







AO TEAM ONTARIO OHPSI (Ontario High Performance Sport Initiative) 2024 TEAM SELECTION CRITERIA

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GENERAL INFORMATION

The purpose of the OHPSI AO Team Ontario Program is to support athletes' progression towards high performance at the senior national level (Athletics Canada). Team Ontario will act as a supplementary support system for the province's top athletes.

Athletes selected to the team may receive the following through the program.

AO Team Ontario OHPSI Program Offerings	Development Team	Elite Team	
Team Ontario Kit	✓	✓	
Sport Science/Sport Medicine Support (SSSM)	✓	✓	
Mentorship Program	✓	✓	
Athlete Competition Travel Support	✓	✓	
Spring Training Camp Support		✓	

Note: Programs and level of support are subject to change and are dependent on the number of athletes selected to Team Ontario as well as available funding.

Athletics Ontario Club Coach Certified coaches in good standing may apply for education assistance through the OHPSI Enhanced Education Fund.

Selected athletes are expected to fully participate in all AO Team Ontario activities including testing, social events, and media requests.

The quality and quantity of applicants influences selection to AO Team Ontario. .

Meeting the following selection criteria does not guarantee selection to the OHPSI Program.

All applications must be submitted by the deadline. WITHOUT EXCEPTION, NO LATE SUBMISSIONS WILL BE ACCEPTED.

Maximum total team size will be forty (40) athletes, including the Elite and the Development teams, both Olympic and Paralympic Streams. Each selection section outlines the number of athletes for nomination; should that number not be reached, the Selection Committee may increase the number of athletes in another part of the team, provided there are eligible and qualified athletes in that category.



DATES OF INTEREST*

DATES	DESCRIPTION	LOCATION/INFORMATION
January 11, 2024	Applications Open	https://athleticsontario.ca/athlete s/team-ontario-ohpsi/
January 28, 2024	 Applications Close at 11:59 p.m. ET 	NO LATE APPLICATIONS ACCEPTED.
February 7, 2024	 Provisional Team Announced (pending appeals) Nominated Athletes Notified Appeals Open 	AO Weekly Newsletter AO Website See Appeals section for details.
February 12, 2024	Appeals Close at 11:59 pm ET	
February 16, 2024	 Nominated Athlete to Confirm Acceptance to the Program at 11:59 pm ET Responses to Appeals Sent 	
February 21, 2024	Final AO Team Ontario Announced	AO Weekly Newsletter AO Instagram/Facebook
March 29 - 31, 2024	OHPSI Development Team Orientation Session	@ York University/TTFC

^{*}Timeline subject to change without notice.

NOTE: The terms Olympic Path and Para Path are used throughout this document.

- Olympic Path refers to athletes who are pursuing the sport as it is contested at the Olympic Games.
- Paralympic Path refers to athletes who are pursuing the sport as it is contested at the Paralympic Games.



AO TEAM ONTARIO ELITE

OLYMPIC PATH

The following process will be used for the selection of AO Team Ontario Elite for Olympic Stream athletes and will be applied by the Athletics Ontario Selection Committee.

Eligibility Criteria

GENERAL

- Athletes must be Ontario residents.
- Athletes must be a 2024 Athletics Ontario competitive member in good standing.
- Current or former nationally carded athletes are not eligible for AO Team Ontario.

AGE

Olympic Stream athletes must be under the age of 26 for the entirety of 2024.

PERFORMANCE REQUIREMENT

Athletes must have achieved a personal best in the 2023 or 2022 outdoor season
unless the athlete can demonstrate specific factors leading to a decline in performance
(i.e.,injury).

TERM

 Athletes may remain on the AO Team Ontario OHPSI Elite Program for a maximum of five (5) years cumulative.

Selection Process

- 1. All potential athletes must complete an online application form to be considered for selection to the 2024 AO Team Ontario (OHPSI) Program. Applications are due by the posted deadline, without exception.
- 2. Athletes who do not meet the eligibility criteria will be automatically removed from the selection pool.
- 3. Athletics Ontario will nominate up to twenty (20) athletes for the 2024 OHPSI Program, using the following criteria. Athletes who meet multiple criteria elements have an increased likelihood of nomination; for example, an athlete who achieves all



four criteria has a higher likelihood of being nominated to the team than an athlete who achieves two of the criteria.

- a. Athletics Canada selected Talent Confirmation athletes who meet the AC Talent Confirmation standard (see here) will receive priority consideration.
 - Note: AC Talent Confirmation athletes who are receiving AAP funding are **not** eligible for selection.
- b. Eligible athletes who have achieved the 2024 AO Team Ontario (OHPSI) standard (see Appendix A).
- c. Athletes who were on the 2023 AO Team Ontario (OHPSI) Program and achieved a personal best in the 2023 outdoor season. If an athlete did not achieve a personal best during the season, they must have the ability to demonstrate specific factors leading to their decline in performance (i.e., injury). The Selection Committee will review declines in performance on a case-by-case basis and reserves the right to increase the total team size to accommodate these athletes.
- d. Athletes who were selected to represent Canada and competed at one (or more) of the following AC national team events:
 - i. 2023 World Cross Country Championships
 - ii. 2023 World Athletics Championships
 - iii. 2023 Pan American Games
- 4. In the case that there are more than twenty (20) eligible athletes who have met the criteria, they will be ranked within their event group based on the % of World Athletics (WA) 8th place scoring by gender. After ranking, the athletes with the lowest % of WA 8th place point scoring will be removed until the twenty-athlete limit is reached.

Event groups are classified as the following: *Sprints* (100m, 200m, 400m), *Hurdles* (100mH/110mH, 400mH), *Middle Distance* (800m, 1500m), *Distance* (2000m/3000m SC, 3000m, 5000m, 5000m/10,000m RW), *Throws* (Shot Put, Discus Throw, Javelin Throw, Hammer Throw), and *Jumps* (Long Jump, Triple Jump, High Jump, Pole Vault).

- a. Athletics Ontario aims for equity across all genders and event groups. If this is not possible based on applicants and the achieved criteria, the athlete with the next highest % of WA 8th place scoring of all event groups will be nominated.
- b. In a result of a tie between two eligible athletes and their % of WA 8th place scores, the next best performance from the calendar year in the same event from their applications will be used.
- c. The Selection Committee may also take into consideration an athlete's performance/placing at the 2023 AC National Championships, 2023 AO Provincial Championships, and other performances that demonstrate consistency and the ability to perform on-demand.



5. Selected athletes will be notified of their nomination and will have until the posted deadline - without exception - to confirm their acceptance to the program.

PARALYMPIC PATH

The following process will be used for the selection of the AO Team Ontario Elite for Paralympic Stream athletes and will be applied by the Athletics Ontario Selection Committee.

Eligibility Criteria

GENERAL

- Athletes must be an Ontario resident.
- **CLASSIFICATION:** Athletes must be nationally classified.
- Athletes must be a 2024 Athletics Ontario competitive member in good standing.
- Current or former nationally carded athletes are not eligible for AO Team Ontario,
- NOTE: The AO Team Ontario OHPSI program will support athletes in Athletics events and classification combinations that are likely to be contested at the upcoming Paralympic Games.

AGE

There is no age limit for Paralympic stream athletes for the Elite OHPSI Program.

PERFORMANCE REQUIREMENT

Athletes must have achieved a personal best in the 2023 or 2022 outdoor season
unless the athlete can demonstrate specific factors leading to a decline in performance
(i.e., injury).

TERM

 Athletes may remain on the AO Team Ontario OHPSI Elite Program for a maximum of five (5) years cumulative.

Selection Process

- 1. All potential athletes must complete the online application to be considered for selection to the 2024 AO Team Ontario (OHPSI) Program. Applications are due by the posted deadline, without exception.
- 2. Athletes who do not meet the eligibility criteria will be automatically removed from the selection pool.



- 3. Athletics Ontario will nominate up to five (5) athletes for the 2024 OHPSI Program, using the following criteria. Athletes who meet multiple criteria elements have an increased likelihood of nomination; for example, an athlete who achieves all four criteria has a higher likelihood of being nominated to the team than an athlete who achieves two of the criteria.
 - a. Athletics Canada selected Talent Confirmation athletes who meet the AC Talent Confirmation standard (see here), will receive priority consideration.
 - i. Note: AC Talent Confirmation athletes who are receiving AAP funding are not eligible for selection.
 - b. Eligible athletes who have achieved the 2024 AO Team Ontario (OHPSI) standard (see Appendix C).
 - c. Athletes who were on the 2023 AO Team Ontario (OHPSI) Program and achieved a personal best in the 2023 outdoor season. If an athlete did not achieve a personal best during the season, they must have the ability to demonstrate specific factors leading to their decline in performance (i.e., injury). The Selection Committee will review declines in performance on a case-by-case basis and reserves the right to increase the total team size to accommodate these athletes.
 - d. Athletes who were selected to represent Canada and competed at one (or more) of the following national team events:
 - i. 2023 Para Athletics World Championships
 - ii. 2023 Para Pan American Games
- In the case that there are more than five (5) eligible athletes who have met the criteria, they will be ranked based on RAZA place scoring by gender. After ranking, the athletes with the lowest RAZA point scores will be removed until the five-athlete limit is reached.
 - a. Athletics Ontario aims for equity across all genders and event groups. If this is not possible based on applicants and achieved criteria, the athlete with the next highest RAZA score of all event groups will be nominated.
 - b. In a result of a tie between two eligible athletes and their RAZA scores, the next best performance from the calendar year in the same event from their applications will be used.
 - c. The Selection Committee may also take into consideration an athlete's performance/placing at the 2023 AC National Championships, 2023 AO Provincial Championships, and other performances that demonstrate consistency and the ability to perform on-demand.
- 5. Selected athletes will be notified of their nomination and will have until the posted deadline without exception to confirm their acceptance to the program.



AO TEAM ONTARIO DEVELOPMENT

NOTE: All AO Team Ontario Development athletes must be available for the OHPSI Orientation Session* being held on March 29 - 31st, 2024 on the campus of York University.

*Exceptions may be granted for athletes attending university outside Ontario (NCAA and out-of-province USport athletes).

OLYMPIC PATH

The following process will be used for the selection of AO Team Ontario Development for Olympic Stream athletes and will be applied by the Athletics Ontario Selection Committee.

Eligibility Criteria

GENERAL

- Athletes must be an Ontario resident.
- Athletes must be a 2024 Athletics Ontario competitive member in good standing.
- Current or former nationally carded athletes are not eligible for AO Team Ontario.
- Current or former CAPP athletes are not eligible for AO Team Ontario Development.

AGE

- Olympic Stream athletes must be under the age of 20 for the entirety of 2024.
- Minimum age: 16.
 - Exceptions to the minimum age requirement rule may be considered throughout the year on a case-by-case basis for athletes demonstrating exceptional results.

PERFORMANCE REQUIREMENT

Athletes must have achieved a personal best in the 2023 outdoor season unless the
athlete can demonstrate specific factors leading to a decline in performance (i.e.,
injury).

TERM

 Athletes may remain on the AO Team Ontario OHPSI Elite Program for a maximum of three (3) years cumulative.



Selection Process 1. All potential athletes must complete the online application to be considered for selection to the 2024 AO Team Ontario (OHPSI) Program. Applications are due by the posted deadline, without exception. 2. Athletes who do not meet the Development Team eligibility criteria will be automatically removed from the selection pool. 3. AO Team Ontario Development athletes will be eligible for consideration to the program upon achievement of the posted standards (see Appendix B). 4. Athletics Ontario will nominate up to twelve (12) athletes for the 2024 OHPSI Program, using the posted Development Team standards until there are either no remaining spaces within the program OR there are no more eligible/qualified athletes. Should there not be twelve (12) athletes who have achieved the Development Team Standards, the selection committee may add the next best athletes closest to the posted standards. 5. In the case that there are more than twelve (12) eligible athletes who have met the criteria, they will be ranked within their event group based on the % of World Athletics (WA) 8th place scoring by gender. After ranking, the athletes with the lowest % of WA 8th place point scoring will be removed until the twelve-athlete limit is reached. Event groups are classified as the following: Sprints (100m, 200m, 400m), Hurdles (100mH/110mH, 400mH), *Middle Distance* (800m, 1500m), *Distance* (2000m/3000m SC, 3000m, 5000m, 5000m/10,000m RW), *Throws* (Shot Put, Discus Throw, Javelin Throw, Hammer Throw), and *Jumps* (Long Jump, Triple Jump, High Jump, Pole Vault). a. Athletics Ontario aims for equity across all genders and event groups. In the event that this is not possible based on applicants and the achieved criteria, the athlete with the next highest % of WA 8th place scoring of all event groups will be nominated. b. In a result of a tie between two eligible athletes and their % of WA 8th place scores, the next best performance from the calendar year in the same event from their applications will be used. c. The Selection Committee may also take into consideration an athlete's performance/placing at the 2023 AC National Championships, 2023 AO Provincial Championships, and other performances that demonstrate consistency and the ability to perform on-demand. 6. Selected athletes will be notified of their nomination and will have until the posted deadline - without confirmation - to confirm their acceptance to the program.



PARALYMPIC PATH

The following process will be used for the selection of AO Team Ontario Development for Paralympic Stream athletes and will be applied by the Athletics Ontario Selection Committee.

Eligibility Criteria

GENERAL

- Athletes must be an Ontario resident.
- CLASSIFICATION: Athletes must be provisionally classified, as determined by Athletics Canada.
- Athletes must be a 2024 Athletics Ontario competitive member in good standing.
- Current or former nationally carded athletes *are not eligible* for AO Team Ontario.
- Current or former CAPP athletes **are not eligible** for AO Team Ontario Development.
- NOTE: AO Team Ontario OHPSI program will support athletes in Athletics events and classification combinations that are likely to be contested at the upcoming Paralympic Games.

AGE

Training age of five (5) years or less.

PERFORMANCE REQUIREMENT

 Athletes must have achieved a personal best in the 2023 outdoor season unless the athlete can demonstrate specific factors leading to a decline in performance (i.e., injury).

TERM

 Athletes may remain on the AO Team Ontario OHPSI Elite Program for a maximum of three (3) years cumulative.

All potential athletes must complete the online application to be considered for selection to the 2024 AO Team Ontario (OHPSI) Program. Applications are due by the posted deadline. Athletes who do not meet the eligibility criteria will be automatically removed from the selection pool. Para athletes will be eligible for consideration for the program based on their RAZA points. The top three (3) ranked athletes will be considered.



- 4. In the case that there are more than three (3) eligible athletes who have met the criteria, they will be ranked based on RAZA place scoring by gender. After ranking, the athletes with the lowest RAZA point scores will be removed until the three-athlete limit is reached.
 - a. Athletics Ontario aims for equity across all genders and event groups. If this is not possible based on applicants and achieved criteria, the athlete with the next highest RAZA score of all event groups will be nominated.
 - b. In a result of a tie between two eligible athletes and their RAZA scores, the next best performance from the calendar year in the same event from their applications will be used.
 - c. The Selection Committee may also take into consideration an athlete's performance/placing at the 2023 AC National Championships, 2023 AO Provincial Championships, and other performances that demonstrate consistency and the ability to perform on-demand.
- 5. Selected athletes will be notified of their nomination and will have until the posted deadline without exception to confirm their acceptance to the program.



APPEALS

Appeals of the 2024 AO Team Ontario selection decisions may only be submitted by athletes deemed eligible as specified in the 2024 AO Team Ontario OHPSI Selection Criteria.

Appeals may be submitted for circumstances related to athlete illness, injury, or other reasonable technical circumstances deemed appropriate by the Selection Committee.

The Selection Committee will decide at the first-level appeals, bearing in mind the team objectives and high-performance principles as specified in the 2024 AO Team Ontario OHPSI Selection Criteria.

Appeals Process 1. Athletes who wish to submit an appeal must submit their appeal to the Selection Committee by the appeals deadline. a. ALL APPEALS ARE SUBJECT TO A \$25.00 PROCESSING FEE. b. Athletes must complete the Athletics Ontario Team Selection Appeal Form https://athleticsontario.ca/wp-content/uploads/2023/04/Team-Selection-Policy.pdf c. Appeals must be emailed to office@athleticsontario.ca. 2. If it is determined by the Selection Committee that an appeal, if successful, would displace another nominated athlete, the displaced athlete will be notified. 3. Where the appeal relates to injury or illness, the athlete must supply documentation from a medical practitioner diagnosing the injury or illness. Any decision by the Selection Committee on an appeal relating to illness or injury may take into consideration the athlete's ability to be ready for competition.



APPENDIX A AO TEAM ONTARIO ELITE OHPSI STANDARDS: OLYMPIC PATH

MEN	EVENT	WOMEN
10.54	100m	11.62
21.25	200m	24.06
47.65	400m	54.17
1:49.70	800m	2:08.14
3:46.98	1500m	4:20.25
13:56.80	5000m	15:49.60
28:33.15	10,000m	33:48.94
13.87	110mH/100mH	13.62
51.93	400mH	58.58
8:45.06	3000m SC	10:18.61
42:09.98	10,000M RW*	46:48.27
7.48m	LONG JUMP	6.21m
15.71m	TRIPLE JUMP	13.47m
2.15m	HIGH JUMP	1.81m
5.09m	POLE VAULT	4.14m
18.18m	SHOT PUT	16.16m
55.27m	DISCUS THROW	54.01m
71.05	JAVELIN THROW	53.07m
69.74m	HAMMER THROW	60.76m
7947	DEC/HEP	5371

Standards were created using a standard deviation calculated using Athletics Canada's (AC) CAPP standards posted data points; Top 8, World Class, International, and Talent Confirmation. The standards above are AC's CAPP Talent Confirmation plus 1 standard deviation (SD). Exception is 10,000m RW, which is calculated finding the World Athletics (WA) points for AC CAPP's 20k RW Talent Confirmation plus 1 SD which is matched to the WA point 10,000m RW performance equivalent.

All implement weights and hurdle heights are at the senior men/women level.



APPENDIX B

AO TEAM ONTARIO DEVELOPMENT OHPSI STANDARDS: OLYMPIC PATH

MEN	EVENT	WOMEN
10.73	100m	11.85
21.65	200m	24.59
48.65	400m	55.46
1:51.50	800m	2:11.28
3:51.45	1500m	4:26.36
8:17.68	3000m*	9:27.41
14:13.99	5000m	16:11.13
14.09 (0.991m)	110mH/100mH	13.89 (0.838m)
53.11 (0.914m)	400mH	59.78 (0.762m)
8:56.31	3000m SC	10:35.24
43:20.70	10,000m RW**	48:03.11
7.23m	LONG JUMP	6.04m
15.20m	TRIPLE JUMP	13.18m
2.10m	HIGH JUMP	1.77m
4.87m	POLE VAULT	4.00m
17.18m (6kg)	SHOT PUT	15.27m (4kg)
51.59m (1.750kg)	DISCUS	51.05m (1kg)
66.18m (800g)	JAVELIN	50.10m (600g)
66.58m (6kg)	HAMMER THROW	57.28m (4kg)
7786	DEC/HEP	5081

Standards were created using a standard deviation (SD) calculated using Athletics Canada's (AC) CAPP standards posted data points; Top 8, World Class, International, and Talent Confirmation. The standards above are AC's CAPP Talent Confirmation plus 2 SD. Exceptions: *3000m: calculated using the average of the World Athletics (WA) points of the OHPSI Development + 2 SD of the 1500m and 5000m standards, which was then matched with the 3000m performance equivalent. **10,000m RW: calculated finding the WA points for AC CAPP's 20k RW Talent Confirmation plus 2 SD which is matched to the 10,000m RW performance equivalent.



APPENDIX C

AO TEAM ONTARIO ELITE OHPSI STANDARDS: OLYMPIC PATH

	WOMEN		EVENT		MEN	
CLASS	RAZA	MARK		CLASS	RAZA	MARK
T11	421	14.12		T11	527	12.45
T12	487	13.84		T12	561	12.17
T13	489	13.85		T13	556	12.10
T34	337	20.89		T34	490	17.57
T35	365	17.30		T35	417	14.09
T36	481	16.56		T36	517	13.50
T37	512	15.55		T37	546	12.91
T38	543	14.83	100	T38	507	12.53
T47(T45)	527	14.17	100m	T44	340	12.93
T53	465	19.10		T47(T45)	564	12.13
T54	537	18.65		T51	367	24.09
T63	446	17.68		T52	498	19.46
T64(T62)	532	14.74		T53	508	16.80
				T54	546	15.89
				Т63	427	13.81
				T64(T62)	550	12.38
T11	454	29.10		T35	294	29.71
T12	451	28.45		T37	536	26.35
T35	295	36.21		T51	319	45.36
T36	464	35.00	200m	T64	481	25.50
T37	495	32.83				
T47(T45)	510	29.34				
T64	481	31.12				
T11	437	1:07.46		T11	499	57.45
T12	401	1:05.99		T12	502	55.65
T13	410	1:05.03		T13	510	55.24
T20	510	1:06.94		T20	557	54.69
T37	386	1:15.60		Т36	377	1:03.26
T38	448	1:12.69	4000	T37	462	59.65
T47(T45)	486	1:06.70	400m	T38	472	58.40
T53	476	1:05.35		T47(T45)	545	55.25
T54	538	1:03.33		T52	453	1:08.49
				T53	505	56.08
				T54	557	52.78
				T62	218	55.74
T34	228	2:33.00	900	T34	451	1:56.23
T53	442	2:07.09	800m	T53	479	1:52.56



T54	501	2:05.32		T54	554	1:46.87
T11	349	5:35.40		T11	462	4:38.28
T13	337	5:35.40	1500m	T13	494	4:38.28
T20	373	5:17.72		T20	523	4:19.64
	525	3:53.56		T38	503	4:21.26
T54	525	3.33.30		T46	442	
				T54	582	4:23.83
TE 4	475	12.20 64				3:23.48
T54	475	12:39.64	F000m	T11	472	17:26.97
			5000m	T13	513	16.28.12
T11	452	2.05		T54	549	11:17.29
T11	453	3.95m		T11	448	5.21m
T12	334	4.52m		T12	460	5.77m
T20	517	4.52m		T13	462	5.59m
T37	402	3.65m		T20	511	5.77m
T38	401	3.84m	LONG JUMP	T36	496	4.58m
T47(T45)	445	4.55m		T37	474	5.05m
T63(T42)	485	3.60m		T38	425	5.16m
T64(T44)	376	4.48m		T47(T45)	540	5.72m
				T63(T42)	400	5.09m
				T64(T44)	488	5.83m
				T47(T45)	451	1.70m
			HIGH JUMP	T63	414	1.57m
				T64	290	1.76m
F32	422	14.73m	CLUB THROW	F32	489	24.05m
				F51	542	21.58m
F11	405	24.17m		F11	493	28.39m
F38	456	21.80m		F37	507	36.51m
F41	442	20.14m		F52	414	13.29m
F53(F51)	484	8.32m	DISCUS THROW	F56(F54)	502	28.30m
F55	481	15.41m		F64(F43,	490	40.27m
				F44)		
F57	497	20.46m				
F64(F43,F44)	424	24.35m			_	
F13	340	23.12m		F13	453	43.81m
F34	363	12.43m		F34	472	22.29m
F46	466	25.68m		F38	463	35.29m
F54	342	10.85m		F41	433	28.26m
F56	410 13.97m JAVELIN T	13.97m	JAVELIN THROW	F46	559	41.64m
			F54	532	19.01m	
				F57	554	29.67
				F64(F42,F4	547	41.21
				3,F44,F61,		
				F62)		
F12	424	8.60m		F11	529	9.79m



F20	509	9.41m		F12	385	11.32m
F32	360	4.29m		F20	488	12.03m
F33	464	4.41m		F32	456	7.20m
F34	432	5.51m		F33	460	7.74m
F35	240	6.54m		F34	503	8.40m
F37	390	7.50m		F35	424	11.08m
F40	446	5.32m		F36	491	10.71m
F41	481	6.29m	SHOT PUT	F37	513	10.81m
F46	424	7.67m		F40	430	7.75m
F54	441	5.09m		F41	369	9.01m
F57	499	7.27m		F46	528	11.84m
F64	298	7.67m		F53	456	5.86m
				F55	511	8.26m
			F57	550	10.02m	
				F63(F42)	477	10.81m

Standards are created using Athletics Canada's (AC) CAPP guidelines, using a calculation of within 60% of the average of top 8 on IPC rankings. The classifications listed are the same as those on AC's CAPP Para Consideration Standards document, found here. Para Standards are based on the top 8 of IPC rankings according to AC's CAPP selection timelines.

