Mathis Mercier
Michelle Gray

Riley Flemington
Roman Mironov
Rudy Saal
Tristan Coles
Will Cowling
Zachary Sikka

OPEN

Alec Purnell
Alex Drover
Andrew Alexander
Brandon McBride
Branna MacDougall
Ehab El-Sandali
Erika Jordan
Erin Teschuk
Gavin Hughes

Gracelyn Larkin
Jazz Shukla
Jenna Schulz
Jeremy Coughler
Jianping Xu
Joey Stel
Julie-Anne Staehli
Lucia Stafford
Madeleine Kelly

Mitchell Ubene
Mohammed Ahmed
Robert Heppenstall
Sadie-Jane Hickson
Sasha Gollish
Sonia Gaskin
Sydney Smith

MASTERS

Blanka Smetana
Conio Palosa
Dan Fiorini

Elizabeth Waywell
Jennifer MacDonell
Jim Dyck

Sasha Gollish

PARA

Joshua Cassidy
Nandini Sharma

Nicholas Neri
Rosie Long

Tai Young



2022 All-Ontarians: Jumps

U14

Noah Latham

U16

Brooklyn Taylor
Cecily Ward-Robbins
Genevieve Mayville
Jordyn French

Kai Gibson
Liam West
Liberty McCurdy
Rachel Maas

Sakeeran Ganeshamurthi
Sayanthan Arulrajan
Shiloh Cross

U18

Arienne Birch
Arwin Mathi
Ashvin Balaramana

Asia Phillips
Ava Neumann
Daiquan Monteith

Erica Gibson
Sava Gyasi-Nimako
Sophia Bryenton

U20

Callista Blair
Heather Abadie
Jennifer Elizarov

Lademi Davies
Liam Miller
Logan Spicer

Peace Omonzane
Thomas Becker
Tolulope Akinduro

OPEN

Alysha Newman
Anicka Newell
Barbara Bitchoka
Brennan Seguin
Brian Obonna
Bryson Patterson
Busola Akinduro
Caroline Ehrhardt

Django Jeremy Lovett
Erika Fiedler
Hans Lafleur
Jasmine Scott-Kilgo
Johnathan Jacob
Kenneth West
Leah Jones
Lynton Lam

Mia Rodney
Nathan Filipek
Olorunfemi Akinduro
Robin Bone
Sage Stoyka Kay
Tamara Grahovac

MASTERS

MASTERS
Donald Ritchie

Kairy Loucks
Maresa Cadienhead

Peter Zowkewych
Thevarajan Sinnathurai



2022 All-Ontarians: Throws

U14

Kaidy Fournier-Phillips

Koji Miller

Lucy Young

U16

Aakaash Prabu

Emma Negri

Nolan Crego

Aidan Crawford

Jason Liu

Owen Miloje

Cassie Orr

Jenna Tunks

Sierra Anderson

Coco Van Nynatten

Mikayla Grant

U18

Ana Maria Manousaridis

Julia Tunks

Kate Briscoe

Caleb Grover

Kaleb Kennedy

Liam Larson

Jasmine Broere

Kalman Chyz

Treyton Webb

U20

Alex Seagris

Liv Sands

William Kizell

Avery Hastings

Naiylah Shepherd

William Torrance

Benjamin Brewer

Rose Forshaw

Zayna Fray-Samuel

Dane Gillis

Spencer Lewis

Kaylee Clark

Sydney Juszczuk

OPEN

Ashley Pryke

Grace Tennant

Mark Bujnowski

Bailey Dell

Jared O'Riley

Sarah Mitton

Brittany Crew

Jillian Weir

Thomas Nedow

Callan Saldutto

Josh Mather

Tom Nedow

Dennis Ohene-Adu

Joshua Mather

Trinity Tutti

Erik Tyler

Mackenzie Wilson

Evan Karakolis

Madison McLean

MASTERS

Adri Rowsell

Boris Zaitchouk

Michael Finkbeiner

Barb Dabrowski

Kristen Dajia

Mike Ransky

PARA

Andy Shaw

Joanne Lee

Renee Foessel

Aristotle Domingo

Laura Calovini

Ryan Bennett

Jesse Zesseu

Martha Sandoval Gustafson

Tiffany Gaudette



2022 All-Ontarians: Combined Events

U14

Daniyah Aiyathdurai

Vithuran Sriranjana

U16

Eva Wilson

Nola Ma

Samuel McClelland

U18

Caitlyn Thompson

Samuel Jeffery

U20

Audrey Goddard
Cole Wilson

Denis Tzvetkov
Robin Selkirk

Samuel Utting
Stevie Davis

OPEN

Damian Warner
Hannah Blair

Jared Hendricks-Polack
Owen McDonald

Pierce LePage

Officials of the Year



Lynn McFerran
2022 Female Official of the Year



Michael Chapman
2022 Male Official of the Year



Athletes Of The Year

U14



Jenna Tunks
2022 U14 Female Athlete of the Year



Evan Blake
2022 U14 Male Athlete of the Year

U16



Sayanthan Arulrajan
2022 U16 Male Athlete of the Year



Ashley Johnston
2022 U16 Female Athlete of the Year

U18



Erik Unger
2022 U18 Male Athlete of the Year



Trinity Shadd-Ceres
2022 U18 Female Athlete of the Year

U20



Brynley McDermott
2022 U20 Female Athlete of the Year



Christopher Morales-Williams
2022 U20 Male Athlete of the Year



OPEN



Aaron Brown
2022 Open Male Athlete of the Year



Sarah Mitton
2022 Open Female Athlete of the Year

MASTERS



Sasha Gollish
2022 Masters Female Athlete of the Year



Canio Polosa
2022 Masters Male Athlete of the Year

PARA



Zach Gingras
2022 Para Field Male Athlete of the Year



Renee Foessel
2022 Para Field Female Athlete of the Year



Jesse Zesseu
2022 Para Male Athlete of the Year



Nandini Sharma
2022 Para Track Female Athlete of the Year



VOLUNTEER



Craig Blackman
2022 Volunteer of the Year



Nathan Stern
2022 Volunteer of the Year
Honourable Mention



Val Sarjeant
2022 Volunteer of the Year
Honourable Mention

BREAKTHROUGH



Leslie Estwick
2022 Breakthrough Award

MEDIA AWARD



John Shep
2022 Media Award

FAN FAVOURITE MOMENT



2022 Fan Favourite Moment Winner



2022 Fan Favourite Moment Finalists



2022 Club Champions Indoor

U8

United Tamil Sports Club



U10

United Tamil Sports Club



U12

Thorold Elite Track Club



U14

United Tamil Sports Club



U16

United Tamil Sports Club



U18

United Tamil Sports Club



U20

Flying Angels Academy



OPEN

Laurel Creek T.F.C.



MASTERS

JAMCAN



OVERALL RISING STARS

United Tamil Sports Club



OVERALL

United Tamil Sports Club



2022 Club Champions Outdoor

U8

United Tamil Sports Club



U10

United Tamil Sports Club



U12

Thorold Elite Track Club



U14

Thorold Elite Track Club



U16

Laurel Creek T.F.C.



U18

London Western T.F.C.



U20

Ottawa Lions T.F.C.



OPEN

London Western T.F.C.



MASTERS

Throwers Club



PARA

Cruisers Sports



OVERALL RISING STARS

United Tamil Sports Club



OVERALL

London Western T.F.C.



2022 Cross-country

OVERALL CLUB CHAMPIONS

Durham Dragons Athletics



Financial Stability

- **2022-2023 Branch Grant Program via Athletics Canada**
 - Grant valued at \$30,000.
- **Canada Summer Jobs Program** (federal grant with an emphasis on hiring youth 15–29-year-olds from underserved and diverse communities) to (1) deliver high-quality recreational and sport programming to underserved communities and under-represented groups; (2) deliver **RJTW**/"try-it" programs; and (3) support AO programming including the 2022 summer season championships.
 - Grant value of \$181,500 to allow for the hiring of **42** students approved.
 - Hired **41** students + **1** coordinator.
 - **28** students (68%), including **5** coordinators (63%), were from racially diverse backgrounds.
- **Grass Roots Programming**
 - Hired **two** grassroots coordinators – and **nine** athletics instructors, trained in the NCCP RJTW.
- **Communications & Marketing Support**
 - Hired **two** communications coordinators to support the communications team.
 - Hired **six** multimedia graphics students to provide support in graphic design, writing, photography, videography/motion, etc.
 - Created a social media quarterly report framework – and launched AO's TikTok handle.
- **Event Support**
 - Hired **two** operations coordinators and **18** sports and leisure leaders to support the Manager, Technical Specifications in championship and event operations for the AO Championships and other major track and field competitions.
- **Surge Activewear**
 - A provider of athletic gear, AO secured a by-year partnership valued at \$10,000, to provide apparel for all AO championships, team programs, and AO staff, officials, and volunteers.
- **2021-2022 PSO Funding to Member Community Sports Clubs**
 - Through Ontario COVID recovery grant provided \$388,370.05 to fund AO Member community sport clubs & race organizations.

The financial stability of the organization is critical to ensure the long-term viability of AO and Athletics in Ontario – and to preserve future programming for Athletics. To further underpin the financial stability of the organization and sport, AO received these grants in the 2022-2023 year.



**ATHLETICS ONTARIO
FINANCIAL STATEMENTS**

March 31, 2023



**ATHLETICS ONTARIO
FINANCIAL STATEMENTS**

March 31, 2023

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INDEPENDENT AUDITOR'S REPORT

To the Members of Athletics Ontario:

Opinion

We have audited the financial statements of Athletics Ontario (the "Corporation"), which comprise the statement of financial position as at March 31, 2023, and the statements of income and expenditures, members' equity and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of Athletics Ontario as at March 31, 2023, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

Basis for Opinion

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Corporation in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management and directors are responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing these financial statements, management is responsible for assessing the Corporation's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Corporation or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Corporation's financial reporting process.



INDEPENDENT AUDITOR'S REPORT (cont'd)

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Corporation's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Corporation's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Corporation to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Milton, Ontario,
July 18, 2023

**CHARTERED PROFESSIONAL ACCOUNTANTS
LICENSED PUBLIC ACCOUNTANTS**



ATHLETICS ONTARIO
STATEMENT OF FINANCIAL POSITION

March 31	2023	2022
ASSETS		
CURRENT ASSETS		
Cash	\$ 1,005,874	\$ 1,588,873
Short-term investments (note 2)	500,000	-
Accounts receivable	16,842	206,110
Inventory	58,247	21,429
Prepaid expenses	7,676	7,247
	<u>\$ 1,588,639</u>	<u>\$ 1,823,659</u>
LIABILITIES		
CURRENT LIABILITIES		
Accounts payable and accrued liabilities	\$ 49,411	\$ 117,170
Government sales taxes payable	57,315	26,779
CEBA bank loan payable	60,000	60,000
Deferred revenue (note 3)	520,481	784,726
	<u>687,207</u>	<u>988,675</u>
MEMBERS' EQUITY	<u>901,432</u>	<u>834,984</u>
CONTINGENCIES (note 4)		
	<u>\$ 1,588,639</u>	<u>\$ 1,823,659</u>

See accompanying notes on pages 7 to 9.

Approved by the Board:


Dean Hustwick
Chair


Lindsay Harrington
Treasurer

ATHLETICS ONTARIO
STATEMENT OF MEMBERS' EQUITY

For the Year Ended March 31	2023	2022
MEMBERS' EQUITY , beginning of year	\$ 834,984	\$ 775,195
Excess of income over expenditures, for the year	<u>66,448</u>	<u>59,789</u>
MEMBERS' EQUITY , end of year	<u>\$ 901,432</u>	<u>\$ 834,984</u>

See accompanying notes on pages 7 to 9.

ATHLETICS ONTARIO
STATEMENT OF INCOME AND EXPENDITURES

For the Year Ended March 31	2023	2022
INCOME		
Membership	\$ 544,189	\$ 462,315
Events and services	615,831	264,073
Grants	1,103,121	810,061
Interest	7,184	-
Canada Emergency Wage Subsidy	-	104,120
	2,270,325	1,640,569
EXPENDITURES		
Fees and general expenses	1,282,516	716,068
Events and services	921,361	864,712
	2,203,877	1,580,780
SURPLUS OF INCOME OVER EXPENDITURES, for the year	\$ 66,448	\$ 59,789

See accompanying notes on pages 7 to 9.

ATHLETICS ONTARIO
STATEMENT OF CASH FLOWS

For the Year Ended March 31	2023	2022
CASH FLOWS FROM OPERATING ACTIVITIES		
Excess of income over expenditures, for the year	\$ 66,448	\$ 59,789
Change in other non-cash operating accounts:		
Accounts receivable	189,268	(170,739)
Deferred revenue	(264,245)	488,105
Inventory	(36,818)	2,444
Prepaid expenses	(429)	(2,961)
Accounts payable and accrued liabilities	(67,759)	61,194
Government sales taxes	30,536	7,350
	(149,447)	385,393
	(82,999)	445,182
CASH FLOWS FROM INVESTING ACTIVITIES		
Increase in short-term investments	(500,000)	-
INCREASE IN CASH, for the year	(582,999)	445,182
CASH, beginning of year	1,588,873	1,143,691
CASH, end of year	\$ 1,005,874	\$ 1,588,873

See accompanying notes on pages 7 to 9.

ATHLETICS ONTARIO
(A corporation without share capital)
NOTES TO THE FINANCIAL STATEMENTS
March 31, 2023

1. PURPOSE OF THE ORGANIZATION

Athletics Ontario (formerly known as The Ontario Track & Field Association, "the association") is an organization which promotes amateur athletics by assisting athletes to train for and compete in athletic competitions held throughout Ontario, Canada and the world in all track and field sports and to arrange courses of instruction in all aspects of track and field sports for athletes, officials and other interested persons.

Athletics Ontario was incorporated without share capital under the The Corporations Act of Ontario on October 7, 1977. For income tax purposes, the association qualifies as a not-for-profit organization which is exempt from income tax under the Income Tax Act.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

These financial statements have been prepared in accordance with Canadian accounting standards for not-for-profit organizations. The significant policies are:

a) Revenue Recognition

The association follows the deferral method of accounting for grant revenue. Unrestricted grants are recognized as revenue when received or receivable. Externally restricted grants are recognized as revenue in the year in which the related expenses are incurred. Registration fees are prorated on a calendar year basis.

b) Capital Assets

Capital asset additions are charged against income at the time of acquisition.

c) Short-Term Investments

Short-term investments are measured at fair value and consist of redeemable guaranteed investment certificates maturing at various times over the next fiscal year.

c) Use of Estimates

The preparation of financial statements in accordance with Canadian accounting standards for not-for-profit organizations requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities at the date of the financial statements, and the reported amounts of revenues and expenses during the reported period. Actual results could differ from management's best estimates as additional information becomes available in the future.

ATHLETICS ONTARIO
(A corporation without share capital)
NOTES TO THE FINANCIAL STATEMENTS
March 31, 2023

d) Financial Instruments

Unless otherwise noted, it is management's opinion that the organization is not exposed to significant interest rate or credit risks arising from its financial instruments. The organization's financial instruments consist of cash, accounts receivable, inventory and accounts payable and accrued liabilities. As at March 31, 2023, the carrying value of the organization's financial instruments approximates their fair value.

3. DEFERRED REVENUE

	March 31 2022 Deferred	Grant Revenue	Grant Expenditure	March 31 2023 Deferred
GRANT				
MHSTCI - Provincial	564,542	-	339,592	224,950
OTHER				
Master funds	35,460	\$ -	\$ 10,000	25,460
REGISTRATION				
Beginning of year	184,724	\$ -	\$ 184,724	-
April 1, 2022 to				
November 30, 2022	-	211,483	211,483	-
December 1, 2022 to				
March 31, 2023	-	360,094	90,023	270,071
	184,724	\$ 571,577	\$ 486,230	270,071
	\$ 784,726			\$ 520,481

4. CONTINGENCIES

The organization is currently defending two claims which are being handled by the organization's insurer. When the claims are settled any expenses incurred on the settlements will be charged to the appropriate expense in the statement of income and expenditures in that fiscal year.

ATHLETICS ONTARIO
(A corporation without share capital)
NOTES TO THE FINANCIAL STATEMENTS

March 31, 2023

5. COMMITMENT

The association has a contractual obligation for a rental lease of their premises commencing July 2021 for \$2,293 per month.

6. FINANCIAL INSTRUMENTS - risk management

Interest rate risk

Interest rate risk is the risk of potential financial loss caused by fluctuations in fair value of future cash flow of financial instruments due to changes in market interest rates. The association is not exposed to this risk as its cash balances are on deposit at a major financial institution.

Credit risk

Credit risk is the potential for financial loss should a counter-party in a transaction fail to meet its obligations. The corporation places its operating and reserve cash and investments with high quality institutions and believes its exposure is not significant. The association's credit risk from accounts receivable is not significant.

Liquidity risk

Liquidity risk is the risk that the association will not be able to meet its obligations as they become due. The association manages this risk by establishing budgets and funding plans and by reviewing its membership fees annually to fund its operating expenses.



athletics
ontario

For you. For all. For LIFE.

Contact Us

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